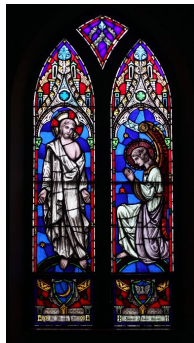

Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven,
You promised to send the Holy Spirit
to Your apostles and disciples.
Grant that the same Spirit
may perfect in our lives
the work of Your grace and love.
Grant us
the Spirit of Fear Of The Lord
that we may be filled with a loving reverence
toward You;
the Spirit of Piety
that we may find peace and fulfillment in the
service of God while serving others;
the Spirit of Fortitude
that we may bear our cross with You
and, with courage, overcome the
obstacles that interfere with our salvation;
the Spirit of Knowledge
that we may know You and know ourselves
and grow in holiness;
the Spirit of Understanding
to enlighten our minds
with the light of Your truth;
the Spirit of Counsel
that we may choose the surest way of doing Your
will, seeking first the Kingdom;
Grant us the Spirit of Wisdom
that we may aspire to the things that last forever;
Teach us to be Your faithful disciples and animate
us in every way with Your Spirit. Amen.



Chaplet of the Holy Spirit

Pray: Sign of the Cross, Act of Contrition

First Mystery: Jesus is conceived by the Holy Spirit of the Virgin Mary.

"The holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God. Luke 1:35

Pray: Our Father, Hail Mary, 7 Glory Be

Second Mystery: The Spirit of the Lord rests upon Jesus.

After Jesus was baptized, he came up from the water and behold, the heavens were opened for him, and he saw the Spirit of God descending like a dove and coming upon him. Matthew 3:16

Pray: Our Father, Hail Mary, 7 Glory Be

Third Mystery: Jesus is led by the Spirit into the desert.

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.

Luke 4:1

Pray: Our Father, Hail Mary, 7 Glory Be

Fourth Mystery: The Holy Spirit in the Church.

And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. Acts 2:2, 4

Pray: Our Father, Hail Mary, 7 Glory Be

Fifth Mystery: The Holy Spirit in the souls of the Just.

Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own. Do not quench the Spirit. And do not grieve the holy Spirit of God, with which you were sealed for the day of redemption. I Cor 6:19; I Thes 5:19; Eph 4:30

Pray: Creed, Our Father, Hail Mary, 7 Glory Be

Holy Spirit Novena



Breathe into me, Holy Spirit,
that my thoughts may all be holy.

Move in me, Holy Spirit,
that my work, too, may be holy.

Attract my heart, Holy Spirit,
that I may love only what is holy.

Strengthen me, Holy Spirit,
that I may defend all that is holy.

Protect me, Holy Spirit,
that I may always be holy.

Saint Augustine

Come Holy Spirit

Come, Holy Spirit, fill the hearts of Your faithful
and enkindle in them the fire of Your love.
Send forth Your Spirit, O Lord,
and they shall be created;
and You shall renew the face of the earth.

Let us pray. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, Grant us in the same Spirit to be truly wise and ever to rejoice in His consolation.
Through the same Christ our Lord. Amen.

Novena to the Holy Spirit

Day One - Gifts of the Holy Spirit

Come, Holy Spirit:
Come, Spirit of Light, Spirit of Strength, Spirit of Love. Enlighten our mind and strengthen our will. In flame our heart with the love of God and send forth your sevenfold Spirit upon us.

Day Two - Wisdom

Come, Holy Spirit:
Come, **Spirit of Wisdom**, detach us from earthly things and infuse in us a love and taste of heavenly things.

Day Three - Understanding

Come, Holy Spirit:
Come, **Spirit of Understanding**, enlighten our minds with the light of your eternal truth and the riches of holy thoughts.

Day Four - Counsel

Come, Holy Spirit:
Come, **Spirit of Counsel**, make us docile to your inspirations and guide us in the way of salvation.

Day Five - Fortitude

Come, Holy Spirit:
Come, **Spirit of Fortitude**, give us strength, constancy and victory in the battle against our spiritual enemies.

Day Six - Knowledge

Come, Holy Spirit:
Come, **Spirit of Knowledge**, be the Master of our souls and help us to put into practice Your teachings.

Day Seven - Piety

Come, Holy Spirit:
Come, **Spirit of Piety**, come to live in our heart to possess and sanctify all of our affections.

Day Eight - Fear of the Lord

Come, Holy Spirit:
Come, **Spirit of Fear of the Lord**, reign over our will and make us always disposed to suffer every evil rather than to sin.

Day Nine - Fruits of the Holy Spirit

Come, Holy Spirit:
Come, Divine Spirit, fill the hearts of your people with your heavenly fruits; Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Concluding Prayer

Let us pray:
O God, Grant that our constant prayers may make us deserving of the Holy Spirit. We are grateful for all the graces and lights we have received. With His continued assistance may we attain the perfection in the state of life to which You have called us. This we ask, through the merits of Jesus Christ, Your Son, Amen.

Veni Creator Spiritus

Come, Holy Ghost,
Creator blest,
and in our hearts take up Thy rest;
come with Thy grace
and heavenly aid
to fill the hearts which Thou hast made.

Praying a Novena

What is a Novena? A novena is a traditional Catholic prayer method you can use to put aside time in daily prayer, usually nine days, to contemplate a certain intention, devotion, or to prepare for a particular feast day.

Why pray the Novena to the Holy Spirit? This prayer is one of the oldest novenas and was shared by Jesus himself. After the Ascension, the Apostles and the Blessed Mother stayed together devoting themselves to prayer as they waited for the gift of the Holy Spirit on the first Pentecost.

How do I know what to do? A novena does not have one particular formula or correct way to pray it. Offered here are some suggestions for traditional prayers that can guide you in your personal prayer time over the next 9 days.

God Bless! The Saint Mary's Women's Guild

