

St. Joseph Catholic Church

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February 18th, 2018

1st Sunday of Lent



Mass Schedule & Intentions for Feb 20th - Feb 25th

Tue, Feb 20 ... 5:00 pm Mass at St. Martin: Rick Weinand and Family
Weinand

Wed, Feb 21 ... 7:30 am Mass at St. Joseph: Ash Wednesday
... 9:00 am Mass at KRCC: †Theresa Renner by Jim Renner

Thurs, Feb 22...12 Noon Mass at St. Martin: †Jean Dryness
by Scott and Dorry Peterson

Fri, Feb 23.....8:30 am Mass at St. Joseph: †Erwin and Eileen Geiszler
by Tony and Kristi Sadowsky

Sat, Feb 24.....5:00 pm Mass at St. Martin: †Dorothy Grad
by Wayne and Jane Rademacher

Sun, Feb 25 ... 8:00 am Mass at St. Martin: † Steve and Coleta Hoepfner
by Jean and Deb Hoepfner

....10:00 am Mass at St. Joseph: Parishioners

Lock-in Your Faith – Middle School Overnight Event, April 6th beginning at 6:30 pm at St. Mary’s Parish: Students in grades 6-8 across the Diocese of Bismarck are invited to attend our first annual “Lock-in Your Faith” event – an overnight lock-in/retreat. Lock-in Your Faith will include a variety of prayer experiences, small and large group games and activities, and off-site activities including SkyZone and bowling at Midway Lanes. Pizza and other snacks and beverages will be available throughout the night. Cost for adult chaperones and youth is \$40. You can find out more info and register online at www.bismarckdiocese.com/lockin. **Registration Deadline is March 30th.** For questions, contact Carrie Davis at cdavis@bismarckdiocese.com or (701) 204-7208.

Lenten retreat at Ascension Feb. 25th: Lenten retreat at Ascension Feb. 25th The Church of Ascension in Bismarck is hosting a Lenten retreat titled “Praying the Psalms: Touchstones for Life” on Sunday, Feb. 25 from 2-4:30 p.m. Father John Guthrie, the featured presenter, will illuminate the Psalms for us in new way and how they can become an integral part of our lives. Following the retreat, the Ladies of Ascension group will be providing a free meatball dinner with cheesy hash browns, salad and dessert. No registration necessary. Contact Beth Kathol at 223-3606 or bkathol@ascensionbismarck.org with any questions

The Word Among Us books for the Lenten season include the complete daily Mass readings and Daily Meditations. Please stop at either parish entrance or the parish office to get your copy today. What a wonderful way to participate this Lenten season, by taking a few minutes out of your day to spend some quiet time with our Lord!

Best Lent Ever is a free daily email program, beginning Ash Wednesday, that will help you have a truly life-changing Lent. This year’s program is based on the book Perfectly Yourself by Mathew Kelly. Visit **BestLentEver.com** to sign up. You will receive daily emails with practical tips, short inspirational videos from Mathew Kelly and reflections from Dynamic Catholic team members. Discover how to open your heart to God and do more than just give up chocolate for Lent....leading to the best Lent ever!

† †

LENT has begun... AND St Martin's is going to start Eucharistic Adoration every Tuesday from 4:00 to 8:30 pm beginning on **Tuesday, February 20th!** Please consider signing up to be an “adorer”. It may be one of the best Lenten decisions you make! You will find sign-up sheets at both entrances (either ½ or 1-hour time slots) – see bulletin attachment and St. Martin Altar Society Facebook posts for information. “Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.” St Alphonsus Liguori

Stations of the Cross will be prayed throughout the Lenten season. Stations will be held on Friday, February 23rd at 6:30 pm at St. Joseph, and Friday March 2nd at St. Martin. Please join us in making this journey to the cross each week.

Rules for Fasting and Abstinence during Lent – During the season of Lent, Catholics are called to take part in certain days of fasting and abstinence. **Ash Wednesday** and **Good Friday** are the **two days of both fasting and abstinence**. In addition, **all Fridays during Lent are days of abstinence**.

- **Fasting:** The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not equal to a full meal.
- **Abstinence:** The norms concerning abstinence from meat are binding upon members of the Catholic Church from age 14 onward.

**Exceptions to these guidelines include those who are physically and mentally ill (including chronic illnesses like diabetes) as well as pregnant and nursing mothers. The Church teaches that common sense should prevail so that a person does not further jeopardize his or her health because of fasting requirements.*