

## TOB: VOCABULARY TO REMEMBER

**ABSOLUTION:** The action of a priest as a mediator of grace standing in the person of Christ concluding the sacrament of Reconciliation. Absolution cleanses us from our sins through Christ's loving mercy and gives us strength to start again

**COMMUNION OF PERSONS:** The *common union* between two or more people who give themselves to each other over the course of REAL love: the best example of which is the human family. They see each other in the image and likeness of God and want the best for one another even if it means sacrificing themselves for the other(s). ST JPII refers to the unity of Adam and Eve as the "prototype" for the communion of persons, through which man and woman become more fully the image of God

**COMMUNION OF SAINTS:** We already enjoy this communion here on earth with each other (the Church Militant). In spirit, we are connected with those who have died and are still being purified in purgatory (the Church Suffering). In prayer, we have communion with the saints in heaven (the Church Triumphant) who intercede for us before God (see Rev 5:8) In the Resurrection, we will have a fullness of communion as human members of the Church sharing eternity together as persons perfectly integrated in bodies and souls.

**COMPLEMENTARITY:** Everything about us is meant to show the unique beauty of our ability to love as God loves. *Male and Female He Created Them:* masculine/feminine complementarity is a "natural complementarity," which in marriage creates between a man and a woman an ever-richer union on all levels of the body, the character, and the soul, and reveals to the world the new communion of love given by the grace of Christ. When men and women interact through authentic friendship, love, and grace, they build the other up.

**CONCUPISCENCE:** The *inclination to sin* that is present in all humans, inherited through the sin of Adam and Eve and against which we must struggle to resist *by the grace of Jesus Christ* (CCC 1264). While it inclines us to sin and comes from sin, concupiscence itself is not a sin

**DESPAIR:** The opposite of hope, despair, is the resolve to give up pursuing whatever was initially pursued. In the case of relationships in our culture, many people despair, thinking that the possibility of finding loving, faithful relationships is impossible. But with God there is always hope – and REAL REASONS TO KNOW THAT THERE IS GOOD AROUND US – and that we, with His help, can find keys to building loving, life-giving relationships that last.

**DIGNITY:** The basic and unchanging value of all persons as a direct result of their being created by God in His image and likeness

**ETHOS OF THE IMAGE:** The responsibility that every artist has to represent persons with dignity, especially through the depiction of the human body in artistic form

**ETHOS OF SEEING:** The responsibility of all viewers of the human body portrayed in art, to see humans as persons with dignity not objects to be lustfully desired

**EXTERNAL CONSTRAINTS:** The laws of God or society that protect us from abusing our free will and hurting ourselves and others

**FREEDOM:** The ability and permission given to us by our Father so that we could BECAUSE WE WANTED TO choose the good for the sake of it being the good

**FREE WILL:** The gift given to us by God that allows us to choose between good and evil. This God-given ability allows us to be the authors of our own choices which allows us to determine our OWN destinies

**HISTORICAL MAN:** The period that begins with original sin and ends with Christ returns. Historical men and women are simultaneously fallen and redeemed in Christ.

**HOLY ORDERS:** The sacrament through which the mission entrusted by Christ to his apostles continues to be exercised in the Church until the end of time: thus, it is the sacrament of apostolic ministry. It includes three degrees: episcopate, presbyterate, and diaconate.

**HOPE FOR EVERY DAY:** ROMANS 12:21 The daily hope of victory over sin which is available to us through Jesus who helps us overcome *evil with good*

**INCARNATED SPIRIT OR SPIRITUALIZED BODY:** The human body not only as living with a soul, but also being a dwelling place of the Holy Spirit through the grace of Redemption.

**INTERNAL CONSTRAINTS:** Distractions or disordered desires within us that steer us away from choosing the good

**LANGUAGE OF LOVE:** Generally speaking, the words that speak the TRUTH and do so with compassion. Specifically regarding about the body, the truth and total self-communicated through the body

**LOVE:** A decision to “will the good of another” person (St Thomas Aquinas, CCC 1766) ST JP II adds to this definition by saying that LOVE is the sincere gift of ourselves for the sake of others

**LOVE:** “Love consists of a commitment which limits one's freedom - it is a giving of the self, and to give oneself means just that: to limit one's freedom on behalf of another” ST JP II Think of it this way: LOVE is the decision that a person makes to set the good of another person above him or herself. Love is self-sacrifice and service.

**AGAPE:** The Greek for divine, unconditional love; the way that God loves us

**EROS:** The passionate expression of love often turned inward toward self

**LOVE AS ATTRACTION:** Recognizing the good of another person: seeing the inner and outer beauty of another person

**LOVE AS DESIRE:** Wanting a good for yourself: desiring goodness and happiness

**LOVE AS GOODWILL:** Willing (or desiring) the good of another person

**LUST:** It is *disordered desire for or inordinate enjoyment of sexual pleasure* (CCC 2351). It is sexual desire apart from God's love – a selfish desire that seeks one's own pleasure at the expense of another person

**MARRIAGE:** A covenant, which is more than a contract. Covenant always expresses a relationship between persons. The marriage covenant refers to the relationship between the husband and wife, a permanent union of persons capable of knowing and loving each other and God. The celebration of marriage is also a liturgical act, appropriately held in a public liturgy at church.

**NAKED WITHOUT SHAME:** Nakedness that exists within the context of innocence and pure freedom, apart from lust. This is what Adam and Eve experienced before the Fall.

**THE NICENE CREED:** The most widely-accepted statement of Christian faith, the Nicene Creed was first adopted at the Council of Nicaea in 325 AD

**NUPTIAL (SPOUSAL MEANING OF THE BODY):** The marital meaning of the body. The body has a capacity of expressing love, that love precisely in which the person becomes a gift and fulfills the very meaning of his being and existence

**OBJECTIFY:** To treat another human being as if they were a *thing* instead of a *person*.

**OBJECTIVE TRUTH:** Reality as it is apart from what we think or feel about it

**ONE FLESH UNION:** The loving embrace of a married couple in which they become *one flesh* (GEN 2:24) God teaches us that that this union prefigures the total communion we will have with God in heaven (EPH 5:31-32)

**ORIGINAL HAPPINESS:** A happiness that was rooted in the perfect gift of love that was initiated by God, received in love and shared in love

**ORIGINAL INNOCENCE:** The state of Adam and Eve prior to their knowledge of sin when their minds, hearts, and bodies were perfectly innocent

**ORIGINAL MAN:** The era of humanity in the *original experiences* before the Fall up until the original sin of Adam and Eve

**ORIGINAL SIN:** The first sin of mankind against God when Adam and Eve chose to choose the *bad* – to disobey God and do what they thought they wanted instead. This choice affected all of humanity giving us all a tendency to sin – a disordered desire to break God’s heart by breaking the rules He set for our own good. This has left us a world in which people now suffer and struggle to find and give love – and which gave us death.

**ORIGINAL SOLITUDE:** The original state when Adam realized he was alone, because he was without a true companion; it also refers to the human experience of being alone in the world as a person as someone fundamentally different from the animals

**ORIGINAL UNITY:** The initial experience of perfect unity between man and woman as they lived in perfect communion with each other and gave themselves to each other through the mutual gift of their bodies.

**PERSONHOOD:** The principle truth that the only proper treatment of a human being – A PERSON – is real love. To treat a PERSON as an object or as a means to an end is the opposite of his or her PERSONHOOD.

**PORNOGRAPHY:** These are either pictures or words that are created with the direct intention of arousing lust in the viewer or reader not love

**PRIDE:** The original sin that caused Adam and Eve to prefer themselves to their Father. This is the root of all the evil in the world – and why Jesus’s HUMILITY models for us the power of a humble heart to experience and give REAL love

**REDEEM:** To pay off a debt through the exchange of something of equal or greater value than the debt owed. Through original sin an infinite debt was owed to God. Either we would need to pay it or continue to live in this terrible state. This is why God sent HIS OWN SON to redeem our bodies, our souls, and our freedom by His obedience even to the point of death. What would be the greatest way for someone to prove their love for someone else – to put their good ahead of their own? By dying for them. Not only does Jesus redeem us – He returns to us the ability to LOVE properly.

**RELIGIOUS LIFE:**

**RESURRECTION OF THE BODY:** If all that matters about us is our souls, why would Jesus come back in HIS OWN BODY? The Resurrection repairs the severing of our bodies from our spirits. It regains for us the dignity of our INTEGRITY – the wholeness of us

**SACRAMENT:** A sacrament makes a spiritual reality visible to us. It is an outward sign instituted by Jesus and entrusted to His Church by which divine life and graces can be dispensed to us (CCC 1131) through tangible things that we can experience: just as the body is a visible sign of the invisible reality of who we are, Sacraments are visible signs of the love and support of our Heavenly Father.

**SACRAMENTALITY OF THE BODY:** The inherent ability of the body to act as a visible sign of God's invisible love and our own dignity

**SECOND CREATION ACCOUNT:** The second telling of the creation of the world in the book of Genesis. The first account focuses on the grand scale of the creation of the world, while the second account focuses on the creation of man and woman as the climax of all creation.

**SEXUAL ADDICTION:** A compulsive and frequent habit of seeking sexual pleasures even to the point of losing the love we so desire in our marriages, vocations, families, or God

**SHAMELESS:** The committing of an act or flaunting of the body without inhibitions or conscience. Acting shamelessly shows God and others that we don't really understand freedom. It's the choosing of the bad instead of the good.

**THEOLOGY:** The study of God, or "faith seeking understanding" (St. Anselm) The word comes from the Greek words *Theos* which means *God* and *Logos* which means *word*. So, THEOLOGY is the science of faithful study which seeks to understand more than the *how* or *what* of why the world exists and how things happen, but to also understand the *why* and *WHO* of how things come to be as well as the seeking to find God and understand His word.

**THEOLOGY OF THE BODY:** A study of God and the purpose of our existence through the clear key that God left us as to our identity, purpose, and His love etched in our own bodies

**TOTAL SELF DONATION:** The total giving of oneself for the good of another

**UTILITARIANISM:** The philosophy of maximizing pleasure and minimizing pain often at the expense of others. When applied in relationships, one person uses the other person for his or her own gain regardless of what damage and suffering it causes the other person. If we use other people, the other people become a means to an end – and are denied their PERSONHOOD.

**VIRTUE:** A firm habit of doing the GOOD. In its complete sense, it's not only doing what's good, but being happy to do it, and going out of your way to actually WANT the good – in the truth, in beauty, and in goodness

**VOCATION:** A call from God to a distinctive state of life, in which the person can reach holiness. The Second Vatican Council made it plain that there is a "Universal call [vocatio] to holiness in the Church"