

# Our Lady of Mount Carmel

Sunday, August 12, 2018  
Nineteenth Sunday in Ordinary Time



## Served by:

Father Abuchi F. Nwosu, *Pastor*  
*fatherabuchi@aol.com*  
Father Peter Oddo, *Weekend Assistant*  
Deacon Anthony Barile  
Deacon Al Kucinski  
Deacon Edward Muller  
Dan Salvatore, *Coordinator of Religious Education*  
Matthew Arnold, *Music Director*  
*marnold@udel.edu*  
Caroline Mazzola, *Secretary*  
Ann Johnson, *Secretary*

## Parish Office

203 Newton-Swartwood Road  
Newton, NJ 07860  
Hours: 9:00am-1:00pm  
Phone: 973-383-3566  
Fax: 973-383-3831  
*mtcarmelswartwood@gmail.com*  
*www.olmcswartwood.org*

## Religious Education Office

Hours: 9:00am-1:00pm  
Phone: 973-579-2355

## Weekend Masses

Saturday: 5:00pm  
Sunday: 7:30am / 9:00am / 11:00am

## Daily Masses

Monday-Saturday: 8:30am (except Wed.)  
Wednesday: 7:00pm  
First Friday Mass: 2:00pm  
@Homestead Nursing Home  
Holy Days: 8:30am / 7:00pm

## Eucharistic Adoration

Monday 9:00am-12:00pm

## Sacrament of Reconciliation

Saturday 4:15pm-4:45pm

## Sacraments of Baptism, Marriage, & Anointing of the Sick

Please contact the office to arrange.

## OLMC Joy Club (Just Older Youth)

Patricia Cholasta  
973-534-7733

## Youth Group

Heather Falotico  
*olmcyg@gmail.com*

## Knights of Columbus, Council 9920

William R. Nagy, Grand Knight  
*Olmckofc9920@gmail.com*

## I feel I can never see light at the end of the tunnel?

This feeling comes when someone has suffered a debilitating defeat or there was a failure or mistake that causes more harm than good. Do you ever feel overwhelmed, weak, powerless, hopeless and thinking that there is no way forward? This may be a depression creeping into your life. "Mental health experts estimate that as many as 10 percent of all Americans are chronically depressed." In fact, depression puts a negative spin on everything, including the way you see yourself and your expectations for the future. When these types of thoughts overwhelm you, it's important to remember you are not alone. Most of all it is a perfect time to call upon God and a time to reach out to others.

Sometimes bad things happen and there's not much we can do about it. There are situations beyond our control which we cannot change but all we need is to cope with it. At some point, we suffer discouragement, depression and are unable to move on. In the first reading today, one of the greatest prophets of the Old Testament - Elijah was in the state of depression and despair. This was happening at the point of his greatest success and triumph in his prophetic ministry. Elijah had contested with prophets of Baal about the authenticity of "God" or "gods." He scored a decisive victory over the false religion and gods within Israel. Unfortunately, the wicked Jezebel suffered a painful defeat. She was not pleased with Elijah's victory which led to the sanction of the religion of Baal. As Jezebel threatened his life, his victorious joy soon turned into depression. He totally forgot God who guided and protected him all this while. Frustrated and depressed, he ran for his life into the desert. The reading explained to us how God sent an angel to feed him not once but twice. "And it was in that cave that God finally approached the prophet with a still small voice that called him back to his purpose, and to the community of believers who still clung to God back in Israel."

The road to recovery from the pains of depression or defeat may be slow but we must be patient and positive. Do what you can, one step at a time. Don't be alone, reach out to others and get much needed support from family and friends. Besides, as a family, as a friend and as a community, let us support each other when one is hurting and suffering. Let us offer prayers for hope and healing when someone is suffering mental illness or any form of psychological pain. May we never forget to offer encouragement, compassion and care to one another.

—Fr. Abuchi

**Mass Intentions for the Week**

**Saturday, August 11 - Memorial of St. Clare, Virgin**

HAB 1:12—2:4 / MT 17:14-20

8:30am Intentions of Craig and Liz Johnson

5:00pm Cornelio Odorizzi

**Sunday, August 12**

1 KGS 19:4-8 / EPH 4:30—5:2 / JN 6:41-51

7:30am Deceased Members of the Gluszak Family

9:00am Sally Oravec

11:00am John Campo

**Monday, August 13**

EZ 1:2-5, 24-28C / MT 17:22-27

8:30am John McCarthy

**Tuesday, August 14 - Memorial of St. Maximilian Kolbe, Priest and Martyr**

EZ 2:8—3:4 / MT 18:1-5, 10, 12-14

8:30am Msgr. John Demkovich

**Wednesday, August 15 - Solemnity of the Assumption of the Blessed Virgin Mary**

RV 11:19A; 12:1-6A, 10AB / 1 COR 15:20-27 / LK 1:39-56

8:30am Intentions of John Rodriguez

7:00pm Josephine Barile

**Thursday, August 16**

EZ 12:1-12 / MT 18:21—19:1

8:30am Carmine Curulli

**Friday, August 17**

EZ 16:1-15, 60, 63 / MT 19:3-12

8:30am Martin Nwosu

**Saturday, August 18**

EZ 18:1-10, 13B, 30-32 / MT 19:13-15

8:30am Intentions of Sr. Bernadette Joyce, FMA

5:00pm Renato Zuniga

**Sunday, August 19**

PRV 9:1-6 / EPH 5:15-20 / JN 6:51-58

7:30am Madolyn McCarthy

9:00am John Murphy

11:00am Carmine Curulli

**Please Remember and Pray For the Following**

Jennie Apostola, Ann Bott, Ralph Bozza, Samantha Brady, Walter & Concetta Brock Jr., Bradley Burchfield, Dominic Bongiorno, George Carse, Joseph Colon, Fr. Angelus Croce, Ingrid Diaz, Kara Deserto, Doug Ernst Sr., Linda Flynn, Thomasina Gebhard, Marion Gross, Richard Hennings, Ava Kljajic, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kimberly Lane, Kden LeoGrande, Elizabeth Lacovara, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Brett Mershon, Mary Ellen Nienstedt, Stephen Osborn, Margie Palazzo, Jason Parker, Sr., Jerome Pasternak, Lorraine Paxton, Clarence Remke, Peter F. Reynolds, Carol Rock, Bishop Frank Rodimer, Colleen Romano, Olga Romeo, Linda Ross, Joan Royer, Rose Marie Sciascia, Carole Salvatore, John Samsoc, James Scales, Greg Schmiditty, Jenna Shammass, Gloria Shope, Carole Sisco, Debbie Smith, Nancy Snook, Stephanie, Richie Sorce, Andrew Sorce, Richard Sorge, Gene Streeter, Michael Sugar, Dale Swoboda, Roberta Treptau, David & Vince Ventresca, Joe Vicens, Brooke Zaleski

**A GOOD STEWARD**

Sunday, August 5

\$2,887.00

On Line Giving

\$ 575.00

**Thank you for your generosity!**

**\*There will be a second collection this weekend for the Diocesan Assessment**

**SANCTUARY LAMP**

*This Week The Sanctuary Lamp*

*Burns for*

*Josephine Barile*



**WOMEN AND MEN OF THE ARMED FORCES**

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Larisa Furs, US Navy; Lt. Jason Gieniewski, U.S. Army; Pvt.



Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Michael Valeich, Staff Sergeant; Pvt. Zachary Wharton, Robert Williams, Airman

**NEWLY MARRIED**

**Congratulations** to newly married Ivan Gonzalez-Alvarez and Theresa Kucinski who were married on

Sunday, August 5, 2018

“May your marriage always bring glory to God, joy to one another and blessings to your family for many generations to come. May love and laughter fill your hearts and your home throughout all the days of your lives. May you face every challenge hand-in-hand and side-by-side knowing that with God’s grace, you will conquer all obstacles together. May the world be forever a better place because the two of you fell in love! In Jesus’ name, Amen.” — Dave Willis



**ASSUMPTION OF OUR BLESSED MOTHER**

**Wednesday, August 15**

**Assumption of Our Blessed Mother is a Holy Day of**

**Obligation. There will be two masses that day:**

**8:30am and 7:00pm**

Father in heaven, all creation rightly gives you praise, for all life and all holiness come from you. In the plan of your wisdom she bore the Christ in her womb, was raised body and soul in glory to be with Him in heaven. May we follow her example in reflecting your holiness and join in her hymn of endless love and praise. We ask this through Christ our Lord. —Amen

**FAMILY PROMISE**

We as a parish help out at the Frankford Plains Church which is used as a homeless shelter about every 3 months. Our turn to help is Thursday and Friday, September 13 and 14. We need volunteers who will cook and serve a meal for one to seven people depending on the situation. We also need a volunteer(s) to help out at the evening shift spending the night in a private room. We really could use the help this time because our "regular" volunteers will be away. Please consider helping those who are in an unfortunate situation. **Call Mary Anne Condit to volunteer (973)219-3352**

**KNIGHTS OF COLUMBUS 50/50 Raffle Drawing Results**

**Congratulations** to the winners of Tuesday evenings **Knights of Columbus 50/50** raffle drawing:

- 1st Place** - \$644.00 - Maureen Logie  
**2nd Place** - \$184.00 - Linda Sierrant  
**3rd Place** - \$92.00 - Chris Mills

Tickets sold—92

Total gross—\$1,840.00—Net profit of \$920.00

Thanks to all of you that bought and sold tickets—May God Bless —Steve

**RELIGIOUS EDUCATION**

**Religious Education Catechists** are needed for the 2018-2019 school year. Religious Education is a wonderful way to help our children understand their faith. Our goal is to have two teachers in each classroom so that the students have continuity throughout the year should one teacher be unavailable. It is an easy, rewarding and faith-filled undertaking! Training will be provided to everyone; all the work is outlined in the teacher's manual-even what to write on the board! And I will guide you as you go. it is a worthwhile endeavor and the children appreciate it. Substitutes are needed when teachers are unavailable as well! Please contact the **Religious Office at (973)579-2355** if you would like to share your faith with our children. Also, Catechists do not pay tuition for their own children to be enrolled in our program. Please prayerfully consider joining this ministry.

**Thank you and God Bless, Dan Salvatore, CRE**

**Knights Of Columbus ANNOUNCEMENTS**

**\*The Knights of Columbus** is a fraternal organization for Catholic gentlemen in union with the Holy See. All Catholic men, 18 and over, are invited to join.

Visit "[WWW.KofC.org/joinus](http://WWW.KofC.org/joinus)" to learn more about the many benefits of membership in the Knights of Columbus.

For more information contact Bill Nagy, at 973-919-8554, or Terry O'Connor, at 201-874-9836.

**SICK and HOMEBOUND**

Anyone who is homebound or sick and needs a priest, please call the office to make arrangements — **(973)383-3566**

**OLMC TRICKY TRAY**

**Our Lady of Mt. Carmel Church** will be holding its annual **Tricky Tray** on **Friday, August 31st 2018**. As you might know, this is our biggest fundraiser of the year, which benefits the entire church a great deal. The proceeds of the event go directly back to the church for expenses and repairs. We will need volunteers to assist the Tricky Tray team. If you are interested in volunteering, please contact: Kelly Kays (201)317-7881 or [kellymariekays@yahoo.com](mailto:kellymariekays@yahoo.com) or Kaitlin Voris (973)903-2176 or [ksheehyk@gmail.com](mailto:ksheehyk@gmail.com).

\*Parishioners should have received a letter in the mail with a suggested items list for the Tricky Tray donations.

\*These are the drop off dates: August 18, 19, 25 and 26 after all masses and August 22, 23, 24, 29 and 30 between 6 and 7:30pm in the Hall

**EUCCHARISTIC ADORATION**

At OLMC, we are blessed to have Eucharistic Adoration every Monday morning from 9:00 am till noon. Below are some reasons why you should consider spending some "one on one" time with our Lord.

- **It deepens our experience receiving Holy Communion** - Pope Benedict has said, "Indeed, an intrinsic connection exists between celebration and adoration: 'No one eats of this flesh' as St. Augustine writes, 'without having first adored it.' Adoration outside Holy Mass prolongs and intensified what has taken place in the celebration and makes a true and profound reception of Christ possible."
- **It helps us to be transformed by Jesus** - In 1989, St. John Paul II said, "If we are to experience the Eucharist as the 'source and summit of all Christian life,' then we must celebrate it with faith, receive it with reverence, and allow it to transform our minds and hearts through the prayer of adoration."
- **It helps us to humble ourselves** - In the Catechism of the Catholic Church it is written that, "Adoration is the first attitude of man acknowledging that he is a creature before his Creator."
- **It brings us joy** - St. Padre Pio was once quoted as saying, "A thousand years of enjoying human glory is not worth even an hour spent sweetly communicating with Jesus in the Blessed Sacrament."
- **It greatly pleases Jesus** - St. Faustina wrote that she heard Jesus saying to her "I desire to bestow My graces upon souls, but they do not want to accept them. You, at least, come to Me as often as possible and take these graces they do not want to accept. In this way, you will console My Heart."
- **It strengthens us** - Mother Teresa of Calcutta reminded us that through the Eucharist Jesus "opens the floodgates of His merciful love to the whole world".

**ON LINE GIVING OPTIONS****FOR WEEKLY AND ONE TIME GIFTS**

Enrolling in Online Giving is a great way to ensure your gifts to Our Lady of Mt. Carmel are received even when you are away or traveling.

Please visit: <https://olmcswartswood.churchgiving.com>