



**Church of the
Guardian Angel**
A STEWARDSHIP PARISH

Blessed be God forever

***320 Franklin Turnpike
Allendale, New Jersey 07401***

WWW.GUARDIANANGELCHURCH.ORG

PARISH MISSION STATEMENT

We, the people of Guardian Angel Parish in the Archdiocese of Newark, are a community of Catholic Christians being formed by the Gospel of Jesus Christ. As a community open to the power and gifts of the Holy Spirit, we strive to work, share, and enjoy life as a witness to the true meaning of Christian Living.

We believe our mission is:

- To be a community of loving and caring people.
- To teach and witness the Good News of Jesus Christ.
- To celebrate that Good News in Sacraments and Prayer.
- To minister to all people in their spiritual and physical needs.

SACRAMENT OF BAPTISM

Please call Jo Ann Del Gatto at 201-981-7081 to arrange for infant baptism and parental instruction.

**SACRAMENT OF
CONFIRMATION**

Please contact Katie Cavazzini at 201-934-5554 for information about teen sacramental preparation.

**SACRAMENT OF EUCHARIST
The LORD'S DAY**

Saturday Eve - 5:30 p.m.
(Sunday Obligation)
Sunday - 7:30 a.m., 10:00 a.m., 11:30 a.m.
WEEKDAYS: Monday - Friday - 9:00 a.m.
(Rectory Chapel)
HOLY DAYS: schedule posted in bulletin.

**SACRAMENT OF
RECONCILIATION**

Saturday - 4:30 p.m. to 5 p.m. and by appointment.

SACRAMENTS FOR THE SICK

Please contact the Rectory for the Sacrament of the Anointing of the Sick and to request Communion for the homebound.

SACRAMENT OF MATRIMONY

Please call the Rectory at least one year in advance.

SACRAMENT OF HOLY ORDERS

Please contact Father Charlie or the Archdiocesan Vocations Office at 973-497-4365.

***RCIA -The Rite of
Christian Initiation of Adults***

If you are an adult interested in becoming Catholic, or if you are a baptized Catholic who would like to receive the Sacrament of Eucharist and/or Confirmation, please call Fr. Charlie at 201-327-4359 or Susan Brown at 201-327-2360.

PASTORAL STAFF

	201-327-4359
Rev. Charles Pinyan, <i>Pastor</i>	x201
cpinyan@guardianangelchurch.org	
Rev. Donald Sheehan, <i>Priest in Residence</i>	x214
Rey Escalon, <i>Deacon</i>	201-264-0145
escalonr@hotmail.com	
Lori O'Reilly, <i>Parish Secretary</i>	x202
loreilly@guardianangelchurch.org	
Irene Nayden, <i>Parish Catechetical Leader</i>	x208
inayden@guardianangelchurch.org	
Jean Borzilleri, <i>Secretary for Religious Education</i>	x205
jborzilleri@guardianangelchurch.org	
Silvana Anello, <i>Rental Coordinator</i>	x218
sanello@guardianangelchurch.org	
Katie Cavazzini, <i>Youth Minister</i>	x204
kcavazzini@guardianangelchurch.org	
Andrew Monticello, <i>Director of Music</i>	201-925-4756
a_monticello@hotmail.com	
Robert Yager, <i>Custodian</i>	x203
ryager@guardianangelchurch.org	
Stan Brach and Jean Escalona, <i>Trustees</i>	
Rectory Phone	(201) 327-4359
Rectory Fax	(201) 327-6478
Youth Ministry	(201) 934-5554
Religious Education	(201) 327-0352
Rentals	(201) 783-5414

Pastoral Council

Parish Pastoral Council meets in the Rectory on the second Monday of the month at 7:30 P.M.

Prayer Chain Ministry

Coordinator: Arlene Sabino (201) 934-8441

STEWARDSHIP OF TIME AND TALENT

Ministry of Worship

<i>Adult Leader for Children's Church</i>	
Irene Nayden	(201) 327-0352
<i>Altar Linens</i>	Jean Borzilleri (201) 818-1559
<i>Altar Server</i>	Michael Schmidt (201) 934-3353
<i>Collection Counters</i>	Frank Anello (201) 934-1331
<i>Extraordinary Ministers of Holy Communion</i>	
Mary O'Flaherty	(201) 652-5286
<i>Monthly Rosary</i>	Kathie Brach (201) 236-3116
<i>Music/Choir Ministry</i>	
Andrew Monticello	(201)-925-4756
<i>Readers of the Word (Lectors)</i>	
Robert & Patty Durso	(201) 760-9169

Ministry of Faith Formation

<i>Baptismal Preparation Ministry</i>	
JoAnn Del Gatto	(201) 981-7081
<i>Catechetical Ministry (1-9)</i>	
Irene Nayden	(201) 327-0352
<i>Cornerstone - Men's Spirituality</i>	
Rey Escalon	(201) 264-0145
<i>Cornerstone - Women's Spirituality</i>	
Carolyn Blake	(201) 825-1931

Ministry of Faith Formation (Cont'd)

<i>RCLA - Rite of Christian Initiation of Adults</i>	
Susan Brown	(201) 327-2360
<i>RCLA - Rite of Christian Initiation-Children</i>	
Irene Nayden	(201) 327-0352

Ministry of Evangelization

<i>AIDS Ministry</i>	Noreen Prior (201) 236-1921
	Arlene Sabino (201) 934-8441
<i>Messengers of Love</i>	Elayne McGill (201) 327-1547
<i>Photography Ministry</i>	Bill Konvit (201) 825-2972
<i>Prayer Chain Ministry</i>	Arlene Sabino (201) 934-8441

Ministry of Service

<i>Art & Environment Ministry</i>	
	Sophia Boniello (201) 803-6459
	Julia DiNardo (201) 723-7783
	Lori Massie (201) 281-7515
<i>Bereavement Ministry</i>	Joe Lisella (201) 825-2204
<i>Communication/Marketing</i>	
	Gerry Del Gatto (201) 825-7383
<i>Computer/Data Entry</i>	Richard Shinnick (201) 236-2112
<i>Food Pantry Ministry</i>	John Lowe (201) 327-9397
	Sue Zitolo (201) 934-9372
<i>Funeral Ministry</i>	John Frederick (201) 327-3753
<i>Giving Tree Ministry</i>	Anna DiMiceli (201) 825-7039
<i>Grounds & Maintenance Ministry</i>	
	Father Charlie (201) 327-4359
<i>Homeless Shelter Ministry</i>	Joe Zitolo (201) 934-9372
<i>Hospitality Ministry</i>	Kathleen Lucas (201) 236-2577
<i>Peace & Justice Ministry</i>	Gerry Del Gatto (201) 825-7383
<i>Remembrance Mass</i>	Kathie Brach (201) 236-3116
<i>Respect Life Ministry</i>	Veronica Lenzi (201) 962-3027
<i>Soup Kitchen Ministry</i>	Chuck Assicurato (201) 327-1393
<i>Welcome Ministry</i>	Jean Escalona (201) 825-3817

Ministry of Stewardship & Finance

<i>Finance Council</i>	Michael Simendinger (201) 236-3135
<i>New Energies</i>	Susan Bolton (201) 248.0412
<i>Pastoral Council</i>	Elaine Kehoe (201) 818-3946
<i>Stewardship Committee</i>	Jean Escalona (201) 825-3817

Ministry of Community Building

<i>Carnival</i>	Irene Nayden (201) 327-4936
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Ministry of Youth Stewardship

<i>Festival of Carols</i>	Andrew Monticello (201)-925-4756
<i>Living Stations</i>	Andrew Monticello (201)-925-4756
<i>Youth Group (Grades 6-8, 9-12)</i>	
	Katie Cavazzini (201) 934-5554
<i>Youth Mass Music Ministry</i>	
	Andrew Monticello (201)-925-4756

Visit www.guardianangelchurch.org for up to date information about the parish! Are you a snowbird? Moving? You can update your address by going to the About section and scroll down to Update Parish Information! Go to the calendar be a part of all the great things happening at Guardian Angel!



A Message from the Pastor

November 19, 2017
Thirty-Third Sunday in Ordinary Time

Dear parishioners,

With Thanksgiving approaching this week, our minds and hearts turn ever more readily toward God to give thanks. How wonderful it would be to cultivate gratitude to God every day – even as St Paul urges us, to pray without ceasing.

One of the things for which we can be grateful is shelter. This is not merely a Third-World problem, or a matter for those afflicted by storms and earthquakes. It is an issue right here in Bergen County too. This week Guardian Angel parish will again host several families overnight in our parish Auditorium, with volunteers to prepare meals and stay overnight from several churches here in Allendale. This is part of our participation in “Family Promise.”

According to the Family Promise network, which reaches out to help homeless families, right here in Bergen County at least 339 school-aged children were identified as being homeless last year. When a family with no income becomes homeless, they are eligible for temporary rental assistance. But when a family with some income, but not enough to afford housing, becomes homeless, then that family does not qualify for assistance.

Family Promise is the only organization in Bergen County that provides shelter and support to homeless working families with children. Guardian Angel parish, and the other Christian communities of Allendale, work together locally with the Family Promise organization. We provide overnight shelter for a week several times a year, including a couple of weeks in our own Auditorium. **THIS WEEK IS ONE OF THOSE WEEKS.** Think about the reality of it – families in our own area homeless during Thanksgiving week!

Family Promise offers support – job training, education, childcare, transportation and more – so that families have the resources to compete for jobs that earn a living wage. Besides our ministry of service – providing a place, meals and overnight host volunteers, you can support Family Promise financially. Donations may be sent to: Family Promise of Bergen County, 100 Dayton St, Ridgewood, NJ 07450. Your support makes a real difference for the families we serve and helps provide for:

- Beds for children in the sheltering program
- Rent for a transitional apartment for a family
- Financial literacy and empowerment workshops so parents can improve life skills
- A monthly bus pass so parents can get to and from work
- Job training classes for parents can get a better paying job with benefits
- Safe, reliable childcare for pre-schoolers so parents can work full-time

In Christ,

Father Charlie

COME MEET CARDINAL TOBIN

Our Archbishop, Cardinal Joseph Tobin, is visiting each deanery in his first year of service, and this month he comes to our area! **All are invited to a Mass with Cardinal Tobin at 7:30 p.m. on Wednesday, Nov. 29th at Our Lady of Perpetual Help in Oakland.** The Mass will be followed by a “town hall” style gathering where people will have the opportunity to express their input to the Cardinal. I hope you will join me in attending this very special evening. No reservations are required.

In Christ,
Father Charlie

BE MY WITNESS UPDATE

How quickly our six weeks are going. As we met for Session 11, Witnessing Through Social Action, we were reminded how much our faith is connected to reaching out to the poor, the vulnerable, the oppressed and the neglected. Our social actions are a strong witness to our faith. Whatever you do for the least of my brothers, you do for me. We have many opportunities to witness here at Guardian Angel. The Aids Ministry is collecting coffee, sugar, Ensure and toiletries this weekend. Our Annual Thanksgiving food collection puts together whole dinners for families and working together we have an amazing impact showing gratitude for God's love.

As we complete Session 12, we feel blessed to have had the opportunity to pray, study scripture, and share our faith. We hope to carry this energy to others blessing, enlivening, supporting, and healing on this journey. We invite everyone to our Advent large group celebration on Wed. Dec. 6 at 7:30 in the Barn. It will be a joyful witness to God's presence in our lives. We thank all our facilitators for their faithfulness and commitment to Be My Witness.



Family Promise is looking for cooking and chaperones for our week in January on Tuesday the 2nd and Thursday the 4th. Contact Joe Zitolo (201-934-9372) for meals and Tony Sabino (tonys22466@aol.com) for chaperones.

Meal volunteers prepare a meal for volunteers and guests.

Chaperone responsibilities: Arrive around 6:30pm, socialize with the families making them feel welcome and comfortable. You get to eat, mingle and sleep and in the morning just make sure everyone is up for pickup at 6am. Then you are on your way. Guests are usually in bed early and lights out is 10PM. The volunteers are free to go to sleep at that time. The parents are responsible for their children at all times. The sleep over volunteers are there to provide support, in case one of the parents needs assistance for some reason. There are always two volunteers assigned each night, so you are never on your own.

Masses for the Week

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Sunday	November 19
5:30 pm	Babblonia, Castronuova, Favata, Muhlhahn Families
7:30 am	Belva Jean McGee
10:00 am	William Weik
11:30 am	Richard Harrison
Monday	November 20
9:00 am	Jean Steinmetz
Tuesday	November 21
9:00 am	For the Intentions of Gerry & Anna Delgatto
Wednesday	November 22
9:00 am	Shaun Sullivan
Thursday	November 23 - Happy Thanksgiving
9:00 am	People of the Parish
Friday	November 24
9:00 am	Fr. Paschal Tsiquaye
Saturday	November 25
5:30 am	Frank Vitale
Sunday	November 26
7:30 am	Antonio & Teresa Cristiano
10:00 am	John Impomeni
11:30 am	Robert Haynes

STEWARDSHIP OF TREASURE

Guardian Angel is a tithing parish. Biblical tithing means 10% of gross income to God. We ask half of this, or 5%, for your Parish Church.

Weekly Offering

November 12th collection was \$8,238 with \$4,794 from the collection basket and \$3,444 from Faith Direct.

With Thanksgiving and the Season of Advent coming up, enrolling in Faith Direct is a great way to ensure your gifts to Guardian Angel are received even while you are traveling for the holidays. Visit www.faithdirect.net and use our church code: **NJ513**. Thank you, Fr. Charlie

Wishing everyone a happy Thanksgiving!

The Rectory office will be closed Thursday and Friday, November 23rd and 24th, for the Thanksgiving holiday.

CATHOLIC RELIEF SERVICES COLLECTION

This week, we are taking up The Catholic Relief Services Collection to respond to **Jesus in disguise**. This collection helps six Catholic agencies to provide relief and support to struggling communities and to work toward peace and reconciliation among our marginalized brothers and sisters here and around the world. In the United States, one in six people lives in poverty. With this collection you support programs that address the causes of poverty and provide a sustainable future for those who are struggling across the country. Please prayerfully consider how you can support the collection. Learn more at www.usccb.org/catholic-relief or www.usccb.org/cchd/collection.

CELEBRATING THANKSGIVING IN FAITH

Our parish will celebrate a Mass on Thanksgiving Day (Thursday November 23rd) at 9 a.m. in our Church. While not a "Holy Day of Obligation" this is a wonderful way for our community of faith to start the day ... as the nation "gives thanks," may we explicitly heed the call to direct our thanks to God, the source of all blessings.

READINGS FOR THE WEEK

Sunday: Prv 31:10-13, 19-20, 30-31; Ps 128:1-5; 1 Thes 5:1-6; Mt 25:14-30 [14-15, 19-21]
 Monday: 1 Mc 1:10-15, 41-43, 54-57, 62-63; Ps 119:53, 61, 134, 150, 155, 158; Lk 18:35-43
 Tuesday: 2 Mc 6:18-31; Ps 3:2-7; Lk 19:1-10
 Wednesday: 2 Mc 7:1, 20-31; Ps 17:1bcd, 5-6, 8b, 15; Lk 19:11-28
 Thursday: 1 Mc 2:15-29; Ps 50:1b-2, 5-6, 14-15; Lk 19:41-44
 Thanksgiving Day, Suggested: Sir 50:22-24; Ps 145:2-11; 1 Cor 1:3-9; Lk 17:11-19
 Friday: 1 Mc 4:36-37, 52-59; 1 Chr 29:10bcd, 11-12; Lk 19:45-48
 Saturday: 1 Mc 6:1-13; Ps 9:2-4, 6, 16, 19; Lk 20:27-40
 Sunday: Ez 34:11-12, 15-17; Ps 23:1-3, 5-6; 1 Cor 15:20-26, 28; Mt 25:31-46

GIVING TREE IS HERE!



'Tis the season! Share the joy of Christmas with the kids of PS #28!

Once again our parish will be providing gifts for Kindergarten and Pre-K students at Pater-son's Public School #28. The Giving Tree is located in the vestibule of the Church. Please purchase and wrap the requested item and return the gift **with the tag attached** to the Church by **Sunday, December 10th**. Select as many tags as you wish. Santa and his helpers will deliver the packages on Wednesday, December 13th. If you have any questions or would like to help distribute the gifts, please call Anna DiMiceli at 201-825-7039 or annadimiceli@realtor.com.

ST. ANTHONY'S FOOD PANTRY

NOVEMBER ITEMS NEEDED

85 Bags of Rice per week
85 Bottles of Pancake Syrup per week



Donations can be dropped off at the St. Anthony Food Pantry in the back of the Church. Monetary donations are always welcome and can be placed in the orange bucket at the Food Pantry. Donations for the week ending November 12 included 24 bags of rice and 17 bottles of pancake syrup. Please note that *Perishable Items Cannot Be Accepted*. If you have any questions or comments feel free to contact Sue Zitolo at 201-934-9372, szitolo@aol.com or John Lowe at 201-327-9397, john.lowejr@att.net.

YOUTH MINISTRY

Catholic Highlight of the Week:

How to Really Peak in High School... and the Rest of Your Life

An excerpt from a LifeTeen blog post written by Thomas Clements

WAYS TO CLIMB

If you're struggling to overcome the life of the world, here are some keys to starting to live for heaven right now:

1. **Sacraments:** Jesus gives us great graces in the Sacraments with which He is helping to increase our love and overcome what is bad for us. Going to Confession and receiving Communion are great ways to do battle against sin.
2. **Reading Scripture:** Allow God to speak to you through the Bible. It truly is His word that He meant for you to read. He also gives us many wonderful examples of heroism and triumph through God's help.
3. **Prayer and Sacrifice:** Prayer is our time spent with God. This can be done by speaking to Him, thinking about Him, staying quiet and listening, or simply sitting in His presence. All are beautiful and all help us grow closer to God. Furthermore, Jesus Himself said that we need to fast as well as pray. We can fast by giving things up. Try giving up something, even something that is not 'bad', simply to strengthen your will and offer to God a worthy sacrifice.

The True Peaks Awaits

"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity" (1 Timothy 4:12)

It still might be hard at first, but good things are difficult. And the really good things are worth the sacrifice. Go ahead and give it your best and let God be your strength — aim to peak in high school, and keep that peak up as you grow older. With God's help, anything is possible.

COLLEGE CARE PACKAGES

The College Care Packages are getting ready to be shipped out to parishioners around the country. If you have or know of a college student you'd like us to send a package to, please email Katie at (kcavazzini@guardianangelchurch.org) with his or her exact mailing address by Tuesday, November 21. The packages will be shipped after Thanksgiving. To offset shipping costs, monetary donations are always welcome.

CARDINAL TOBIN'S VISIT

Our Archbishop, Joseph Cardinal Tobin is coming to Our Lady of Perpetual Help in Oakland, NJ on Wednesday, November 29. He will have Mass at 7:30pm followed by a "Town Hall" style meeting. All are invited! **In lieu of Youth Group that night, teens are invited to meet at Guardian Angel at 6:45pm. High School teens RSVP to Katie by Wednesday, November 22. Signed permission slips are needed.**

RELIGIOUS EDUCATION

This past week the Religious Education Classes participated in the Center for Food Action Thanksgiving Food Drive. Through the generosity of the Religious Ed families and other parishioners who participated we were able to send over 20 complete Thanksgiving Dinners to the Center. In addition to the full dinners we had enough leftover parts of meals to fill even more baskets. As usual our parish has been very generous! Thank you for your participation.

Just a reminder that there are no Religious Ed classes for grades 1 through 8 this Tuesday.

Festival of Carols practices begin next weekend. It is not too late to join. We will meet in the church on Sunday November 26th from 1:00 to 2:30.

There is still time to sign up for the children's choir at the 4:00 PM Christmas Eve Family Mass. If your child in grades K – 12 is interested in singing, please contact the Religious Education office ASAP for further information. Rehearsals will be once a week in December and singers will be asked to come to church by 3:00 on Christmas Eve.

PLEASE NOTE THAT THE RELIGIOUS EDUCATION OFFICE WILL BE CLOSED ON WEDNESDAY, THURSDAY AND FRIDAY THIS WEEK FOR THE THANKSGIVING HOLIDAY.

FAMILY RETREAT

The annual Advent Family Retreat will be Saturday, December 2nd starting at 1:30pm in the Auditorium. The retreat concludes with the 5:30pm Vigil Mass of the First Sunday of Advent. Please RSVP to Katie by Wednesday, November 22 if you will be attending. (Family Retreat fulfills both Family Catechesis requirements.)

COMING SOON...

Tuesday, Nov. 21	Confirmation Small Group Prep 7:30pm Rectory
Wednesday, Nov. 22	NO YOUTH GROUP
Tuesday, Nov. 28	Confirmation Small Group Prep 7:30pm Rectory
Wednesday, Nov. 29	Cardinal Tobin's Visit
Saturday, Dec. 2	Advent Family Retreat 1:30pm Auditorium Youth Mass 5:30pm Church
Tuesday, Dec. 5	Confirmation Penance Service 7:30pm Church
Wednesday, Dec. 6	Youth Group 7:30pm Rectory
Tuesday, Dec. 12	Confirmation Small Group Prep 7:30pm Rectory
Wednesday, Dec. 13	Youth Group 7:30pm Rectory
Wednesday, Dec. 20	Advent Lectio Divina 8:00pm Church Youth Group Christmas Party 7:30pm Rectory

Katie Cavazzini - Youth Minister
201-934-5554
kcavazzini@guardianangelchurch.org

ALTAR LINENS MINISTRY

Please consider becoming part of the Altar Linen Ministry! The commitment is minor, only about four times a year. A few of our participants are retiring so we are looking to add some new members. Please contact Jean Borzilleri at 201-327-0352 or e-mail her at jborzilleri@guardianangelchurch.org.



STEWARDSHIP WEEKLY REFLECTION

November 19, 2017
33rd Sunday in Ordinary Time

"Well done, my good and faithful servant. Since you have been faithful in small matters, I will give you great responsibilities." MATTHEW 25:21

God expects us to nurture and develop the gifts He has given us and then generously return a portion with increase. He doesn't want us to waste or hoard the gifts He has given us; He expects us to grow our gifts, use them wisely and be generous with them. Unfortunately, many of us are not generous in proportion to all that God has given us.

CATHOLIC EVERYTHING EXPO

On December 2 and 3, John Leaps Foundation Inc, will be hosting The Catholic Everything Expo in the Meadowlands Expo Center, Secaucus, NJ. Tickets for 2 days \$50. Theme is on Rebuilding the Church! Dynamic Speakers, Entertainment and great Catholic vendors. We have the mission to lift up all Catholic Missions- bringing them together under one roof. Epic event you don't want to miss! 800-313-6933 Be Catholic Proud!

www.catholiceverythingexpo.com

Nativity's Broadway Extravaganza *with Ciarán Sheehan*

Sunday, December 10, 2017 at 3:00PM
Church of the Nativity - Midland Park, NJ 07432

Tickets are \$25. *Limited Premium Seating* is available for \$50 per ticket. All tickets are available, first come, first served, after weekend Masses in the Church starting the weekend of November 11/12 while supplies last. Tickets are also available at the Rectory on weekdays. Checks are to be payable to Church of the Nativity. For ticket information contact Church of the Nativity at 201.444.6362 or Nativityparish.reception@gmail.com.

To get a sneak preview of Ciarán Sheehan, check out his website at ciaransheehan.com.

IMPORTANT CHURCH WEBSITES:

Church of the Guardian Angel Website:

www.guardianangelchurch.org

Facebook:

www.facebook.com/GuardianAngelChurchAllendale/

The Archdiocese of Newark

www.rcan.org

The Catholic Advocate

www.rcan.org/advocate

Away for the weekend? Go to: www.masstimes.org

5 Ways to Observe the World Day of the Poor

FROM CATHOLIC RELIEF SERVICES

PUT FIRST, WHAT IS THE WORLD DAY OF THE POOR?

In his apostolic letter to close the Year of Mercy, Pope Francis suggested the Catholic Church set aside one day each year when communities can "reflect on how poverty is at the very heart of the Gospel." He designated this day as the "World Day of the Poor." It will be celebrated on the thirty-third Sunday in Ordinary time (two Sundays before the season of Advent each year.) The inaugural World Day of the Poor is Sunday, November 19, 2017.



"It would be a day to help communities and each of the baptized to reflect on how poverty is at the very heart of the Gospel and that, as long as Lazarus lies at the door of our homes (cf Lk 16:19-21), there can be no justice or social peace. This Day will also represent a genuine form of new evangelization (cf Mt 11:5) which can renew the face of the Church as She perseveres in her perennial activity of pastoral conversion and witness to mercy. - Pope Francis

HERE ARE 5 WAYS YOU CAN OBSERVE THE WORLD DAY OF THE POOR:

1. PRAY FOR THE POOR.

There are so many people who need our prayers. If you're overwhelmed and not sure where to start, try praying with your newsfeed. As you see headlines about what's happening around the world, pause and pray for the people affected by those stories.

2. PRACTICE THE CORPORAL WORKS OF MERCY.

The Corporal Works of Mercy are drawn from Jesus' life and teachings. They call us to: feed the hungry, give drink to the thirsty, shelter the homeless, visit the sick and imprisoned, bury the dead and give alms to the poor. Pope Francis added a new work of mercy: to care for God's creation. The Corporal Works of Mercy offer a clear model and starting point for how to care for our neighbors in need.

3. MAKE CARING FOR THE POOR PART OF YOUR ROUTINE.

Do you buy coffee, chocolate or Christmas gifts? One way to support low-income workers around the world is by buying things you use on a regular basis from organizations that pay a fair wage. If you drink coffee or tea, look for a fair trade label, which means that the farmers who harvest the coffee or tea are paid fairly and work in safe conditions. As you begin your Christmas shopping, consider buying gifts from around the world that are produced and traded ethically.

4. LEARN ABOUT THE CAUSES OF POVERTY AND WORK TO CHANGE THEM.

There are many reasons why people around the world are trapped in poverty: lack of jobs, war and climate change that affects what farmers can grow are only a few examples. We can raise our voices together to ask our government to support policies that help address these causes of poverty.

5. SUPPORT THE CHURCH'S OUTREACH TO THE POOR.

One way to care for the poor around the world is to support the work of Catholic Relief Services, the international humanitarian agency of the Catholic community in the United States. CRS is motivated by the example of Jesus Christ to assist poor and suffering people in more than 100 countries. **Learn more and get involved at crs.org/world-day-poor.**

COVER SHEET

CHURCH NAME AND ADDRESS

259750: Guardian Angel Church
320 Franklin Tpke.
Allendale, NJ 07401

PHONE

201-327-4359 x202

CONTACT PERSON

Lori O'Reilly

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