



### Sister Antoinette Tramp, OSB

Sister Antoinette (Verona) Tramp, OSB, 91, of Mother of God Monastery, died on Wednesday, June 1, in Jenkins Living Center, Watertown, South Dakota. A Liturgical Wake will be held at 7:00 p.m. on Monday, June 6, 2011 at Mother of God Monastery. The Mass of Christian Burial will be held on Tuesday, June 7 at 10:30 a.m. in the Monastery Chapel. Celebrant will be Father Denis Meier, monastery chaplain. Burial will be in the monastery cemetery.

Sister Antoinette was born on May 23, 1920, a twin sister to Vernon, at the home of their parents, Albert and Elizabeth (Goeden) Tramp, near Menominee, Nebraska. Sister Antoinette and Vernon were the last members of a family of eleven children. All family members participated in running the family farm.

Sister began her education at the age of six in St. Boniface School taught by the Benedictine Sisters of Yankton. During her eighth grade, Sister Antoinette stayed with her grandmother Goeden to help her and to keep her company. It was very difficult for Sister to be away from her family but it helped her be away from them when she attended Mount Marty High School the following year. Gertrude Zavadil paid for her first year of tuition so Sister Antoinette was the first and only sibling that was able to attend high school. Due to lack of funding, in tenth grade she attended the public high school in Yankton and worked for her room and board. The next year she came home and it was at that time, through the thoughtfulness of one of the Sisters, she was inspired to enter the convent. Sister Antoinette entered Sacred Heart Convent at Yankton, June 7, 1937. She finished high school while in the convent. She made her final vows on June 24, 1941.

Her first ministry upon making final vows was teaching at Stephan. The following year she attended college at Mount Marty. The next two years, she went to school with the Benedictines in Duluth, MN and received a Bachelor Degree in dietetics. After a year internship in St. Louis, she became a registered dietitian. She was then assigned to work in St. Mary's Hospital in Pierre, South Dakota through the mid-sixties. In 1967, when the Mother of God Priory moved to Watertown and built Harmony Hill High School, Sister worked as the school librarian. In addition to this ministry, she became a consultant dietician for many small hospitals and nursing homes in Codington County and surrounding communities. Later, Sister became the community archivist.

In 2003, Sister moved to Jenkins Living Center in Watertown, SD until she was called to Eternal Rest. Sister Antoinette is survived by her twin brother, Vernon and sisters, Pauline and Caroline, several nieces and nephews, relatives, friends and the Sisters of Mother of God Monastery.