

Lunch Includes:

- *Main or Alternate Entree
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk












March, 2019

Monthly Menu
Price Per Lunch \$2.75



If writing a check, please make payable to: DOC Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
				Mac & Cheese with Pretzel Rod or A) Cheesy Garlic Flatbread (with optional Dipping Sauce) Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit ¹
Salisbury Steak with Gravy & a Roll ⁴ or A) Chicken Nuggets with a Roll Mashed Potatoes Applesauce Cup or Seasonal Fresh Fruit Cookie Treat	Roasted Chicken with a Corn Muffin ⁵ or A) Corn Dog Carrots or Tossed Garden Salad Frozen Juice Cup	Ash Wednesday Cheese Quesadilla with Salsa ⁶ or A) Mac & Cheese with Pretzel Rod Corn Pears or Seasonal Fresh Fruit	Chicken Tenders ⁷ or A) Hamburger or Cheeseburger on a Bun Baked Beans or Tossed Garden Salad Mandarin Oranges 	Mozzarella Sticks with Dipping Sauce ⁸ or A) Cheese Pizza Slice (with optional Dipping Sauce) Broccoli Fruit Cup or Seasonal Fresh Fruit Cookie Treat
Cheese Quesadilla with Salsa ¹¹ or A) Chicken Nuggets with a Roll Carrots Peaches or Seasonal Fresh Fruit	Beef Nachos ¹² (Taco Meat & Cheese Sauce over Tostitos Chips with optional Salsa and Black Beans) or A) Hot Dog on a Bun Corn or Tossed Garden Salad 100% Fruit Juice	Meatball Sub ¹³ or A) Popcorn Chicken with a Roll Potato Wedges Applesauce or Seasonal Fresh Fruit  Cookie Treat	Crispy Oven Fried Chicken Drumstick with a Roll ¹⁴ or A) Hamburger or Cheeseburger on a Bun French Fries or Tossed Garden Salad Mixed Fruit	Grilled Cheese Sandwich ¹⁵ or A) Cheesy Garlic Flatbread (with optional Dipping Sauce) Green Beans Fruit Yogurt Parfait or Seasonal Fresh Fruit Cheetos Treat
French Toast Sticks with Syrup ¹⁸ or A) Chicken Nuggets with a Roll Tator Tots Fruit Cup or Seasonal Fresh Fruit 	Walking Taco ¹⁹ (Beef Taco Meat & Shredded Cheddar Cheese served in a Bag of Tostitos Chips with optional Black Beans & Salsa) or A) Corn Dog Corn or Tossed Garden Salad 100% Fruit Juice Cookie Treat	Salisbury Steak with Gravy & a Breadstick ²⁰ or A) Chicken Patty on a Bun Mashed Potatoes Applesauce or Seasonal Fresh Fruit	Popcorn Chicken with Rice ²¹ (optional Mandarin Orange Sauce) or A) Hamburger or Cheeseburger on a Bun Broccoli or Tossed Garden Salad Mandarin Oranges Cheetos Treat	Cheese Stuffed Breadsticks with Marinara Dipping Sauce ²² or A) Cheese Pizza Slice (with optional Dipping Sauce) Carrot Sticks with Dip Pears or Seasonal Fresh Fruit
Cheeseburger Sliders ²⁵ or A) Chicken Nuggets with a Roll French Fries Peaches or Seasonal Fresh Fruit 	Fiestada Pizza ²⁶ or A) Hot Dog on a Bun Corn or Tossed Garden Salad Frozen Juice Cup 	Pasta with Meat Sauce & Garlic Toast ²⁷ or A) Popcorn Chicken with Garlic Toast Green Beans Fruit Cup or Seasonal Fresh Fruit	Honey BBQ Riblets with a Breadstick ²⁸ or A) Hamburger or Cheeseburger on a Bun Baked Beans or Tossed Garden Salad Sunshine Smoothie	Mac & Cheese with Pretzel Rod ²⁹ or A) Cheesy Garlic Flatbread (with optional Dipping Sauce) Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit

*Please note that regulations require that at least one vegetable or fruit side be chosen with each lunch. Look on reverse side for fun and learning with Chef Louie

SUBSTITUTION OF ITEMS MAY BE NECESSARY

This institution is an equal opportunity provider.