



TRENTON CATHOLIC ACADEMY

The Upper School at McCorristin Campus

175 Leonard Avenue † Hamilton, NJ 08610-4899

Tel: (609) 586-3705 † Fax: (609) 586-6584 † www.trentoncatholic.org

THIS FORM IS FOR UPPER SCHOOL STUDENTS ONLY

Weight Lifting – Strength & Conditioning – Open Gym Permission Form

As the parent/guardian of _____, (list child(s) name) I give my permission for my child to participate in the after school weight lifting, strength and conditioning workouts, and open gyms. I will also be able to pick my child(s) up on time at the conclusion of each of the weight lifting, strength and conditioning workouts, and open gyms. Students who cannot be picked up on time will not be able to participate.

Parent/Guardian Signature

Date:

(This permission form is good for one school year)

Expect the Exceptional