

Time with God


Focus

How does Jesus want you to pray?

When you pray, you talk to and listen to God. The Bible says that Jesus prayed often. He wanted his followers to pray often, too.


SCRIPTURE
Matthew 6:5–9

How to Pray



Jesus told his followers, “When you pray, go to your inner room, close the door, and pray to your Father in secret.”

Jesus also told them, “Do not babble like the others, who think that they will be heard because of their many words . . . Your Father knows what you need before you ask him. This is how you are to pray:

Our Father in heaven,
hallowed be your name.”

From Matthew 6:5–9

? Where do you pray?