


# Providence School Lunch Menu September 2019

|                      | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---|---|--|--|--|---|
| <b>September 2<br/>To<br/>September 6</b>   | Labor Day<br>No School  | Beef & Cheese<br>Enchilada<br>Meatball Sub<br>Greek Salad<br>Italian Wrap<br>Citrus Glazed Carrots<br>Assorted Milks   | Chicken Alfredo with<br>Broccoli & Breadstick<br>Hot Ham & Cheese<br>Sub<br>Greek Salad<br>Turkey & Cheese<br>Sandwich<br>Assorted Milks                       | Turkey & Gravy with<br>Mashed Potatoes<br>and Breadstick<br>Pork Rib-B-Que<br>Sandwich<br>Greek Salad<br>Buffalo Chicken Wrap<br>Steamed Broccoli<br>Assorted Milk | Cheese Pizza<br>Chicken Patty<br>Greek Salad<br>Egg Salad Sandwich<br>Roasted Black Beans<br>& Baby Carrots<br>Assorted Milk  |
| <b>September 9<br/>To<br/>September 13</b>  | Vegetarian Chili with<br>Chips<br>NY Style Hot Dog on<br>Whole Grain Bun<br>Asian Chicken Salad<br>Ham & Cheese<br>Sandwich<br>Peas & Carrots<br>Assorted Milks   | General Tso's Chicken<br>with Brown Rice<br>Pork Rib-B-Que<br>Sandwich<br>Asian Chicken Salad<br>Italian Wrap<br>Steamed Broccoli<br>Florets<br>Assorted Milks | Beef Soft Taco with<br>Spanish Rice<br>Grilled Chicken<br>Sandwich<br>Asian Chicken Salad<br>Turkey & Cheese<br>Sandwich<br>Vegetarian Beans<br>Assorted Milks | Chicken & Cheese<br>Quesadilla<br>Cheeseburger<br>Asian Chicken Salad<br>Buffalo Chicken Wrap<br>Steamed Carrots &<br>Cherry Tomatoes<br>Assorted Milks            | Cheese Pizza<br>Fishwich Sandwich<br>Asian Chicken Salad<br>Egg Salad Sub<br>Golden Corn & Carrot<br>Sticks<br>Assorted Milks |
| <b>September 16<br/>To<br/>September 20</b>   | Baked Potato with<br>Broccoli & Cheese<br>with Breadstick<br>Cheeseburger<br>Chef Salad<br>Bologna & Cheese<br>Sandwich<br>Cauliflower Florets<br>Assorted Milks  | Spanish Style Pork<br>with Rice & Breadstick<br>Meatball Sub<br>Chef Salad<br>Tuna Salad Sandwich<br>Steamed Golden Corn<br>Assorted Milks                     | Chicken & Cheese<br>Nachos with Toppings<br>Whole Grain Chicken<br>Patty on Bun<br>Chef Salad<br>Salami & Cheese Sub<br>Vegetarian Beans<br>Assorted Milks     | Mac & Cheese with<br>Pork Ham<br>Buffalo Chicken<br>Sandwich<br>Chef Salad<br>Chicken Salad<br>Sandwich<br>Steamed Carrots<br>Assorted Milks                       | Cheese Pizza<br>Chicken Parmesan<br>Sandwich<br>Chef Salad<br>Italian Sub Sandwich<br>Broccoli Florets<br>Assorted Milks      |
| <b>September 23<br/>To<br/>September 27</b>   | Bean & Cheese<br>Enchilada<br>Meatball Sub<br>Cobb Salad<br>Ham & Cheese Sub<br>Cauliflower<br>Assorted Milks   | Sweet & Sour Chicken<br>with Brown Rice<br>Fishwich Sandwich<br>Cobb Salad<br>Italian Wrap<br>Steamed Carrots<br>Assorted Milks                                | Beef Taco Pie<br>Chicken Cordon Bleu<br>Sandwich<br>Cobb Salad<br>Turkey & Cheese<br>Sandwich<br>Pinto Beans<br>Assorted Milks                                 | Chicken Burrito with<br>Spanish Rice<br>Pork Rib-B-Que<br>Sandwich<br>Cobb Salad<br>Buffalo Chicken Wrap<br>Golden Corn & Baby<br>Carrots<br>Assorted Milks        | Cheese Pizza<br>Cheeseburger<br>Cobb Salad<br>Egg Salad Sub<br>Green Beans<br>Assorted Milks                                  |
| <b>September 30</b>   | Rosh Hashana<br>No School   |  |  |  |   |
| <b>Minimum Lunch</b><br>Any 3 components<br>make up a meal.<br>Make sure 1 is a<br>fruit or vegetable | To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: <a href="http://www.saxr.usda.gov/complaint_filing_cust.html">http://www.saxr.usda.gov/complaint_filing_cust.html</a> , and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by (1) mail: U.S. Department of Agriculture, Office of the Asst Secretary for Civil Rights, 1400 Independence Ave, SW Washington D>C, 20250-9410 (2) fax (202) 690-7442 or (3) email: <a href="mailto:program_intake@usda.gov">program_intake@usda.gov</a> EEO provider<br><b>All Entrée Salads come with Whole Grain Flat Bread/ Milk is choice of 1% White or Non-Fat Chocolate/ Assorted Fresh and Chilled Fruit available every day.</b> |  |  |  |   |