

Lenten Backpack Program



This program benefits the preschoolers (ages 3-4) through Catholic Charities from the Paterson area, where the poverty rate of the children can exceed 30%. The items collected will be divided into a one-gallon size zip lock bag and placed in the preschooler's backpack on a Friday afternoon. This will allow the child food through the weekend. ***Each zip lock bag will contain: 2 packages oatmeal, 2 micro meals, 1 each milk, juice, fruit, granola bar and snack item; and a family meal consisting of rice/beans and canned meat.***

On the reverse side is a list for each grade and the 2 items we are requesting you to donate. For example, Grades 5 & 6 are asked to donate a 1 microwavable meal with meat and 2 cans of tuna or chicken. These items should be returned to the container in each Religious Education classroom.

All items are due no later than Monday, March 18.

We appreciate your generosity as we strive to make a difference in a young child's life. If you have any questions, or need additional information, please contact Dolores Reagle at 908-876-5024 or ministrytoyouth@comcast.net.

(items shown are for example)



Grade	Quantity	Item	Examples
K	1	3 pack boxed milk (or 3 individual containers), each 8 FL OZ	"Lil Milk", "Hershey", "Yoohoo"; any brand, any flavor; usually found with juice boxes
K	1	6 count individual applesauce/fruit cup	And brand, any flavor
1	1	3 pack boxed milk (or 3 individual containers), each 8 FL OZ	"Lil Milk", "Hershey", "Yoohoo"; any brand, any flavor; usually found with juice boxes
1	1	snack items (8 to 12 count)	Shelf stable pudding or jello, rice krispy treats, individual boxes of raisins, cheese & crackers, etc
2	1	3 pack boxed milk (or 3 individual containers), each 8 FL OZ	"Lil Milk", "Hershey", "Yoohoo"; any brand, any flavor; usually found with juice boxes
2	1	8 count granola/cereal bars	"Quaker", "Kellogg", store brand
3	1	10 count juice box/pouch	Any brand, any variety
3	1	10 count box instant oatmeal	Any brand, any variety
4	1	6 count individual applesauce/fruit cup	And brand, any flavor
4	1	snack items (8 to 12 count)	Shelf stable pudding or jello, rice krispy treats, individual boxes of raisins, cheese & crackers, etc
5 & 6	1	Microwavable meals "Chef Boyardee" style	Any variety with meat – lasagna, beefaroni, shells & meatballs, chicken w/vegetables & rice
5 & 6	2	canned tuna or chicken	Any brand, any variety; 5.0 ounce
7 & 8	1	1 pound bag rice or beans	Any brand, any variety; please make sure they are 1 pound bags
7 & 8	2	Microwavable Mac 'n' cheese	"Chef Boyardee", "Easy Mac"
9 & 10	1	1 pound bag rice or beans	Any brand, any variety; please make sure they are 1 pound bags
9 & 10	2	Microwavable meals "Chef Boyardee" style	Any variety with meat – lasagna, beefaroni, shells & meatballs, chicken w/vegetables & rice

Brand names are only given as an example. Store brand is fine. **Please, no expired food.** If you have any questions, please contact Dolores Reagle at 908-876-5024 or ministrytoyouth@comcast.net.

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