









# March 2019 St. Benilde Elementary Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				Beignets & Donuts <b>AND</b> Grill Cheese Triangle ( Pre-K ) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
4	5	6	7	8
SCHOOL CLOSED	SCHOOL CLOSED  Mardi Gras 	School Closed	School Closed	School Closed
11	12	13	14	15
Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	Pancakes w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	French Toast w/ Sausage Patty <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	Beignets & Donuts <b>AND</b> Grill Cheese Triangle ( Pre-K ) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
18	19	20	21	22
Sausage Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	Waffle w/ Scrambled Eggs <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk  St. Joseph's Day 	Breakfast Pizza <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk  Nutrition Day 	Pancake Wrapped Sausage <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Peaches (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	Beignets & Donuts <b>AND</b> Grill Cheese Triangle (Pre-K) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk
25	26	27	28	29
Chicken Biscuit <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pears (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	Pancakes w/ Sausage Links <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Applesauce (Pre-K)</b> Fresh fruit Potato Rounds Tomato Juice Milk	Scrambled Eggs with Sausage Patty & Toast <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Pineapple (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk	No Breakfast	Beignets & Donuts <b>AND</b> Grill Cheese Triangle ( Pre-K ) <b>AND</b> Cereal & Toast <b>AND</b> Grits Assorted Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Fresh Fruit Potato Rounds Tomato Juice Milk





# March 2019 St. Benilde Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Shepherds Pie Glazed Carrots Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Southern Butter Roll Rice Krispie Milk
SCHOOL CLOSED	SCHOOL CLOSED	School Closed	School Closed	School Closed
	 Mardi Gras	 ASH WEDNESDAY		
Red Beans Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> Biscuit Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Peaches (Sat &amp; Pre-K)</b> Cinnamon Roll Milk	Meatballs and Red Gravy Spaghetti Broccoli w/ Cheese Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Garlic Roll Milk	BBQ Chicken Potato Salad Glazed Carrots Seasoned Green Peas Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges (Pre-K)</b> Southern Butter Roll Milk	Shrimp Pasta Italian Salad Seasoned Green Beans Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Southern Butter Roll Cake Milk
Salisbury Steak Mashed Potatoes w/Gravy Black Eye Peas Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Cornbread Milk	Meatless Sauce Spaghetti Fried Fish Seasoned Green Peas Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Applesauce (Pre-K &amp; Sat)</b> Garlic Roll Milk	Chicken Stew Rice Carrot Soufflé Spinach Salad Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Biscuit Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Cinnamon Roll Milk	Shrimp Gumbo Rice Potato Salad Roasted Broccoli Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges (Pre-K &amp; Sat)</b> Garlic Roll Cookie Milk
	St. Joseph's Day 	Nutrition Day 		
Chicken Parmesan Spaghetti Seasoned Green Peas Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Garlic Rolls Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Cinnamon Roll Milk	Red Beans Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Cornbread Milk	Turkey Stew Rice Creamed Spinach Caesar Salad Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges(Pre-K &amp; Sat)</b> Southern Butter Roll Milk	Fried Catfish Mac & Cheese Potato Salad Glazed Carrots Assorted Fruit Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Southern Butter Roll Rice Krispie Milk



# March 2019 St. Benilde Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Brunch for Lunch</b> Scrambled Eggs Sausage Patty Grits Biscuit Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit <b>Tropical Fruit (Pre-K &amp; Sat)</b> Rice Krispie Milk
SCHOOL CLOSED	SCHOOL CLOSED	School Closed	School Closed	School Closed
	 Mardi Gras	 ASH WEDNESDAY		
Chicken Nuggets California Blend Baked Beans Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> Biscuit Milk	Calzones(Pepperoni) Spinach Salad Golden Corn Fresh Fruit Assorted Fruit Fresh Fruit <b>Chilled Pears (Pre-K &amp; Sat)</b> Cinnamon Roll Milk	Chicken Patty on Bun Lettuce/Tomato/Pickle Crinkle Fries Broccoli w/Cheese Assorted Fruit Fresh Fruit <b>Chilled Peaches (Pre-K &amp; Sat)</b> Milk	<b>Brunch for Lunch</b> Pancakes Sausage Patty Grits Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit <b>Mandarin Oranges (Pre-K &amp; Sat)</b> Milk	Cheese Pizza with Rolled Edges Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Cake Milk
Cheese & Pepperoni Pizza (Hand Tossed) Baked Beans Shoestring Fries Assorted Fruit Fresh Fruit <b>Chilled Pears(Pre-K &amp; Sat)</b> Milk	Grilled Cheese Sandwich Green Peas Spinach Salad Assorted Fruit Fresh Fruit <b>Chilled Applesauce(Pre-K &amp; Sat)</b> Milk	Chicken Patty on Bun Lettuce/Tomato/Pickle Carrot Souffle Crinkle Cut Assorted Fruit Fresh Fruit <b>Chilled Tropical Fruit (Pre-K &amp; Sat)</b> Milk	Boneless Chicken Wings Mashed Potatoes Corn Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Cinnamon Roll Milk	Shrimp Poppers Roasted Broccoli Shoestring Fries Assorted Fruit Fresh Fruit <b>Chilled Mandarin Oranges(Pre-K &amp; Sat)</b> Garlic Roll Cookie Milk
	St. Joseph's Day 	Nutrition Day 		
Sloppy Joe on Bun Seasoned Green Peas Baked Beans Assorted Fruit Fresh Fruit <b>Chilled Pineapple (Pre-K &amp; Sat)</b> Milk	Calzones(Cheese) Italian Salad Golden Corn Assorted Fruit Fresh Fruit <b>Chilled Peaches(Pre-K &amp; Sat)</b> Cinnamon Roll Milk	Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Smile Fries California Blend Assorted Fruit Fresh Fruit <b>Chilled Pears(Pre-K &amp; Sat)</b> Milk	Cheese & Pepperoni Pizza (Hand Tossed) Creamed Spinach Caesar Salad Assorted Fruit Fresh Fruit <b>Mandarin Oranges(Pre-K &amp; Sat)</b> Milk	<b>Brunch for Lunch</b> Scrambled Eggs Grits Biscuit Tator Tots Fresh Baby Carrots Assorted Fruit Fresh Fruit <b>Tropical Fruit (Pre-K &amp; Sat)</b> Rice Krispie Milk