

MASS INTENTIONS (\$10.00)

Jan 31st – Feb 5th

Tuesday	1/31	11:00 a.m.	Mass
Wednesday	2/1	8:30 a.m.	Communion Service
Thursday	2/2	8:30 a.m.	Communion Service
Friday	2/3	9:00 a.m.	Mass
Saturday	2/4	5:00 p.m.	Mass
Sunday	2/5	8:00 a.m.	Mass
		10:00 a.m.	For the Parish

PRAYER REQUESTS

James Brown, Patricia Lightner, Barbra Cowlin, Pam Curnutt, Sandy Byers, Pauline Thompson, Chris Arnis, Bernard Offley, Debbie Medeiros, Leon Frappier, Ronald Schaumberg, Leo Carina, Bill Jauron, Marie Anderson, Joey Bates, Patty Lowe, Dick Wall, Lloyd Ebert, JoAnn Evans, Rodney Mann, Jim Fery, Ted Hile, Craig Chabala, Marvel Brown, Sherry Elder Baker, Martin Scheer Sr., Mike Bogdan, Nancy Picco, Mary Douthwaite, Marcy Wright, and Gail Norwood Young.

From July 1, 2016 through June 30, 2017 the weekly need is \$3,885. This does not include Religious Education, Youth Ministry personnel, which could account for \$16,000 or more, nor does it include the Capital Campaign.

<u>Weekly Need</u>	\$ 3,885.00
<u>Collection Jan 21/22</u>	\$ 3,287.50
	\$ -597.50

Catholic Communication Campaign \$ 309.38

<u>Attendance</u>	5:00 p.m.	60
	8:00 a.m.	49
	10:00 a.m.	98

The Fourth Sunday of Ordinary Time

“Rejoice and be glad, for your reward will be great in heaven.” Here, in a nutshell, is the Christian belief about the afterlife. We trust that heaven is open to believers who accept the gift of salvation and follow the way of the Lord, even (or especially) when that way is difficult!

The beatitudes in today’s Gospel give us a program for following the path to heaven. These famous words offer a kind of twofold image. There are, on the one hand, the beatitudes about what we should do and be: poor in spirit, meek, merciful, clean of heart, and peacemakers. Such qualities are reflections of the nature of God in whose image we are meant to live. When we embrace and reflect this image to the world, there is no doubt we are walking on the path of God’s will.

Then, there are also the beatitudes about what we are called to endure: mourning, hunger for righteousness, persecutions and insults due to our belief in Jesus. These are the trials that often beset the life of a faithful Christian— admittedly more so in some ages and areas than in others. But Jesus makes it clear that even these trials and struggles are a sign that a Christian is on the right path, not that God has abandoned him or her, but that the reward of heaven lies around the corner.

One of the greatest consolations of our faith is that even when life does not unfold according to our own perfect designs, even when there is suffering to deal with, even when we do not have great success in the eyes of the world, we can maintain hope and peace as we await the “reward” of the just. The eternal happiness of heaven will be worth every ounce of temporary trial here on earth.

Cycles of Faith

Next weekend is Commitment weekend for the **2017 Archbishop’s Catholic Appeal**. During Mass we will watch a video from Archbishop Sample about the Appeal. If you received a personalized commitment card in the mail, please bring it to Mass with you as we join together to support our Catholic Church in western Oregon. If you did not receive a commitment card in the mail, pledge envelopes will be available during Mass.

This next week, please read the Archbishop’s Catholic Appeal materials found as an insert in the Bulletin today and prayerfully reflect on the level of commitment you will make next weekend.

The Archbishop’s Catholic Appeal provides substantial financial support to essential ministries that support parishes in our Catholic Church in western Oregon. These programs provide education and faith formation at all levels and provide a Catholic presence for tens of thousands of people.

When we stop to count our abundant blessings, we are aware of how truly blessed we are. The Appeal is an invitation to share your blessings and support for the Gospel mission here in western Oregon.

Your pledge is also a sign of your gratitude for God’s generous abundance. While we can never out-do God in generosity, we are called to join the mission of the Gospel as we put forth the gifts of life, goodness, and grace through the sharing of our own blessings from God.

Readings for the week of January 29, 2017

Sunday: Zep 2:3; 3:12-13/Ps 146/1 Cor 1:26-31/Mt 5:1-12a

Monday: Heb 11:32-40/Ps 31/Mk 5:1-20

Tuesday: Heb 12:1-4/Ps 22/Mk 5:21-43

Wednesday: Heb 12:4-7, 11-15/Ps 103/Mk 6:1-6

Thursday: Mal 3:1-4/Ps 24/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Friday: Heb 13:1-8/Ps 27/Mk 6:14-29

Saturday: Heb 13:15-17, 20-21/Ps 23/Mk 6:30-34

Next Sunday: Is 58:7-10/Ps 112/1 Cor 2:1-5/Mt 5:13-16

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Sometimes I wonder what this world will look like when my children get to be my age. Everything seems to be changing so rapidly and much of that change doesn't seem to be for the good. I do think in some ways the Church is experiencing resurgence and a strengthening, but it will have to in the face of an increasing culture of atheism and selfishness.

Of course, I bet my parents wondered the same thing when I was a child. As much as things change, they remain the same. When Jesus gave his Sermon on the Mount, I would guess some parents there were having the same kind of worries. But Jesus proposed a way of life in the beatitudes that was countercultural then and is countercultural now.

In his book, *Life of Christ*, Fulton Sheen said this: "The Sermon on the Mount is so much at variance with all that our world holds dear that the world will crucify anyone who tries to live up to its values." Living a stewardship way of life means bringing the beatitudes into our daily lives in a profound way. However, it also means living in a way that others may not understand or they may even turn away from us because of it. But with the reward in the end being the kingdom of heaven, the choice is really a matter of life and death, *eternally* speaking.

—Tracy Earl Welliver, MTS

Update from the Office

Offertory Envelopes have arrived. They are in the vestibule and are in alphabetical order. If you are new to the parish and have registered your Offertory Envelopes should be there. If you have not registered and would like to registrations forms are in the vestibule along with a sheet requesting envelopes.

RCIA

The Rite of Christian Initiation of Adults learned about the first three Commandments this last week. If you see a topic that interests you, please come and join us in us on Tuesday nights at 7:00 p.m. in Room 5.

Upcoming topics include:

1/31—Our Eternal Destiny (4 last things) + Purgatory

2/7—The last seven Commandments

2/14—Baptism and Confirmation

Bunco Group

St Frederic has a women's Bunco group that meets on the first Thursday of the month at 7:00 p.m. The group has twelve regulars who take turns hosting by cooking dinner and purchasing the prizes. The cost is \$5 to play, which is used for purchasing the prizes. If you are interested in joining Bunco, please call the office at 503-397-0148 to be added to the substitute list. If we have enough people who want to join, another group can be formed. We always have a great time.

Religious Ed Classes

If public school is cancelled due to weather, Religious Ed will also be cancelled.

Pre-K through 6th grade after 10:00 a.m. Mass in Room 5.

Sacramental Prep Reconciliation and First Communion classes will be on Wednesdays at 7:00 p.m. in the Parish Center.

Youth Group is on Sunday evening from 6:00 p.m. to 8:00 p.m. in the Parish Center.

Called to Protect

"Called to Protect for Ministers and Volunteers" is required training by the archdiocese for anyone who will work with children/youth 4 or more times in a year, as well as all staff. It will be offered in our parish on Sunday, February 5, 2017 at 7:00 p.m. in Room 5. For questions, or more information: Diane Larson 503-312-6130.

Bake Sale/Can Drive

The Youth Group will have a bake sale/can drive after all Masses February 11 and 12, 2017. Thank you for your continued support of cans/bottles.

ADVERTISER OF THE WEEK!

SunShine Pizza

We would like to thank SunShine for placing an ad in our bulletin.