



Church of Our Lady of Mount Carmel
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FROM THE DESK OF FATHER JOSÉ FÉLIX

July 14, 2019

Our Lady of Mount Carmel

July 16th is the feast of Our Lady of Mount Carmel, the patroness of our parish. In the painting at the apse of our Church, we can contemplate Mary giving to St. Simon Stock, the brown scapular. According to the tradition, Mary gave it to him as a gift and told him that imposing it on him will save him. Obviously, a scapular is not a magic object, but a sign of a way of living. What we impose on us is to live the same way Mary did.

How did she live? What we know from the Gospel is limited. She was in prayer with the apostles in the Upper Room the day of Pentecost. She was in charity, taking care of the couple at their wedding in Cana of Galilee.

To live in prayer and charity sounds like a life plan for us, too. We are in summer, and often we have more time available and more opportunities to spend time with others. Prayer and charity should be part of our summer program, too.

Our Lady of Mount Carmel, pray for us and help us to live in prayer and charity, as you lived. Amen.

God bless,
Father José Félix