



Section 1: Mass Reflections

- complete 1 each month

Section 2: Service Reflections

- complete 1 for each service project

Section 3: Saint Research

- complete 1 each month

Mass Reflection

What Mass have you decided to write a reflection on for this month?

Date: _____ Time: _____ Parish: _____

What Sunday in the Liturgical Year? _____

What do you remember about Mass that day? Explain anything that caught your heart about your Mass experience.

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Service Reflection

Date of Service: _____

Type of Corporal Work of Mercy: Circle one or more

- | | |
|------------------|---------------------------|
| feed the hungry | give drink to the thirsty |
| clothe the naked | shelter the homeless |
| visit the sick | visit the imprisoned |
| bury the dead | |

What did I specifically do?

What did I learn?

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Saint Research

Research 1 saint a month whose name you might consider to take as your Confirmation name next year.

Saint: _____

Feast Day: _____

Patron of:

Brief biography: (When and where did the saint live? What was s/he known for? What miracles did they perform? etc.)

Why might you consider this saint's name for your Confirmation name?

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