

# Lunch Includes:

- \*Main or Alternate Entree
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk




# February, 2019

Monthly Menu  
Price Per Lunch \$2.75



If writing a check, please make payable to: DOC Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Catholic Schools Week January 27th - February 2nd</b>				
 <b>Catholic Schools</b> Learn. Serve. Lead. Succeed.				
<b>Salisbury Steak with Gravy &amp; a Roll</b> <b>4</b> or A) Chicken Nuggets with a Roll Mashed Potatoes Applesauce Cup or Seasonal Fresh Fruit Cookie Treat	<b>Roasted Chicken with a Corn Muffin</b> <b>5</b> or A) Corn Dog  Carrots or Tossed Garden Salad Frozen Juice Cup	<b>Personal Pepperoni Pizza</b> <b>6</b> or A) Chicken Patty on a Bun Corn  Pears or Seasonal Fresh Fruit	<b>Chicken Tenders</b> <b>7</b> or A) Hamburger or Cheeseburger on a Bun Baked Beans or Tossed Garden Salad Mandarin Oranges	<b>Mac &amp; Cheese with Pretzel Rod</b> <b>1</b> or A) Cheesy Garlic Flatbread (with optional Dipping Sauce) Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit
<b>Cheese Quesadilla with Salsa</b> <b>11</b> or A) Chicken Nuggets with a Roll Carrots Peaches or Seasonal Fresh Fruit	<b>Beef Nachos</b> <b>12</b> (Taco Meat & Cheese Sauce over Tostitos Chips with optional Salsa and Black Beans) or A) Hot Dog on a Bun Corn or Tossed Garden Salad 100% Fruit Juice	<b>Meatball Sub</b> <b>13</b> or A) Popcorn Chicken with a Roll Potato Wedges Applesauce or Seasonal Fresh Fruit  Cookie Treat	<b>Crispy Oven Fried Chicken Drumstick with a Roll</b> <b>14</b> or A) Hamburger or Cheeseburger on a Bun French Fries or Tossed Garden Salad Mixed Fruit	<b>Grilled Cheese Sandwich</b> <b>15</b> or A) Cheesy Garlic Flatbread (with optional Dipping Sauce) Green Beans Fruit Yogurt Parfait or Seasonal Fresh Fruit Cheetos Treat
<b>Presidents' Day</b> <b>18</b> 	<b>Walking Taco</b> <b>19</b> (Beef Taco Meat & Shredded Cheddar Cheese served in a Bag of Tostitos Chips with optional Black Beans & Salsa) or A) Corn Dog Corn or Tossed Garden Salad 100% Fruit Juice Cookie Treat	<b>Salisbury Steak with Gravy &amp; a Breadstick</b> <b>20</b> or A) Chicken Patty on a Bun Mashed Potatoes Applesauce or Seasonal Fresh Fruit	<b>Popcorn Chicken with Rice</b> <b>21</b> (optional Mandarin Orange Sauce) or A) Hamburger or Cheeseburger on a Bun Broccoli or Tossed Garden Salad Mandarin Oranges Cheetos Treat	<b>Cheese Stuffed Breadsticks with Marinara Dipping Sauce</b> <b>22</b> or A) Cheese Pizza Slice (with optional Dipping Sauce) Carrot Sticks with Dip Pears or Seasonal Fresh Fruit
<b>Cheeseburger Sliders</b> <b>25</b> or A) Chicken Nuggets with a Roll French Fries Peaches or Seasonal Fresh Fruit 	<b>Fiestada Pizza</b> <b>26</b> or A) Hot Dog on a Bun Corn or Tossed Garden Salad  Frozen Juice Cup	<b>Pasta with Meat Sauce &amp; Garlic Toast</b> <b>27</b> or A) Popcorn Chicken with Garlic Toast Green Beans Apple Slices or Seasonal Fresh Fruit	<b>Honey BBQ Riblets with a Breadstick</b> <b>28</b> or A) Hamburger or Cheeseburger on a Bun Baked Beans or Tossed Garden Salad Sunshine Smoothie	

\*Please note that regulations require that at least one vegetable or fruit side be chosen with each lunch.

Look on reverse side for fun and learning with Chef Louie

SUBSTITUTION OF ITEMS MAY BE NECESSARY

This institution is an equal opportunity provider.