



# February 2019 St. Benilde Elementary Breakfast Menu










Monday		Tuesday		Wednesday		Thursday		Friday	
								1	Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
4	Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	5	Pancakes w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	6	Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	7	French Toast w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	8	Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
11	Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	12	Waffle w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	13	Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	14	Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	15	Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
18	Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	19	Pancakes w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	20	Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	21	French Toast w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	22	Beignets & Donuts <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
25	Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	26	Waffle w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	27	Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	28	No breakfast		



# February 2019 St. Benilde Elementary Lunch Menu








Monday	Tuesday	Wednesday	Thursday	Friday
				1 Shepherds Pie Glazed Carrots Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Southern Butter Roll Rice Krispie Milk
4 Beef Stew Rice Carrot Soufflé Brussel Sprouts Assorted Fruit Fresh Fruit <b>Chilled Pears (Pre-K &amp; Sat)</b> Biscuit Milk	5 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges (Sat &amp; Pre-K)</b> King Cake Milk  	6 Salisbury Steak Mashed Potatoes Black Eyed Peas Assorted Fruit Fresh Fruit <b>Chilled Applesauce (Pre-K &amp; Sat)</b> Cornbread Milk	7 Meatsauce Spaghetti Roasted Broccoli Assorted Fruit Fresh Fruit <b>Chilled Pineapples (Pre-K &amp; Sat)</b> Garlic Rolls Milk	8 Chicken and Sausage Gumbo Rice Fried Okra Seasoned Green Peas Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Southern Butter Roll Brownies Milk
11 Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> Biscuit Milk	12 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Pears (Sat &amp; Pre-K)</b> King Cake Milk   	13 Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Garlic Roll Milk	14 BBQ Chicken Mac and Cheese Glazed Carrots Seasoned Green Peas Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Southern Butter Roll Milk  	15 Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Caesar Salad Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Southern Butter Roll Cake Milk
18 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit Fresh Fruit <b>Chilled Pears (Pre-K &amp; Sat)</b> Southern Butter Roll Milk  	19 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Applesauce (Pre-K &amp; Sat)</b> King Cake Milk	20 Salisbury Steak Mashed Potatoes w/Gravy Black Eye Peas Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Cornbread Milk   	21 Chicken Stew Rice Carrot Soufflé Spinach Salad Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Biscuit Milk	22 Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges (Pre-K &amp; Sat)</b> Garlic Roll Cookie Milk
25 Chicken Parmesan Spaghetti Seasoned Green Peas Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Garlic Rolls Milk	26 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> King Cake Milk	27 Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit <b>Chilled Pears (Pre-K &amp; Sat)</b> Cornbread Milk	28 Turkey Stew Rice Creamed Spinach Caesar Salad Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges (Pre-K &amp; Sat)</b> Southern Butter Roll Milk	



# February 2019 St. Benilde Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Brunch for Lunch</b> Scrambled Eggs Sausage Patty Grits Biscuit Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit <b>Tropical Fruit (Pre-K &amp; Sat)</b> Rice Krispie Milk
4 Boneless Wing Carrot Souffle Brussel Sprouts Assorted Fruit Fresh Fruit <b>Chilled Pears (Pre-K &amp; Sat)</b> Biscuit Milk	5 Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Corn Shoestring Fries Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> King Cake Milk  	6 Cheese & Pepperoni Pizza w/Rolled Edge Baked Beans Italian Salad Assorted Fruit Fresh Fruit <b>Chilled Applesauce (Pre-K &amp; Sat)</b> Milk	7 Grilled Cheese Sandwich Roasted Broccoli Caesar Salad Assorted Fruit Fresh Fruit <b>Chilled Pineapples (Pre-K &amp; Sat)</b> Milk	8 Chicken Patty on Bun Green Peas Lettuce/Tomato/Pickle Crinkle Fries Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Brownie Milk
11 Chicken Nuggets California Blend Baked Beans Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> Biscuit Milk	12 Calzones(Pepperoni) Spinach Salad Golden Corn Fresh Fruit Assorted Fruit Fresh Fruit <b>Chilled Pears (Pre-K &amp; Sat)</b> King Cake Milk  <div style="border: 1px solid black; padding: 2px; display: inline-block;">Lincoln's Birthday</div> 	13 Chicken Patty on Bun Lettuce/Tomato/Pickle Crinkle Fries Broccoli w/Cheese Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Milk	14 <b>Brunch for Lunch</b> Pancakes Sausage Patty Grits Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> Milk  	15 Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Shoestring Fries Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Cake Milk
18 Cheese & Pepperoni Pizza (Hand Tossed) Green Peas Shoestring Fries Assorted Fruit Fresh Fruit <b>Chilled Pears(Pre-K &amp; Sat)</b> Milk  	19 Grilled Cheese Sandwich Corn Spinach Salad Assorted Fruit Fresh Fruit <b>Chilled Applesauce(Pre-K &amp; Sat)</b> King Cake Milk	20 Chicken Patty on Bun Lettuce/Tomato/Pickle Baked Beans Crinkle Fries Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Milk  <div style="border: 1px solid black; padding: 2px; display: inline-block;">Nutrition Day</div> Sugar Snap Peas 	21 Boneless Chicken Wings Mashed Potatoes Carrot Soufflé Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Biscuit Milk	22 Hamburger on Bun w/wo Cheese Lettuce/Tomatoes/Pickles Fresh Fruit Shoestring Fries Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges(Pre-K &amp; Sat)</b> Cookie Milk
25 Sloppy Joe on Bun Seasoned Green Peas Baked Beans Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Garlic Roll Milk	26 Calzones(Cheese) Italian Salad Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Peaches(Pre-K &amp; Sat)</b> King Cake Milk	27 Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Crinkle Fries California Blend Assorted Fruit Fresh Fruit <b>Chilled Pears(Pre-K &amp; Sat)</b> Milk	28 Cheese & Pepperoni Pizza (Hand Tossed) Creamed Spinach Caesar Salad Assorted Fruit Fresh Fruit <b>Mandarin Oranges(Pre-K &amp; Sat)</b> Milk	