

(Teen Version)

MY OWN JOURNEY OF FAITH

BY

(NAME)



What does your own image of God look like? Please describe what God's characteristics (personality traits if you will) are and why. In other words, when people mention God's name, what comes to mind for you?

What is your favorite part(s) of the Mass and why?

If you were to name someone who has had a positive influence on you as a Christian, who would it be and why?

In Galatians 5, the apostle Paul talks about the fruits of the Holy Spirit. He says that we will know when the Holy Spirit is working through us when we are loving, joyful, peaceful, patient, kind, generous, faithful, gentle and disciplined in our self-control. Reflecting back upon your life, what are some moments when you have displayed any one of these characteristics?

What kinds of prayer (e.g. rosary, reading the Bible, meditation, listening to music) seem to work best for you?

*For **you**, Confirmation means...*

*Think about some of the gifts and abilities that God has bestowed on you. How could you use these gifts to help spread the message of love and hope that Jesus asks us to? In other words, what do you think God is calling you to do specifically (either now and/or later) to Build up the Kingdom of God? **Example: You are good with numbers and God calls you to be an accountant – you could help others (that maybe cannot afford it) with their taxes.***

Describe the times when you have felt closest to God.

*As Catholic Christians, we are called to be disciples of Jesus.
What does that mean for our life?*

*What are some things that you could or should be working
on to improve and enhance your spiritual life and your
relationship with God and the Church?*

FAITH PLAN

Now that you have had a chance to reflect upon your faith, we invite you to look to the future. In the six months ahead before you get confirmed, what 2 things would you like to accomplish that would strengthen your faith? In other words, how can you get to know and love God better? On the form below, list each goal (what you would like to accomplish) and what you need to do to reach that goal (objectives).

Here is an example:

Goal: I would like prayer to be a regular part of my life.

Objectives: 1) Each morning I will do some kind of praying for at least 5 minutes.

2) During the next six months, I will read a book about prayer.

Goal:

Objectives: 1)

2)

Goal:

Objectives: 1)

2)

Thank you for sharing your thoughts, feelings, beliefs and convictions. One of the first steps to any spiritual growth is some honest self-evaluation and reflection. May God continue to bless you as you continue your Confirmation journey and the lifetime of spirituality that goes with it!

I have filled this document out completely and have shared my thoughts and feelings (my answers) with my parents.

Signature of Confirmation Candidate

We have discussed the questions and answers in our Journey of Faith documents with our son/daughter.

Signature of Parent (s)

(Parent Version)

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If you were to name someone who has had a positive influence on you as a Christian, who would it be and why?

What kinds of prayer (e.g. rosary, reading the Bible, meditation, listening to music) seem to work best for you?

*For **you**, Confirmation means...*

Describe the times when you have felt closest to God.

*As Catholic Christians, we are called to be disciples of Jesus.
What does that mean for our life?*

*What are some things that have helped you to improve and
enhance your spiritual life and your relationship with God
and the Church?*