










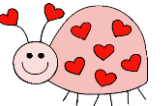
St. Clement of Rome

Healthy Habits Lunch

FEBRUARY 2019

*= Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
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<div style="border: 2px solid pink; padding: 10px; display: inline-block;">  </div>				
				8
4	5	6	7	8
<p>HOT LUNCH</p> <p>*Cheese Quesadilla Spanish Rice Corn Rainbow Sherbet Milk, Fat Free</p> <p>Alternate: Grilled Cheese</p>	<p>HOT LUNCH</p> <p>Hamburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free</p> <p>Alternate: Grilled Cheese</p>	<p>HOT LUNCH</p> <p>French Dip Potato Chips Fresh Fruit/Seasonal Milk, Fat Free</p> <p>Alternate: Grilled Cheese</p>	<p>HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD  COOKIE  MILK, FAT FREE</p> <p>Alternate: Grilled Cheese</p>	<p>HOT LUNCH</p> <p>*Chicken Nuggets *Au Gratin Potatoes Green Beans Fresh Fruit/Seasonal Milk, Fat Free</p> <p>Alternate: Grilled Cheese</p>
11	12	13	14	15
<p>HOT LUNCH</p> <p>*Bosco Breadstick Sauce Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Oreo Cookies Milk, Fat Free</p> <p>Alternate: Toasted Ravioli</p>	<p>HOT LUNCH</p> <p><u>BREAKFAST FOR LUNCH!</u> *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free</p> <p>Alternate: Toasted Ravioli</p>	<p>HOT LUNCH</p> <p>Turkey & Swiss on French Raisins Fresh Vegetables & Dip Chilled Pudding Milk, Fat Free</p> <p>Alternate: Toasted Ravioli</p>	<p>HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD  COOKIE  MILK, FAT FREE</p> <p>Alternate: Toasted Ravioli</p>	<p>NOON DISMISSAL</p> <p>NO FOOD SERVICE</p>
18	19	20	21	22
<p>NO SCHOOL</p> 	<p>HOT LUNCH</p> <p>Pancake Bites Triangle Hash Brown Fresh Fruit/Seasonal Yogurt Milk, Fat Free</p> <p>Alternate: Bosco Sticks</p>	<p>HOT LUNCH</p> <p>* Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free</p> <p>Alternate: Bosco Sticks</p>	<p>HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD  COOKIE  MILK, FAT FREE</p> <p>Alternate: Bosco Sticks</p>	<p>HOT LUNCH</p> <p><u>TACOS TODAY!!!</u> Crunchy Taco, WG Spanish Rice, WG Mexicali Corn Rainbow Sherbet Milk, Fat Free</p> <p>Alternate: Bosco Sticks</p>
25	26	27	28	
<p>HOT LUNCH</p> <p>Grilled Ham & Cheese on Pretzel Bun Peas & Carrots Fresh Fruit/Seasonal Cookie Milk, Fat Free</p> <p>Alternate: Corn Dog</p>	<p>HOT LUNCH</p> <p>*Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free</p> <p>Alternate: Corn Dog</p>	<p>HOT LUNCH</p> <p>Hamburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free</p> <p>Alternate: Corn Dog</p>	<p>HOT LUNCH</p> <p>PAPA JOHNS PIZZA SALAD  COOKIE  MILK, FAT FREE</p> <p>Alternate: Corn Dog</p>	

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"

