

Month Twelve: A Sense of Purpose

"Following your life's path with passion, and a map!"

- having a dream and following it with a passion

Questions for Thought:

1. Have I followed my own dreams with a sense of purpose?
2. How do the other values fit in with this one?
3. How is it that two people that have reached the same goal might not be on the same path?

Daily Exercise: Getting to Know Me

Supplies: Getting to Know Me cards

How it works: Each day, each child writes down something they know about themselves on the Getting to Know Me cards. Use suggested prompts to help. Use a specific color for each child.

Variations: Give children multiple choice questions; have children draw pictures that answer the questions; have children create books about themselves that answer the questions.

Weekly Exercise: Taking Initiative

Supplies: Initiative necklace, yarn, string, or pin

How it works: Cut out initiative necklace and attach yarn or string. Children take turns wearing "Initiative" necklace, and decide an activity for that night. They should plan and coordinate the activity for the family.

Variations: Pass the necklace for smaller decisions with the evening.

One-Time Exercise: Life Map on a Mission

Supplies: Life Map template

How it works: Write each child's goals (based on answers to daily questions) on life map and draw paths to the goals, listing what needs to be done along the way. Use a mini version of themselves to move along the path. Also list a motto or mission statement on the map.

Variations: Create a map from building toys; draw a map on a computer.