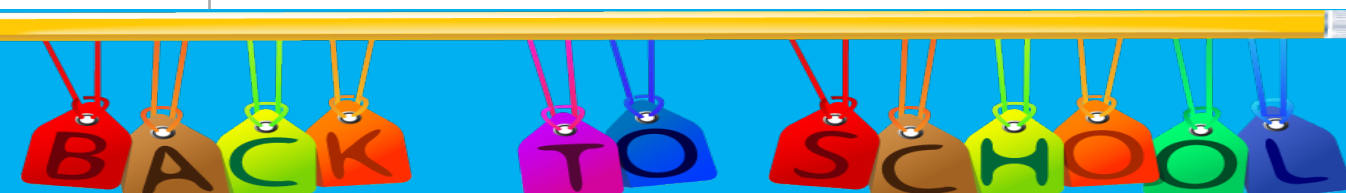


August 2019 St. Benilde's Breakfast Cycle Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
			Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit	Beignets & Donuts AND Cereal & Toast AND Grits Assorted Fruit
			Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
12	13	14	15	16
Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit	Pancakes w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit	Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit	French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit	Beignets & Donuts AND Cereal & Toast AND Grits Assorted Fruit
Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
19	20	21	22	23
Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit	Waffle w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit	Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit	Beignets & Donuts AND Cereal & Toast AND Grits Assorted Fruit
Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Pineapples (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk
26	27	28	29	30
Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit	Pancakes w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit	Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit	French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit	Beignets & Donuts AND Cereal & Toast AND Grits Assorted Fruit
Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk	Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk	Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice

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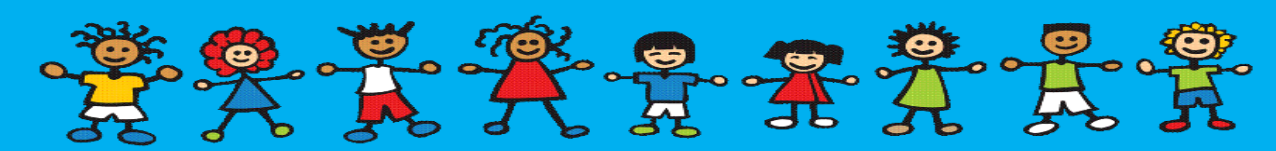
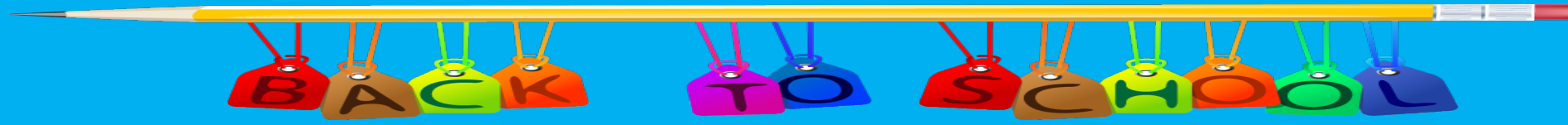


August 2019 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			No School	No School
5	6	7	8	9
No School	No School	No School	Chicken Smackers White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Frenchbread Milk	Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Biscuit Brownie Milk
12	13	14	15	16
Red Beans Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K) Cornbread Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cinnamon Roll Milk	Chicken & Sausage Gumbo Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Garlic Roll Milk	Shrimp Boil with Dutch Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) French Bread Milk	Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Garlic Roll Cookie Milk
19	20	21	22	23
Chicken & Sausage Jambalaya White Beans Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Frenchbread Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Cinnamon Roll Milk	Shrimp Pasta Carrot Souffle Seasoned Greenbeans Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk	Chicken Parmesan Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Garlic Roll Milk	Beef Stew Seasoned Greenpeas Roasted California Blend Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Southern Butter Roll Rice Krispie Treat Milk
26	27	28	29	30
Sweet Baby Ray's Backyard BBQ Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk	Red or White Beans Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk	Meatsauce & Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Garlic Roll Milk	Chicken & Sausage Gumbo Seasoned Greenbeans Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Biscuit Cake Milk

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August 2019 St. Benilde's Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			No School	No School
5	6	7	8	9
No School	No School	No School	Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Baked Beans Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Milk	Boneless Wings Roasted Broccoli Buttered Mashed Potatoes Assorted Fruit Fresh Fruit Chilled Pineapples(Pre-K) Biscuit Brownie Milk
12	13	14	15	16
Sloppy Joe on Bun Baked Beans Smile Fries Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Milk	Pepperoni & Cheese Pizza Golden Corn Popeye Salad Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cinnamon Roll Milk	Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Glazed Carrots Shoestring Fries Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Milk	White Grilled Cheese Sandwich w/ Soup Corn on Cob Caesar Salad Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Milk	General Tso Chicken Smackers Roasted Broccoli Crinkle Fries Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Garlic Roll Cookie Milk
19	20	21	22	23
Hamburger on Bun w/wo Cheese Baked Beans Shredded Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Chilled Applesauce(Pre-K) Milk	Chicken Tenders Golden Corn Crinkle Fries Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Cinnamon Roll Milk	Loaded Nacho Supreme Bowl Shredded Lettuce & Tomatoes Carrot Souffle Assorted Fruit Fresh Fruit Chilled Pears(Pre-K) Milk	Pepperoni & Cheese Pizza Caesar Salad Shoestring Fries Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Milk	Chicken Sandwich Shredded Lettuce/Tomato/Pickle Smile Fries Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Rice Krispie Treat Milk
26	27	28	29	30
Sloppy Joe on Bun Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce(Pre-K) Milk	Yellow Grilled Cheese Sandwich Golden Corn Smile Fries Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk	Hamburger on Bun w/wo Cheese Baked Beans Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears(Pre-K) Milk	Creamy Ranch Chicken Pita Pocket Romaine Lettuce&Tomato Cup Crinkle Fries Assorted Fruit Fresh Fruit Chilled Pineapples(Pre-K) Milk	Pepperoni & Cheese Pizza Seasoned Greenbeans Shoestring Fries Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Cake Milk

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