

ST. PIUS X

CATHOLIC CHURCH



Holy Mass

SATURDAY

5:30 pm

SUNDAY

8:00 am

MONDAY-SATURDAY

Communion Service/Mass

8:00 am

CONFESSIONS

before Mass and by appt.

Directory

Parish Administrator

Rev. Phillip Halladay 615-712-7445
revphil@dioceseofnashville.com

Office Manager

Laura Cooper 615-256-2729
lcooper@stpiusnashville.org

Office Hours: Monday – Friday 8:00 am – 4:00 pm

Permanent Deacon

Ken Levinson 615-653-0106
dcnken@stpiusnashville.org

Director of Religious Education

Cindy Catignani 615-883-4589

Organist

Ann Geist 615-876-1515



St. Pius X Classical Academy

Principal

Lori Patton 615- 255-2049
lpatton@stpiusnashville.org

Secretary

Janeth Harper 615- 255-2049
jharper@stpiusnashville.org



FOURTH SUNDAY OF EASTER

MAY 12, 2019

Opportunity for service at St. Pius X: a sacristan is needed for the second weekend of each month. This can be an individual, a couple or family. If you are interested in this honor, please contact Theola Copeland at 615-438-4437.

Nashville Diocesan Council of Catholic Women Convention: If you are interested in the DCCW Convention in May 17-18, please pick up a flyer in the back of the church.

“A Day of Hope and Healing from Abortion”, next retreat, **Saturday, May 18th 8:30am – 5:00pm**. If you or someone you know has had an abortion, you are not alone. There is hope and healing after abortion. To register, call 615-414-0230 or email: HopeAndHealingNashville@gmail.com. **All calls/emails confidential**

Seminarian Education Dinner and Auction (May 21), 6-9 p.m., Holy Family Church, 9100 Crockett Rd., Brentwood. Info/tickets: dioceseofnashville.com/seminarian-education-dinner-and-auction.

Father Ryan's 2019 Reunion Weekend starts **Friday, May 31** with the Lou Graham '56 Alumni Golf Tournament. Register at fatherryan.org/golf. An alumni reception will be held on Friday evening at 6:00pm in the Dining Hall for all alumni. Reunions will then be celebrated for classes ending in 9's and 4's on Saturday evening. For more info, visit fatherryan.org/alumni.

Mulier Care Baby Bottle Drive: Assisting a woman in crisis needs to include not only helping her make the right decision to preserve the sanctity of life, but also helping her provide the best care for her newborn. Please support this Catholic values oriented mobile clinic that travels to various locations around Nashville. Baby bottles distributed to all on **Mother's Day, May 12**, and returned on **Father's Day, June 16**. God bless you for your support!

St. Pius X Women's Club will meet on Wednesday, May 15th at 5:30pm In the school. All women of the parish are encouraged to attend. If you have any questions please call Theresa Calvo at 615-268-1893 or email her at calvo-n-cat@comcast.net

Marriage Matters (June 22), 8:30 a.m.-1 p.m., St. Philip, 113 Second Ave. S., Franklin. Free retreats to help couples make good marriages better and struggling marriages stronger. (Info: StPhilipFranklin.com. RSVP: SSkin-ner@StPhilipFranklin.com or 615-642-4545.

Catholics United for the Arts May 20, 7pm. Church of the Assumption. **Let Beauty Speak**, by Jimmy Mitchell Open to all types of artists www.CatholicsUnitedForTheArts.com

B A A M- St. Pius X's Goals is \$11,860.60.
As of 5/6—\$ 2,995 which is 25% of our goal.

INTRODUCING ACE WELCOME GRANTS The Catholic Schools Office and Advancement for Catholic Education (ACE) are introducing ACE Welcome Grants to provide reduced tuition to new families enrolling children at St. Pius X Classical Academy. Students must be entering Pre-K through 7th grade and new to Catholic education. Applications may be submitted beginning May 1. For more information visit www.dioceseofnashville.com/ace-welcome-grant

Relic of St. John Vianney Mass (May 22), 7:10 a.m. & 12:10 p.m., Chatedral, 2015 West End Ave., Nashville. Veneration 8 a.m.-6 p.m.; Holy Hour 6-7 p.m.

HEALTH NOTES (supplied by Agnes Grider)

Fresh-cut grass nixes stress! Next time you mow the lawn or pass by someone else's freshly mowed yard, take a deep whiff. The same chemicals that give mowed grass its distinctive fresh scent also reduce activity in emotional centers of the brain, nixing stress and ushering in deep relaxation, according to neuroscientists from Australia's University of Queensland.

Basking in the sun Improves heart health! Sure, it's key to use sunscreen with an SPF 15 or higher to protect against skin cancer. But did you know 10 minutes of sun exposure at lunch without sunscreen daily isn't only safe, it'll protect your heart! Midday sun rapidly ups your stores of vitamin D, a nutrient that reduces risk of heart attack and stroke by lowering blood pressure, reducing LDL "bad" cholesterol and preventing atherosclerosis—the narrowing and hardening of arteries! * Tip: Cloudy or can't go outdoors during the day? Then take up to 2,000 IU of vitamin D-3 daily.

Sunshine fights middle-aged spread! Worried a slowing metabolism as you age will prompt weight gain? Vitamin D to the rescue! This vitamin tells your body to burn fat rather than store it, so women with the highest levels tend to weigh less than those with the lowest, reports the Journal of Women's Health.

Last Week's Collections:

Regular Collection: \$2,809.00

Online: \$1,110.00

Set your contribution up online now at:
www.stpiusnashville.org

MASS INTENTIONS

SATURDAY 5/11 + Sr. Kathleen Brady & Brady Family
SUNDAY 5/12 + Richard Bates
TUESDAY 5/14 Kevin Dabrowski
WEDNESDAY 5/15 Parishioners of St. Pius X
THURSDAY 5/16 + Joe & Margaret Catignani
FRIDAY 5/17 Celebrant's Intentions
SATURDAY 5/18 Elzbieta Okarma
SUNDAY 5/19 + Jean Coleman

CALENDAR THIS WEEK

SAT 5/11	Easter Weekday
5:30pm	Mass
SUN 5/12	FOURTH SUNDAY OF EASTER
8:00am	Mass
MON 5/13	Easter Weekday
8:00am	Communion Service
TUE 5/14	ST. MATTHIAS, <i>Apostle</i>
8:00am	Mass
WED 5/15	Easter Weekday
8:00am	Mass
THU 5/16	Easter Weekday
8:00am	Mass
FRI 5/17	Easter Weekday
8:00am	Mass
SAT 5/18	Easter Weekday
5:30pm	Mass
SUN 5/19	FIFTH SUNDAY OF EASTER
8:00am	Mass

Nashville Catholic Radio, WBOU 100.5 FM, announces the spring schedule for **Parenting Matters**. Hosted by Dr Par Donahue of Holy Family the show is broadcast every Tuesday and Thursday at 11:30 AM and streaming live on WBOU.org. It is also available for streaming any time www.parenting-matters.com. **(May 7, 9) Dealing with cell phone and other media addictions.** Guests: Dr. James Wellborn, Adolescent and Family Psychologist at Brentwood United Methodist Church, and Susan and Kyle Brant.

Ladies of Charity Stuff Galore Sale (June 14, 15), 8 a.m.-3 p.m. 2216 State Street, Nashville. Huge garage sale under roof: home, garden, electronics, sporting goods, toys, holiday, jewelry, and more.