

# Our Lady of the Valley Church

630 Valley Road - Wayne - New Jersey - 07470 - [www.olvwayne.org](http://www.olvwayne.org)

973-694-4585

**“The Church is Holy, not just because all are welcome.  
The Church is Holy, because all belong.”**

*Timothy M. Matovina  
University of Notre Dame  
(paraphrased by Pope Francis at General Audience)*



March 19, 2017

## **Schedule of Masses**

### **Weekdays**

Monday - Saturday 7:30am

### **Weekends**

Saturday: 5:00pm

Sunday: 8:00am, 10:00am  
and 12:00 Noon

## **Sacrament of Reconciliation**

Saturdays 4:00-4:30pm

## **Sacraments of Baptism, Marriage & Personal Appointments**

Please call the Parish Office

## Our Parish is Served By

**Rev. Peter VB. Wells, Pastor**  
973-694-4585, Ext 7246  
VonBreton@aol.com

**Rev. Peter Filipkowski, Parochial Vicar**  
973-694-4585, Ext 7204

**Deacon Vincent Cocilovo**  
vcocilovo@olvwayne.org

**Sister Dorothy Dee, SSJ, Pastoral Associate**  
Adult Formation/Ministry of Consolation  
Ext. 7245 - SrDorothy@olvwayne.org

**Elaine George, Parish Secretary**  
Ext. 7200 - Secretary@olvwayne.org

**Barbara Mennella Office Assistant**  
Ext 7203-reception@olvwayne.org

**Judi Cocilovo, Director of Faith Formation / Youth**  
Ext. 7208 - jcocilovo@olvwayne.org

**John Peragallo III, Director of Music Ministry**  
John@peragallo.com

**Irene Luberto, Parish Financial Administrator**  
Ext. 7243 - finance@olvwayne.org

### TRUSTEES OF THE PARISH

**Marie Armenio**

mrarmenio@olvwayne.org

**Mark Peischl**

mark.peischl@gmail.com

**Michael Renaldo (Trustee Emeritus)**

## Weekend Collection

**Weekend Collection: March 9, 2017**

Attendance: 986

Collection amount not available  
due to early printing with  
expected weather.



**Thank you for your continued Generosity!**

## Presider Schedule

Weekend of March 25—26, 2017

### Our Lady of the Valley

5:00pm	Father Peter
8:00am	Father Wells
10:00am	Father Peter
12:00 Noon	Father Peter

### Holy Cross

5:00pm	Father Wells
10:00am	Father Wells

## Weekly Mass Intentions

Sunday, March 19	8:00am	Joseph Caputo Alexander Mankyan
	10:00am	Gennaro Carpenito Gerard Farese Bill Marrinan Marek Jakub Pluta
	12:00pm	Mary & Michael Considine Bob & Michael Gilbert Benjamin Monello
Monday, March 20	7:30am	Lena Marino
Tuesday, March 21	7:30am	Joseph Brancato Steven Alex (Special Intention)
		<i>Miraculous Medal Novena to follow Mass on Tuesday</i>
Wednesday, March 22	7:30am	For the People
Thursday, March 23	7:30am	Michael Turco (Special Intention) Nick Vespa
Friday, March 24	7:30am	Geneva Witalis Margarita Rogas
Saturday, March 25	7:30am	For the People
	5:00pm	Joy & Raymond Catanzaro Stanley Dewera Bill Marrinan Dana Serafin
Sunday, March 26	8:00am	Irene Goodrich Paul Kuruc Sr.
	10:00am	Michael J Ambrose Bill Marrinan Marek Jacob Pluta Alfred Prosperi
	12:00pm	Frank Armenio Marisel Bullaro Liberantonin DelNigro Margaret & Angelo Parisi

## Weekly Remembrance

The Sanctuary Lamp, which burns near the tabernacle, in church and is the reminder of our Lord's presence in the Most Holy Eucharist, will burn in loving memory of:

### *María & Antonio Gaita*

Also, the altar bread and wine, which will become the Holy Body and Precious Blood of our Lord, was given in memory of Maria & Antonio Gaita from the Gaita family.

## Third Sunday of Lent — March 19, 2017

## Faith Formation

### Grades 1-8:

Sunday, March 19, 26  
April 2, 23, 30  
8:30-9:45 and 10:30-11:45

Monday, March 20, 27  
April 3, 24, May 1  
7:00-8:15pm



### Confirmation I:

Sunday, April 9  
9:30am—11:30am

### Confirmation II:

Sunday, April 9  
1:15pm—2:45pm

## Adult Confirmation Classes

If you are 19 years or older and would like information regarding the reception the Sacrament of Confirmation, please contact Sister Dorothy at 973-694-4585x7245 or via email at [Srdorothy@olvwayne.org](mailto:Srdorothy@olvwayne.org).

Preparation Classes will be held on Wednesday, April 19, April 26, May 3, May 10, May 24, and May 31 from 7:30pm to 8:45pm.

The Sacrament will be conferred on Sunday, June 4

## Faith Formation Registration

Due to the pending inclement weather, the last registration session was rescheduled for next **Thursday, March 23**, at 7:00pm.

If you have not attended either of the first two sessions, you **MUST** attend this meeting in order to register your child for Faith Formation classes beginning in September 2017.

## Mission Trip - Tohatchi

**Mission Trip to Tohatchi, New Mexico  
July 15—July 22, 2016**

If you are interested in learning more about this trip, please join Ed Boylan on Wednesday April 5, at 7:00pm in the Parish Center. For more information, please contact Ed at [efbmd@aol.com](mailto:efbmd@aol.com). Participants should be 18 years of age or older.

## Parish's Sacramental and Prayer Life

*"Is anyone among you suffering? They should pray...Is anyone among you sick? They should summon the presbyters of the church, and they should pray over them and anoint them with oil in the name of the Lord."*

(James 5:13,14)

### Pray for the Sick:

*Joseph Brucato Jr., Carol Brugaletta,  
Father Michael Burke, Louis Caprio,  
Ralph Cicetti, Kathy Corrao,  
Robert Darpino, Carole DeSimone,  
Flo Felano, Josephine Ganz,  
Lawrence Jerome Hanlon,  
Marie Liffers, Mary Maksuta,  
Gloria Minnocci, James Murray,  
Michael Renaldo, Kristen Sedlacik,  
Michael Waldinger*

*Indeed for your faithful, Lord,  
Life is changed not ended,  
And when this earthly dwelling turns to dust,  
An eternal dwelling is made ready for them in heaven.*

### Pray for the Dead:

**Lois Herman  
Camille R. Linder  
Margarita Rogas  
Anna Rose Paylo**



## Bereavement Support Group

*"You can't get around grief, you can only go through it. It has something to say to us, something to give us."*

Facilitator: Paula Pedersen, RN

When: Monday Evenings  
March 20, 27  
April 3, 10, 17, 24

Time: 6:00pm—7:30pm

Where: Our Lady of the Valley Parish Center  
(Youth Room is located at the front door)

Contact: To register or for further information:  
Sister Dorothy 973-694-4585X7245  
[Srdorothy@olvwayne.org](mailto:Srdorothy@olvwayne.org)



## Welcome Home to Healing

Once again this year, the parishes of our Diocese of Paterson are celebrating the Sacrament of Reconciliation on the Mondays of Lent, as part of the 'Welcome Home to Healing' initiative. The scriptures proclaimed during Lent echo the call to conversion, especially through the Lenten practices of prayer, fasting and almsgiving. Special emphasis is given to Reconciliation and Penance so that all may celebrate the Paschal Triduum and Easter renewed in soul and spirit.

The Sacrament of Reconciliation will be celebrated from 7:00pm to 8:30pm at Our Lady of the Valley on the following Mondays:



March 20  
March 27  
April 3

## Lenten Prayer and Book Discussion

### A Lenten Prayer and Book Discussion

#### Seven Last Words

*An Invitation to a Deeper Friendship with Jesus*

by  
James Martin, SJ

With warmth, wisdom, and grace, Father Martin explains why Jesus's last words from the cross are so important for the life of the believer. For Jesus's final words show how deeply Jesus understands our human struggles and why we can turn to him completely sharing our hopes and fears with Him.



Monday Mornings  
March 27 and April 3 10 AM  
or

Tuesday Evenings  
March 28 and April 4 7 PM  
OLV Parish Center



To register or for further information  
contact Sister Dorothy

973.694.4585x7245 or [Email- SrDorothy@olvwayne.org](mailto:SrDorothy@olvwayne.org)

Book will be made available at time of registration.

## Encounter Opportunity



We encounter Fernando in El Salvador where, despite a lack of economic opportunity, youth are pursuing their dreams of building businesses to better the lives of their families. How have you worked to better the lives of others this Lent? Visit [crsricebowl.org](http://crsricebowl.org) for more.

## Stations of the Cross

The 'Stations of the Cross' is prayed each Friday evening during Lent at 7:00pm at Our Lady of the Valley Church.

For many, the Stations of the Cross are synonymous with Lent. This devotion is also known as the "Way of the Cross," the "Via Crucis," and the "Via Dolorosa." It commemorates fourteen key events on the day of Jesus' crucifixion, the majority concerning his final walk through the streets of Jerusalem, carrying his cross.

The Stations originated in medieval Europe when wars prevented Christian pilgrims from visiting the Holy Land and walking along the actual route.

## Calling Young Adults

Any singers or musicians who may wish to participate in Living Stations on Good Friday are most welcome.

Please see John Peragallo after any of the masses for a schedule of practice.

## Adult Choir

To make it easier for YOU to join our adult choir, we have altered our format.

Rehearsals take place on Sunday morning from 9:00am—9:45am followed by singing at the 10:00am Mass. This replaces the current Thursday evening rehearsal.

Consider joining us now so you can be a part of the exciting Easter celebrations!

If interested in joining the adult choir, please call John Peragallo at 973-332-0171 or see him after mass.

## Intellectual Disabilities Collection

Next weekend at the conclusion of all Masses, the Knights of Columbus will be at the exits of the church accepting donations for their annual collection for Persons with Intellectual Disabilities.

All proceeds are donated by the Knights of Columbus, on behalf of our Parish Community to the Basile Apartments, a facility serving persons with intellectual disabilities in our Wayne community.



The Knights of Columbus  
thank you in advance for your  
generous support!



## Sanctuary Lamp



Intentions are available for the Sanctuary Lamp, Holy Body and Precious Blood of our Lord. If you would like to schedule in remembrance of your loved one, please contact Elaine in the parish office at 973-694-4585 ext.7200 or via email: secretary@olvwayne.org. Suggested donation \$40.

## Holy Spirit Musical

**Holy Spirit School Performing Arts  
Production of**

**elf**  
The Musical **JR.**

Discover your inner elf.

Book by Thomas Meehan and Bob Martin  
Music by Matthew Sklar  
Lyrics by Chad Beguelin

Based upon the New Line Cinema film written by David Berenbaum

**March 30 – April 2, 2017**  
THURSDAY AT 10AM  
FRIDAY AT 7PM  
SATURDAY AT 7PM  
SUNDAY AT 3:30PM

330 Newark Pompton Turnpike  
Pequanock, NJ 07440  
(973)835-5800

For tickets  
<https://hsspa-elfjr.eventbrite.com>

Adults \$10  
Seniors \$8  
Kids (14 and Under) \$5  
Kids 2 and under FREE

## The Eucharist & Celiac-Sprue Disease

Those who follow newspaper articles concerning the Roman Catholic Church in New Jersey may have seen several articles in previous years concerning the reception of Communion and people with Celiac Sprue disease, and in particular a little girl here in New Jersey who has the disease and cannot take the usual communion wafers that most churches use.

What is Celiac-Sprue disease? The digestive system of a person with this disease is considerably compromised by the consumption of gluten, one of the major ingredients in wheat flour. It is estimated that as many as fifteen percent of all persons of northern European origin are affected by this disease to some degree.

While each person who suffers from Celiac-Sprue disease reacts differently to different amounts of gluten, most doctors advise them to adopt a gluten-free diet. This advice is based upon studies which appear to document histologic evidence of inflammatory changes seen on small intestine biopsies when known gluten doses are as low as 100 mg. While it appears that the long term effects of such small inflammatory changes are not readily apparent, some preliminary studies indicate a possible increased rate of cancer with minimal gluten intake, including lymphoma.

This is a particular challenge to Roman Catholics since we believe that the celebration of the Eucharist and the reception of Holy Communion are the very source and summit of the Christian life. The Eucharist defines who we are as Roman Catholics since it is our belief that the bread and wine truly become the Body and Blood of Jesus Christ at Mass.

Currently, the teaching of our Church is that altar bread can be made from water and wheat flour only. In order for altar bread to be 'valid matter,' the hosts must contain the amount of gluten sufficient to obtain the confection of bread, that there is no addition of foreign materials, and that the procedure for making such "low-gluten" hosts is not such as to alter the nature of the substance of the bread. Thus, altar bread made from any other kind of flour, such as rice flour, is not 'valid matter' and cannot be used. Some people can consume a low gluten host; others cannot or choose not to even attempt to consume one.

In those cases such people receive communion by partaking of the Precious Blood only.

**Remember: in our Roman Catholic Tradition, we believe that we receive of the fullness of the Body and Blood of Christ in Holy Communion if we partake of the consecrated bread alone, or even the consecrated wine alone.**

We believe that it is impossible at the present time to consecrate anything except wheat bread and grape wine. From the time that the Lord Jesus took bread and wine and told his disciples "Do this in memory of me," the Roman Catholic Church has tried faithfully to fulfill Christ's command by taking unleavened bread made from water and wheat flour, and wine made from grapes for use at the Eucharist.

At Our Lady of the Valley and Holy Cross we have available low-gluten altar bread for those who need it. Just ask one of the priests before Mass and we will explain what to do.

Father Wells

## Spiritual Reflection

### Thirsty

In the Gospel, (John 4:5-42) Jesus asks a woman to draw delicious well-water for him to drink. She hesitates. She is Samaritan.

Her story is many-sided, but what catches me is Jesus' saying about water soothing our thirst. Thirst, which is ever present on this blue planet.

I remember bicycling with a friend out in the countryside on a very hot day. We had not counted on one particular hill that would continue to rise up before us, a very long and unremitting one. We worked and worked and worked and at last achieved the top. Hurray! But heat and humidity had sucked the moisture out of us, so we were parched. Remarkably parched. Off to the left stood a farmhouse or residence of some kind. Hey, why not go ask for a drink of water?

Because the house itself was at the top of another hill, and we saw four hundred steps leading up to it. Ok not four hundred, but very many. How could we put ourselves through still another Olympic ordeal and mount these steep stairs in order to subject some innocent citizen to our begging?

No problem. We clambered up the steps, knocked at the door, received greetings from a most gracious lady who could think of nothing more delightful than to bring us each a big glass of cool, wet water. Aaaaahhhhhh. Drink it to the bottom. Savor it, be refreshed.

Nothing else in the world could have tasted so delicious and so satisfying as that water. We were craving what our bodies ached for, and we got a kindly answer.

Then off and away (after retracing the steps)!

It seems that human beings have a thirst for something even more profound than that welcome drenching. As St. Paul puts it in the Second Reading, (Romans 5: 1-2, 5-8), we thirst for "the love poured forth from God in Jesus through the Holy Spirit."

Love. This is a primordial need. Very like the need for water in this respect. But it is "a God-sized hole" within us, a yearning for the greatest love there is.

Jesus says he will put a flowing fountain of such water right inside the Samaritan woman. It will slake her thirst forever!

Often you and I will use other lesser ways to try and satisfy this great need of the soul. Looks, accomplishment, work, other persons, sex, drink, food, alcohol, and so on. These are all good in themselves. Yet taken to excess they lose their power to help us. Even at their best they leave us humming the famous line, "Is that all there is?"

No, that is not all there is. We are each built in such a way that we shrivel without real love. Our small selves have been fitted with a soul that opens wide to love and especially to the greatest love of all, God. So we have to tease this center of depth open within us. Whatever careful steps will get us there. We need Lenten quiet, self-denial, the re-fitting of our lives, and even being at peace with our losses.

In other words, we must bicycle our way to the top of the great hill, clamber up endless stairs and get ourselves to knock on God's door and wait.

Maybe Jesus will answer the door ...

... and give us "a spring of water welling up to eternal life."