



CHURCH OF ST JOSEPH

141 Ashburton Avenue, Yonkers, New York 10701

914 963 0730

E-mail: stjosephchurch8@optonline.net + Website: www.stjosephyonkers.org

The Rev Joe A Francis

Priest

Rev Mr José Luis Velásquez

Deacon

Ms Carmen Ureña

Parish Secretary

Mr Frank Dietrich

Cemetery Superintendent - 914 963 0780

ASH WEDNESDAY, MARCH 6TH, 2019

MASS SCHEDULE / HORARIO DE MISAS

Sun./Dom. 9 AM (English), 11 AM (Español)
Mon./Lun. 8:30 AM (English)
Tues./Mar. 7 PM (Español) Vísperas & Misa

Wed./Mier. 8:30 AM, 12:00 Noon (Eng), 7 PM (Esp)
Fri./Vier. 7 PM (Esp.) Vísperas, Misa & Vía Crucis
Sat./Sab. 9 AM Mass for Children/Families-English

PARISH OFFICE HOURS

Monday to Friday, 9:30 AM. to 6 PM
(Closed for lunch, 1:00—2:00 PM)

HORARIO DE LA CASA CURAL

Lunes a Viernes, 9:30 AM a 6 PM (Cerrada, 1 - 2 PM)

SPECIAL DEVOTIONS/DEVOCIONES ESPECIALES

Exposition of the Blessed Sacrament with Benediction,
Fridays, after the 7 PM Mass
Exposición del Santísimo Sacramento con la Bendición:
Viernes **luego** de la Misa de las 7 PM

The Miraculous Medal Novena, on Mondays after the Mass.
Novena de la Medalla Milagrosas, los lunes después de la Misa.

BAPTISMS & MARRIAGES

Contact the Parish Office for
information. By appointment only.

BAUTISMOS & BODAS

Llamar la oficina parroquial. Hacer una cita de antemano.

SACRAMENT OF RECONCILIATION

9:45 AM on Saturdays. Any time by appointment.

SACRAMENTO DE LA RECONCILIACIÓN

Sábado a las 9:45 AM. O llamar para una cita.

ANOIDING OF THE SICK /UNCIÓN DE ENFERMOS

Call anytime. / Llamar a cualquier hora.

RELIGIOUS EDUCATION

Deacon José Luis Velásquez, Director of Religious Education
Office Hours Monday/Lunes—Thursday/Jueves -10 AM –12PM
Saturday 10 AM - 1 PM
(914-457-4776)

Email: sjc.religioused@optimum.net

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) INICIACION CRISTIANA PARA ADULTOS (RICA)

Deacon José Luis Velásquez - (914)457-4776

COMMUNION FOR THE HOMEBOUND

Any one who cannot attend church because of illness or age,
please contact the parish office so that arrangements can be made
to bring communion to you.

COMUNION PARA LOS ENFERMOS

Llámanos para que uno de nuestros ministros te lleve la
Sagrada Comunión.

Holy Days/Días Festivos

Check the Liturgical Calendar for the Mass schedule.
Revise el calendario dentro del boletín.

WELCOME, NEW PARISHIONERS!

Please visit the Rectory so that we may formally register you
as members of the parish.

¡BIENVENIDOS NUEVOS FELIGRESES!

Favor de visitar la Casa Cural para inscribirse en nuestra
parroquia.

Sunday/Domingo, March 3rd

Eight Sunday in Ordinary Time
Sir 27: 4-7; 1 Cor 15: 54-58 / Lk 6: 39-45

9 AM Available

11 AM Eustolia & Víctor Ramírez (25 Aniversario)

Monday/Lunes, March 4th

Sir 17: 20-24 / Mk 10: 17-27

8:30 AM † Heafy & Duggan Families

Tuesday/Martes, March 5th

Sir 35: 1-12 / Mk 10: 28-31

7 PM Available

Wednesday/Miércoles, March 6th

Ash Wednesday
Jl 2: 12-18; 2 Cor 5: 20—6:2/Mt 6: 1-6, 16-18

8:30 AM Available

12:00 PM Available

7:00 PM Available

Friday/Viernes, March 8th

Is 58: 1-9 / Mk 9: 14-15

7 PM Available

Saturday/Sábados, March 9th

Is 58: 9-14 / Lk 5: 27-32

9 AM Available

Sunday/Domingo, March 10th

Eight Sunday in Ordinary Time
Sir 27: 4-7; 1 Cor 15: 54-58 / Lk 6: 39-45

9 AM † James A. Meade (Birthday Remembrance)

11 AM † Nohora Silva
† Juana & Antolin Martinez
En Acción de gracias a Dios por la Boda de Jesús & Angelica Cano.

COLLECTIONS/COLECTAS February 24, 2019

Weekly need is / Necesidad semanal es: \$6,178.00

Sunday Offering \$2,275.75
(9 AM \$744.00 & 11 AM \$1,531.75)

Church Repairs Fund \$708.25

May God Bless you for your generosity!
¡Que Dios los bendigas a todos por su generosidad!

Ash Wednesday/Miércoles de Ceniza - March 6th

8:30 AM	English
NOON	English
7:00 PM	Español

ASH WEDNESDAY is **March 6th** and is the beginning of Lent. On Ash Wednesday, there will be **Masses at 8:30 AM and 12 PM**. Ashes will be distributed at those Masses. Also **at 7 PM in Spanish** with distribution of ashes. Ashes are a sign of repentance, conversion and Lenten practices not a badge or lucky charm to wear for a day. Receiving ashes on your forehead is an important decision for a Catholic.

STATIONS OF THE CROSS—Fridays of Lent—after the 7 PM Mass.

MIÉRCOLES DE CENIZA es el **6 de marzo** y es el comienzo de la Cuaresma. El Miércoles de Ceniza, habrá Misas a las **8:30 AM. y 12 PM en Inglés y** se repartirán cenizas en esas Misas. También **Misa a las 7 PM en español** con distribución de cenizas. Las cenizas son un signo de arrepentimiento, conversión y prácticas de Cuaresma, no es un insignia o amuleto de la suerte para usar durante un día. Recibir cenizas en la frente es una decisión importante para un católico.

VIA CRUCIS—Viernes de Cuaresma - después de la Misa de las 7 PM.

URGENTLY NEEDED

We are looking for a **volunteer** who is computer-savy to manage our Facebook Page and Social Media.

UNEXPECTED PREGNANCY? If you are in a crisis pregnancy, please call (914) 620-4464

LIFE OPTIONS CENTER 24 / 7.

¿EMBARAZO INESPERADO? Si se encuentra en una crisis por causa del embarazo, llamar al (914) 620-4464

LIFE OPTIONS CENTER - disponible, 24 / 7.

ASH WEDNESDAY -A REFLECTION (March 6)

The ashes we put on our forehead is a token of our fast, penance and prayer. Today is a fast day par excellence and fasting is part of traditional Lenten discipline.

One of the Hebrew Bible's most glorious and memorable descriptions of true fasting is found in Isaiah 58:6-7.

Here God asks us - 'Is not this the fast that I choose: to lose the bonds of wickedness, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover him?...''

Merely to forego delicate foods which probably aren't good for your health anyway is not true fasting. Instead, some powerful act of solidarity with the world's starving masses and your closest starving neighbor requires more than adjusting your calorie intake. So try to do some token of penance. Walk everywhere you go for the next 40 days - most of the world does not sit in comfortable automobiles to get about. Jesus, a poor man, had to borrow a donkey the one time he is recorded as having used any kind of transportation—and give the money you save, to the poor.

Say some prayers for people who don't have time to pray. Pray for the souls of Muslim children in Afghanistan and Syria killed in the ongoing conflict, during this Lent. Pray for the refugees fleeing violence and persecution in their homeland. Remember the innocent victims murdered by terrorists, and pray that God may comfort and wipe away the tears of their families and loved ones.

Take food from your refrigerator and go out and give to the first hungry person you meet. Go through the clothes in your dresser and give away the excess to the poor.

You may have to travel some dangerous distance from your comfort to find Jesus lurking in the 25th chapter of Matthew's gospel where he says 'I was hungry and you fed me, I was naked and you clothed me'. This Lent must be for us a season of solidarity with the ones whom the world has left out, and left behind or written off. As Isaiah reminds us, doing justice is the best form of penance.

Let the ashes remind you of this. Is not this the kind of fast that God asks of us?

MIÉRCOLES DE CENIZA- UNA REFLEXIÓN (6 de marzo)

Las cenizas que imponemos sobre nuestra frente son un signo de nuestro ayuno, penitencia y oración. Hoy es un día de ayuno por excelencia y el ayuno es parte de la disciplina tradicional de Cuaresma.

Una de las descripciones más gloriosas y memorables, de la Biblia hebrea del verdadero ayuno, se encuentra en Isaías 58: 6-7.

Aquí Dios nos pregunta — '¿No será más bien este otro el ayuno que yo quiero: desatar los lazos de maldad, deshacer las coyundas del yugo, dar la libertad a los quebrantados, y arrancar todo yugo? ¿No será partir al hambriento tu pan, y a los pobres sin hogar recibir en casa? ¿Que cuando veas a un desnudo le cubras, y de tu semejante no te apartes?'

Simplemente renunciar a alimentos exquisitos, que probablemente no son buenos para tu salud, de todas formas, no es ayuno verdadero. En cambio, un poderoso acto de solidaridad con las masas hambrientas del mundo y tu vecino hambriento más cercano requiere más que ajustar nuestro consumo de calorías.

Así que trata de hacer algo como signo de penitencia. Camina por todas partes donde vayas durante los próximos 40 días - la mayor parte del mundo no se sienta en automóviles confortables para desplazarse. Jesús, un hombre pobre, tuvo que pedir prestado un asno, para la única vez que se registra haber utilizado cualquier tipo de transporte - y entregue el dinero que usted ahorre, a los pobres.

Diga algunas oraciones para las personas que no tienen tiempo para orar. Ore por las almas de los niños musulmanes en Irak y Siria, asesinados en el conflicto en curso, durante esta Cuaresma. Ore por los refugiados que huyen de la violencia y la persecución en su tierra natal. Recuerde a las víctimas inocentes asesinadas por terroristas, y ore para que Dios pueda consolar y limpiar las lágrimas de sus familias y seres amados.

Tome comida de su refrigeradora y salga y désela a la primera persona hambrienta que encuentre. Revise su closet y regale el exceso de ropa a los pobres.

Puede que tengas que viajar a cierta distancia peligrosa de tu comodidad para encontrar a Jesús acechando en el capítulo 25 del evangelio de Mateo, donde dice: 'estaba hambriento y me disteis de comer, desnudo, y me vestisteis.'

Esta Cuaresma debe ser para nosotros una temporada de solidaridad con los que el mundo ha dejado por fuera, y dejado atrás. Como nos recuerda Isaías, hacer justicia es la mejor forma de penitencia.

Que las cenizas te recuerden esto. ¿No será más bien este el tipo de ayuno que Dios pide de nosotros?

ANNOUNCEMENT

MARCH IS DEVOTED TO ST. JOSEPH— In the Catholic Church, the month of March is devoted to St. Joseph. The foster father of Our Lord was a man of humble obedience and strength. He is our model of what it truly means to live the vocation of marriage.

How can you honor St. Joseph this month? If you're married, start by honoring your spouse! Commit to praying for your husband or wife daily. Those who are not married are asked to pray that our culture would understand the value of marriage as a sacrament. O Saint Joseph, hear my prayers and obtain my petitions.

CARDINAL'S APPEAL 2019— The 2019 Cardinal's Annual Stewardship Appeal in our parish has begun. You have probably received a letter from Cardinal Dolan asking for your support of the vital ministries, programs and services provided through the Appeal each year. When you receive your letter, please fill out your pledge card and send it in. Your generosity is greatly appreciated. St. Joseph's goal for this year is **\$21,000**. May the Holy Spirit inspire us to support this great work.

GOD PARENTS: there is often misunderstanding about being a god parent, according to the directives of the universal church (Canon Law) a godparent needs to be a practicing Catholic who has received the Sacraments of Initiation and, if married, needs to be married in the Catholic Church. Practicing Catholics means that the person is a registered member of a parish, who attends Sunday Mass and who will be a role model of the Catholic faith for the child. Sounds reasonable!

ANUNCIOS

EL MES DE MARZO ESTA DEDICADO A SAN JOSE— En la Iglesia Católica, el mes de marzo está dedicado a San José. El padre adoptivo de Nuestro Señor era un hombre de humilde obediencia y fortaleza. Él es nuestro modelo de lo que realmente significa vivir la vocación del matrimonio.

¿Cómo puedes honrar a San José este mes? Si estás casado, ¡comienza honrando a tu cónyuge! Comprométete a orar por tu esposo o esposa todos los días. A los que no están casados se les pide que oren para que nuestra cultura entienda el valor del matrimonio como un sacramento.

Oh San José, escucha mis oraciones y obtén mis peticiones.

CAMPAÑA DEL CARDENAL 2019— Es probable que haya usted recibido una carta del Cardenal Dolan solicitando su apoyo a los ministerios, programas y servicios vitales provistos a través de la Campaña cada año. Cuando reciba su carta, complete su tarjeta de promesa y envíela. Su generosidad es muy apreciada. La meta de San José para este año es **\$21,000**. Que el Espíritu Santo nos inspire para apoyar esta gran obra.

PADRINOS -- a menudo hay malentendidos acerca de ser un padrino; de acuerdo con las directivas de la iglesia universal (Ley Canónica) un padrino debe ser un católico practicante que ha recibido los Sacramentos de Iniciación y, si está casado, debe estar casado en la Iglesia Católica. Católicos practicantes significa que la persona es un miembro registrado de una parroquia, que asiste a la misa dominical y que será un modelo a seguir de la fe católica para el niño. ¡Suena razonable!

PARISH GROUPS –GRUPOS PARROQUIALES

Monday/Lunes

Cursillistas 7:00 PM School Conf. Room

Tuesday/Martes

Circulo de Oración 7:45 PM Church

Alcoholics Anonymous 7:00 PM School Cafeteria

Thursday/Jueves

Alcoholics Anonymous 7:00 PM School Cafeteria

Friday/Viernes

Rosario Pro-Vida 7:45 PM Church

Hora Santa (1st viernes) 7:45 PM Church

Hora Apostólica (2nd vier.)7:45 PM Church

Sunday/Domingo

Caballeros de Colón(1^{er} Dom) 1PM K of C Room

Alcoholics Anonymous 6:30 PM School Cafeteria

SERVICIOS A LA COMUNIDAD/ SERVICES TO THE COMMUNITY

DISPENSA DE COMIDA, todos los sábados desde las 8 AM a 9 AM. En el comedor parroquial del edificio escolar.

FOOD PANTRY, Saturday from 8 AM to 9 AM.

COMEDOR, servimos comida caliente a todos los necesitados, los domingo desde las 2 PM a 4 PM.

SOUP KITCHEN, Sunday from 2 PM to 4 PM.

**Memento quia pulvis es,
et in pulverem reverteris!**





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