



**St. Ignatius Martyr Catholic Schools  
Summer Camp Guide  
2019**

*Developing Curious Minds, Compassionate Hearts, and Committed Lives since 1940*



## **St. Ignatius Sports Camp:**

Dates: June 17 - 21

Times: 8:00-4:00PM (drop off as early as 7:30am)

Place: St. Ignatius Martyr Catholic School Family Center/Gym

Ages: Kinder – 8<sup>th</sup> Grade (Grade level for 2019-20)

Address: 120 West Oltorf Austin, TX. 78704

Cost: See Summer Camps Flyer

Contact: Mark McElhaney, Athletic Director, Camp Director, Camp Coach  
email: [mmcelhaney@st-ignatius-edu.org](mailto:mmcelhaney@st-ignatius-edu.org) phone: [512-442-8547](tel:512-442-8547)

### **Description:**

The goals of the staff and camp will be to highlight the fundamental skills of all types of sports, from Flag Football, Volleyball, Badminton, Kickball, Soccer, Lacrosse, Dodgeball, and more popular sports and recreational activities. The camp will focus on introducing a wide range of popular sports and recreation to young children.

There will be varying levels of athletes attending the camp so there will be different skill level progressions and our coaching staff is prepared to work with all kids. Attendants of the camp will be tested on their skills on a daily basis and also enjoy time with friends and new acquaintances. St. Ignatius Martyr Sports Camp also follows the teachings of The University of Notre Dame's Play Like a Champion Today™ Sports as a Ministry program, this ensures that your child is in a place that values Catholic Teachings and Excellence in Sportsmanship.

### **Sports Camp (Sample Schedule)**

7:30-8:00 Drop off, Breakfast time (own breakfast), Restrooms, Free Play

8:00-8:15 Warm-up, Stretching

8:15-9:00 Strength and conditioning

9:00- 10:00 Sport for the day Intro and Rules/Skill and Drills

10:00-10:15 Break/Snack

10:15-11:30 Sport for the day Drills and Skills Cont'd

11:30-12:00 Lunch

12:00-12:30 Free Play/Recess

12:30-3:30 Sport for the day Competition

3:30-3:45 Clean Up

3:45-4:00 Dismissal and pick up

### **Staff:**

Mark McElhaney "Coach Mac"- Athletic Director and PE Teacher of St. Ignatius Martyr Catholic School.

Assistant Coaches: TBD



## **St. Ignatius Basketball Camp I:**

Dates: June 24 - 28

Times: 8:00-4:00PM (drop off as early as 7:30am)

Place: St. Ignatius Martyr Catholic School Family Center/Gym

Ages: 1<sup>st</sup> – 8<sup>th</sup> Grade (Grade level for 2019-20)

Address: 120 West Oltorf Austin, TX. 78704

Cost: See Summer Camps Flyer

Contact: Mark McElhaney, Athletic Director, Camp Director, Camp Coach  
email: [mmcelhaney@st-ignatius-edu.org](mailto:mmcelhaney@st-ignatius-edu.org) phone: [512-442-8547](tel:512-442-8547)

### **Description:**

The goals of the staff and camp will be to highlight the fundamental skills of basketball: Ball handling, Passing, Shooting, Offense and Defense team concepts, Transitions, Attacking the hoop, Post Play.

There will be varying levels of athletes attending the camp so there will be different skill level progressions and our coaching staff is prepared to work with all kids. Attendants of the camp will be tested on their skills on a daily basis and also enjoy time with friends and new acquaintances. St. Ignatius Martyr Sports Camp also follows the teachings of The University of Notre Dame's Play Like a Champion Today™ Sports as a Ministry program, this ensures that your child is in a place that values Catholic Teachings and Excellence in Sportsmanship.

### **Basketball (Sample Schedule- Dependent on Camp Skill Levels)**

7:30-8:00 Drop off, Breakfast time (own breakfast), Restrooms, Free Play  
8:00-8:15 Warm-up, Stretching  
8:15-9:00 Strength and conditioning  
9:00- 10:00 Ball handling, Passing, Catching, Attacking the Hoop, Skills and Drills  
10:00-10:15 Break/Snack  
10:15-11:30 Offensive, Defensive, and Transition Team Concepts and application  
11:30-12:00 Lunch  
12:00-12:30 Free Play/Recess  
12:30-3:30 Cont'd Skills and Drill and Team Competitions  
3:30-3:45 Clean Up  
3:45-4:00 Dismissal and pick up

### **Staff:**

Mark McElhaney "Coach Mac"- Athletic Director and PE Teacher of St. Ignatius Martyr Catholic School.

Assistant Coaches: TBD



## **St. Ignatius Basketball Camp II:**

Dates: July 15 - 19

Times: 8:00-4:00PM (drop off as early as 7:30am)

Place: St. Ignatius Martyr Catholic School Family Center/Gym

Ages: 1<sup>st</sup> – 8<sup>th</sup> Grade (Grade level for 2019-20)

Address: 120 West Oltorf Austin, TX. 78704

Cost: See Summer Camps Flyer

Contact: Mark McElhaney, Athletic Director, Camp Director, Camp Coach  
email: [mmcelhaney@st-ignatius-edu.org](mailto:mmcelhaney@st-ignatius-edu.org) phone: [512-442-8547](tel:512-442-8547)

### **Description:**

This is a free standing camp and not connected to the Basketball Camp I. If your child attends Basketball Camp I they will be placed in higher level skills groups rather than the same groups as they did in Camp I.

The goals of the staff and camp will be to highlight the fundamental skills of basketball: Ball handling, Passing, Shooting, Offense and Defense team concepts, Transitions, Attacking the hoop, Post Play.

There will be varying levels of athletes attending the camp so there will be different skill level progressions and our coaching staff is prepared to work with all kids. Attendants of the camp will be tested on their skills on a daily basis and also enjoy time with friends and new acquaintances. St. Ignatius Martyr Sports Camp also follows the teachings of The University of Notre Dame's Play Like a Champion Today™ Sports as a Ministry program, this ensures that your child is in a place that values Catholic Teachings and Excellence in Sportsmanship.

### **Basketball (Sample Schedule- Dependent on Camp Skill Levels)**

7:30-8:00 Drop off, Breakfast time (own breakfast), Restrooms, Free Play  
8:00-8:15 Warm-up, Stretching  
8:15-9:00 Strength and conditioning  
9:00- 10:00 Ball handling, Passing, Catching, Attacking the Hoop, Skills and Drills  
10:00-10:15 Break/Snack  
10:15-11:30 Offensive, Defensive, and Transition Team Concepts and application  
11:30-12:00 Lunch  
12:00-12:30 Free Play/Recess  
12:30-3:30 Cont'd Skills and Drill and Team Competitions  
3:30-3:45 Clean Up  
3:45-4:00 Dismissal and pick up

### **Staff:**

Mark McElhaney "Coach Mac"- Athletic Director and PE Teacher of St. Ignatius Martyr Catholic School.

Assistant Coaches: TBD



### **St. Ignatius Volleyball Camp I:**

Dates: July 22 - 26

Times: 8:00-4:00PM (drop off as early as 7:30am)

Place: St. Ignatius Martyr Catholic School Family Center/Gym

Ages: 2<sup>nd</sup> – 8<sup>th</sup> Grade (Grade level for 2019-20)

Address: 120 West Oltorf Austin, TX. 78704

Cost: See Summer Camps Flyer

Contact: Mark McElhaney, Athletic Director, Camp Director, Camp Coach

email: [mmcelhaney@st-ignatius-edu.org](mailto:mmcelhaney@st-ignatius-edu.org) phone: [512-442-8547](tel:512-442-8547)

#### **Description:**

The camp will be offered to both boys and girls, and will run for one week teaching and sharpening the following skills: Sets, Bumps, Attacks, Digs, Serves, Passing, Blocking, Team work, Sportsmanship, Team offense, Team Defense, and volleyball principles and knowledge.

The goal of the camp is to learn the sport of volleyball through skills progressions and overall knowledge of the sport. Attendants of the camp will be tested on their skills on a daily basis and also enjoy time with friends and new acquaintances. St. Ignatius Martyr Sports Camp also follows the teachings of The University of Notre Dame's Play Like a Champion Today<sup>™</sup> Sports as a Ministry program, this ensures that your child is in a place that values Catholic Teachings and Excellence in Sportsmanship.

#### **Volleyball (Sample Schedule):**

7:30-8:00 Drop off, Breakfast time (own breakfast), Restrooms, Free Play  
8:00-8:15 Warm-up, Stretching  
8:15-9:00 Strength and conditioning  
9:00- 10:00 Bumps, Sets, Digs, Spikes, Blocks, Skills and Drills  
10:00-10:15 Break/Snack  
10:15-11:30 Offensive, Defensive, and Transition Team Concepts and application  
11:30-12:00 Lunch  
12:00-12:30 Free Play/Recess  
12:30-3:30 Cont'd Skills and Drill and Team Competitions  
3:30-3:45 Clean Up  
3:45-4:00 Dismissal and pick up

#### **Staff:**

Mark McElhaney "Coach Mac"- Athletic Director and PE Teacher of St. Ignatius Martyr Catholic School.

Assistant Coaches: TBD



### **Summer Camp Rules, Policies, and Expectations:**

St. Ignatius Martyr Catholic School Summer Camps will adopt policies and procedures made by St. Ignatius Martyr Catholic School Parent and Student Handbooks as well as St. Ignatius Martyr Catholic School Athletics Handbook. The camps will also adopt the emergency protocols in the Diocesan Health Manual which contain information on all health related protocols.

#### **Communication with Parents:**

1. St. Ignatius Camps will communicate with parents via email or phone call.
2. Information is initially made through flyers and information packets.
3. Upon registering a child into the various camps parents must provide pertinent information such as address, phone, and email contacts.
4. Parents are also responsible for providing emergency contacts and a list of people who are allowed to pick up their child in the event that the parent themselves cannot do so.

#### **Injuries and Emergency protocols:**

1. For minor injuries the child will receive minor care by the coaches on staff.
2. For major or serious injuries, St. Ignatius will reserve the right to call for emergency medical service in the event of a serious or major injury.
3. Parents will be notified by:
  - a. Injury report- Minor injuries
  - b. Phone Call- Major injuries and possibly minor injuries as well.

#### **Zero Tolerance Bullying Policy protocols:**

1. St. Ignatius Martyr Summer Camps has a zero tolerance policy for bullying.
2. Summer camp director and coaches will follow the bullying policies found in the St. Ignatius Martyr Athletic Handbook.
3. Your child may be asked to leave camp and not return and without a refund.

*St. Ignatius Martyr Catholic School Camps are not licensed by the State of Texas Department of Family and Protective Services, however, are considered qualified and able to operate as Exempt under Figure: 40 TAC §745.117 as a Short Term Program in the State of Texas.*



*Developing Curious Minds, Compassionate Hearts, and Committed Lives since 1940*