

Introductory Rites

*Greeting*

Peace be with you and with all who live here.

*Penitential Rite*

My brothers and sisters, let us acknowledge our sins and so prepare ourselves for this celebration.

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**Amen.**

Liturgy of the Word

A reading from the Gospel of John (John 6:54:58)

Jesus says: "He who feeds on my flesh and drinks my blood has life eternal, and I will raise him up on the last day. For my flesh is real food and my blood real drink. The man who feeds on my flesh and drinks my blood remains in me, and I in him. Just as the Father who has life sent me and I have life because of the Father, so the man who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and died nonetheless, the man who feeds on this bread shall live forever." He said this in a synagogue instruction at Capernaum.

Liturgy of Holy Communion

*The Lord's Prayer*

At our Savior's command and formed by divine teaching, we dare to say:

**OUR FATHER, Who art in Heaven, hallowed be Thy Name.**

**Thy kingdom come, Thy will be done on earth as it is in Heaven.**

**Give us this day our daily bread, and forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil. Amen.**

*Communion*

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

The body of Christ.

**Amen.**

*Silent Prayer*

*Concluding Rite*

Let us pray. God our Father, almighty and eternal, we confidently call upon you, that the body of Christ which our brother (sister) has received may bring him (her) lasting health in mind and body. We ask this through Christ our Lord. **Amen.**

*Blessing*

May God the Father bless you. **Amen.**

May God the Son heal you. **Amen.**

May God the Holy Spirit enlighten you. **Amen.**

May God protect you from harm and grant you salvation. **Amen.**

May He shine on your heart and lead you to eternal life. **Amen.**

And may almighty God, the Father, and the Son, and the Holy Spirit bless you all.

**Amen.**