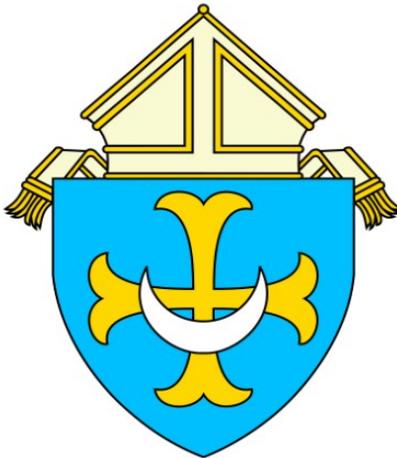


**Guide
To
Programs and Services
Of
Catholic Social Services**



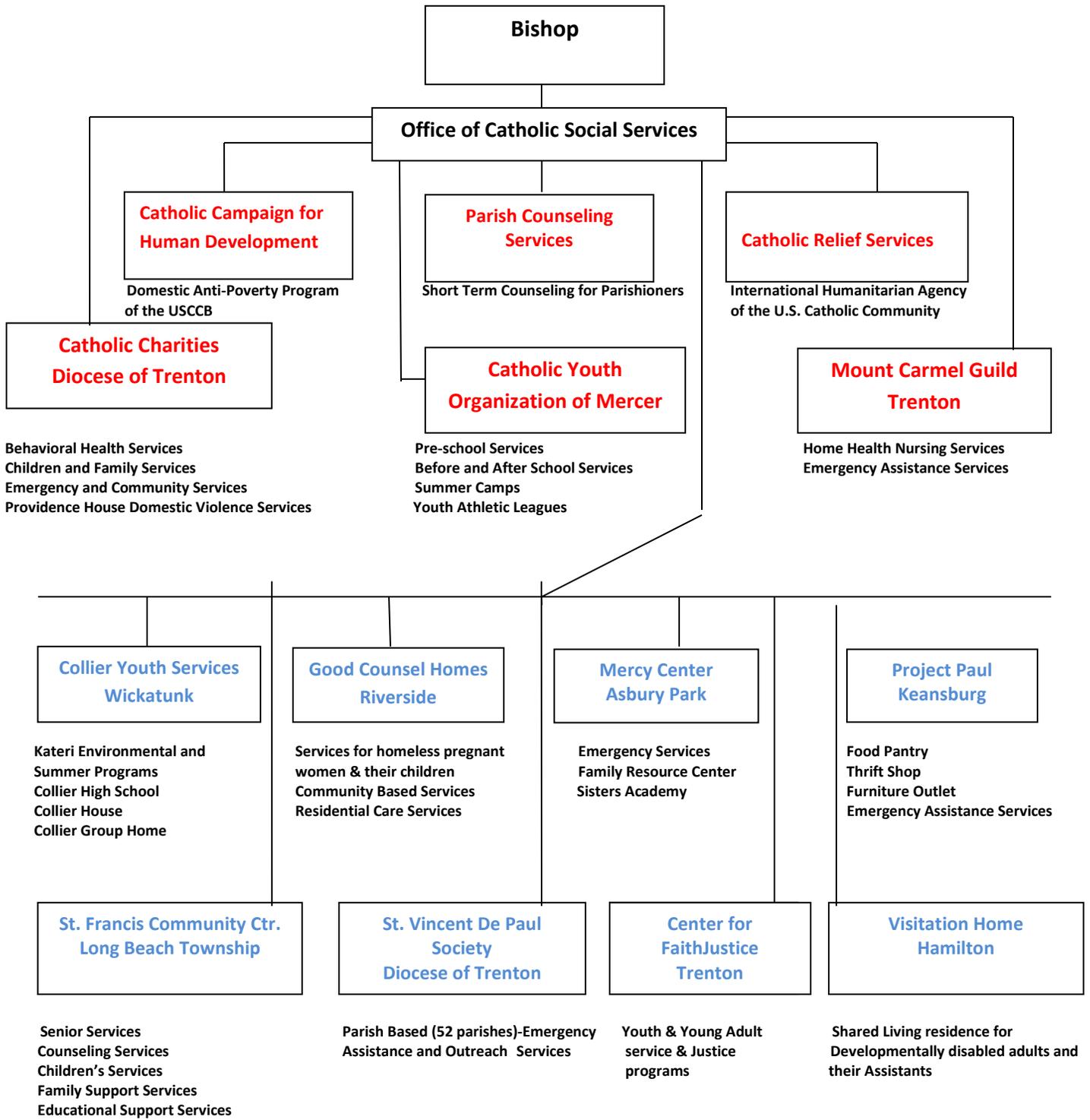
Diocese of Trenton

2017

INDEX

<u>Contents</u>	<u>Page</u>
Organizational Chart for Catholic Social Services	3
Diocesan Agency Services by category	4
Catholic Social Services	5
Catholic Campaign for Human Development	6-7
Catholic Charities	8-11
Catholic Relief Services	12-13
Catholic Youth Organization of Mercer County	14-17
Center for FaithJustice	18
Collier Youth Services	19
Good Counsel Homes	20-21
Mercy Center	22-23
Mount Carmel Guild	24
Parish Counseling Services	25-27
Project PAUL	28-29
St. Francis Community Center, LBI	30-32
St. Vincent de Paul Society	33-35
The Visitation Home	36

Diocese of Trenton Office of Catholic Social Services



SERVICES

ADDICTION SERVICES

Catholic Charities, (Mercer)
Project Free (CC) – Monmouth

BEHAVIORAL HEALTH SERVICES

Catholic Charities, (Burlington, Mercer,)

COUNSELING SERVICES

Monmouth Counseling Services (Catholic Charities)
St. Francis Community Center, LBI
(Individual, Family & Group Counseling)
Diocese of Trenton & Catholic Charities
(short term counseling for parishioners)

DEVELOPMENTALLY DISABLED

Visitation Home, Yardville

DOMESTIC VIOLENCE SERVICES

Providence House, Catholic Charities

CHILDREN AND FAMILY SERVICES

Catholic Charities
Mercy Center, Asbury Park
St. Francis Community Center, LBI

EDUCATIONAL SUPPORT SERVICES

St. Francis Community Center (adult and youth)

COMMUNITY SERVICES

Catholic Charities – Burlington, Mercer, Ocean Counties
St. Francis Community Center, LBI
Mt. Carmel Guild, Trenton
Mercy Center, Asbury Park
Project Paul, Keansburg
Providence House, Catholic Charities
St. Vincent de Paul Society, (parishes)

HOUSING

Catholic Charities, supportive housing
Beacon House (transitional housing), Neptune
Linkages (transitional housing for homeless
families- Catholic Charities) Tinton Falls, Monmouth Co.

LATINO POPULATION SERVICES

Catholic Charities
Strengthening Families Program (CC)
St. Francis Community Center

PRE-SCHOOL PROGRAMS

CYO Mercer – (sites in Trenton, Hamilton, Ewing)
St. Francis Community Center, LBI

SENIOR SERVICES

Home Health Nursing Services (Mt. Carmel Guild)
St. Francis Community Center, LBI
Caregiver Information and education (St. Francis)
Adult Day Care (St. Francis)
Catholic Charities Fix It Program – Ocean Co.

SUMMER CAMP PROGRAMS

CYO Mercer Summer Camps
(Sites in Trenton(2), Yardville, Ewing)
Kateri Environmental Center (Collier, Wickatunk)
Kateri Day Camp (Collier- Wickatunk)
Kateri Extended School Year (Collier- Wickatunk)
St. Francis Community Center, LBI

SERVICES FOR HOMELESS PREGNANT MOTHERS

Good Counsel Home (Residential and Community Services)

YOUTH SERVICES

Collier Group Home, Red Bank
Collier House (women 18-21), Keyport
Collier High School (education and therapeutic support)
CYO Mercer – before and after school programs (Mercer)
CYO Mercer – Youth Athletic Leagues
Sister's Academy (Asbury Park- Mercy- middle school)
Center for FaithJustice

Office of Catholic Social Services

Contact Information:

Sr. Joanne Dress, DC
Executive Director of Catholic Social Services
Diocese of Trenton
701 Lawrenceville Rd., Trenton, NJ 08638-0147
609-403-7180
jdress@dioceseoftrenton.org

“The Office of Catholic Social Services has responsibility for oversight of all offices, agencies and organizations in the Diocese of Trenton that administer diocesan-based and parish-based social services to the faithful of the Diocese or to others within the four counties who approach the Diocese in need.

Appointed by and reporting to the Bishop, the Executive Director of the Office of Catholic Social Services serves as his personal delegate and representative to all offices, agencies and organizations and/or boards related to it functioning as well as to other provincial, national or international Catholic social services offices, agencies or organizations such as the New Jersey Catholic Conference, Catholic Campaign for Human Development and Catholic Relief Services. “
(Statute 105 – Fourth Synod, 2014)

It is the primary responsibility of the EDCSS to serve the Diocese and its stated mission in any established areas relating to Catholic social services in the Diocese as well as any new initiatives to be proposed and/or established.

The Diocese of Trenton has numerous offices, agencies and institutions that make up the Catholic Social Services of the diocese. The determining factor of which agencies are “Catholic” is their listing in the National Catholic Directory. The Office of Catholic Social Services acts as a liaison with these agencies and the diocese. The office identifies the various Catholic Social Service agencies, offers support and provides opportunities to network with the other Catholic Social Services in the diocese.

The Social Service agencies come together at quarterly meetings to share information about their services, to share issues that they face in the delivery of services and wherever possible to network their efforts to provide for the needs of the people. This invitation to the Catholic Agencies will continue with the hope of strengthening the services they provide and increasing advocacy efforts for families and individuals throughout the four counties of the diocese.

The Office of Catholic Social Services has worked closely with parishes in response to their efforts to provide assistance to those in need. We will continue to work closely with parishes and their social ministry services and outreach efforts in the coming year. We have held meetings for parishes to share information about their parish outreach/social services, to discuss issues that they face in providing service and to network with other parishes in their deanery and/or vicariate on direct services and advocacy efforts. In the coming year we will respond to some of the issues raised during the Parish Social Service meetings in the counties by providing information and presentations on various topics such as: “Do’s and Don’ts of Grant Writing”; “Housing Resources in Monmouth County”; and “Federal Food Programs” among others.

GUIDE TO PROGRAMS AND SERVICES OF CATHOLIC SOCIAL SERVICES IN THE DIOCESE OF TRENTON

The Catholic Social Services Agencies and Institutions of the Diocese provide extensive services that taken collectively provide for the real needs of the people within the four counties of the Diocese. While this guide is not intended to be exhaustive it is an attempt to provide you with information that might assist you in your efforts to address the needs that you encounter.

Catholic Campaign for Human Development

Counties Served Mercer, Burlington, Ocean and Monmouth
Director: Rev. John C. Garrett
Administration Office: Diocese of Trenton, 701 Lawrenceville Rd., Trenton, NJ 08638
Contact information: Tel. 856-461-6555 jgarrett@dioceseoftrenton.org

Mission Statement

*The Catholic Campaign for Human Development (CCHD)
is an instrument of the Catholic Church working to carry out the mission of Jesus Christ,
“...to bring good news to the poor...release to captives...sight to the blind,
And let the oppressed go free.” (Luke 4:18)*

The Catholic Campaign for Human Development is the domestic anti-poverty program of the United States Catholic Bishops and works to break the cycle of poverty by helping low-income people participate in decisions that affect their lives, families and communities. CCHD offers a hand up, not a hand out.

It has a complementary mission of educating on poverty and its causes. This dual pastoral strategy of education for justice and helping people who are poor speak and act for themselves reflects the mandate of the Scriptures and the principles of Catholic Social Teaching.

CCHD also provides the Catholic faithful with concrete opportunities to live out the love of God and neighbor in ways that express our baptismal call and continuing Eucharistic transformation.

The Catholic Campaign for Human Development is made possible by the generous support of Catholics in the United States, especially through an annual parish collection. CCHD’s grants to local anti-poverty efforts are screened, awarded and monitored in close partnership with local Catholic dioceses. CCHD grants to groups in a local community require the explicit approval of the bishop of that diocese.

CCHD IS a Catholic Social Service office within the Diocese of Trenton that offers a yearly grant.

The grant monies are received from the collection that is taken by each parish within the Diocese of Trenton the weekend before Thanksgiving (75% of monies collected by CCHD – DT is sent to the United States Conference of Catholic Bishops national office of CCHD and 25% is retained by the Diocese of Trenton and awarded in grants) .

Each year 3-5 grants are awarded in the amounts of \$2,000-\$10,000 each. A grant can be received for two consecutive years. If a grant is awarded for two consecutive years, one year must pass before another grant application is submitted.

- I. **Funding Criteria for Local Grants:**(as of August 2012) factors that will be considered in grant applications: The 3 major criteria that will be used to award grants are the following:
 - A.) Priority will be given to new initiatives taken by agencies or parishes that enhance or provide for a foundation of self-sufficiency.
 - B.) The agency or parish outreach program will have a mission of providing social services with a focus on basic human needs (food, clothing, shelter, jobs etc.).

- C.) Applications will only be accepted from Catholic agencies (Catholic agencies recognized as such by the National Catholic Directory) and Parish Social Service Outreach Programs in the Diocese of Trenton.

II. Review of Grants

- Depending on the amount received in the CCHD collection (75% to national level; 25% to local diocesan level) 3 to 5 local diocesan grants will be awarded in the amount of \$2,000 to \$10,000.
- An application must be completed which includes: description of project, persons in need benefiting from services, expected outcomes, how program will be funded in future years and a detailed budget of the project. (Applications received after the deadline will not be considered.)
- Grants will not be given to fund salaries, building upgrades, operating deficits, research projects, or cost of fund-raising.
- An organization is eligible to receive a grant for 2 consecutive years after which they need to take one year off before re-applying.
- Any organization that supports anything contrary to Catholic Social or Moral teaching will be excluded.
- A site visit to potential grant recipient may be necessary.
- A written interim report and a final report will be required.
- Grant monies must be used within a year of receiving the grant. At this time a determination will be made re: grant funds that have not been spent.
- Grant recipient must be willing to publicize how the grant was used by the Diocese of Trenton.

III. Timeline:

- Weekend before Thanksgiving: Collection in all Catholic parishes in DOT (**11/19-20/2016**)
- September: Grant Application posted and made available (**September 1, 2016**)
- Deadline for grant applications (**October 3, 2016**)
- Late October-Early November: Review of grants and site visits to qualified candidates
- Early November: Grants awarded and checks dispersed
- **April 3, 2017**: interim report due; **October 3, 2017**: final report summary due (include detailed report of use of monies received in both reports)

Review of Grants:

Applications will be due on **October 3, 2016**. Application forms can be found on the Diocesan website. Grants will be reviewed and awarded by the Diocesan Director for CCHD-DT, Rev. John C. Garrett. This process will be done in conjunction with the Executive Director of Catholic Social Services for the Diocese of Trenton, Sr. Joanne Dress, D.C.

Grants are competitive - please be aware of that when filling out application too little or too much information on the application may result in your not receiving a grant.

Rev. John C. Garrett, Diocesan Director
Catholic Campaign for Human Development
701 Lawrenceville Road, Trenton, NJ 08638-0147
1-856-461-6555

jgarrett@dioceseoftrenton.org

cc: jdress@dioceseoftrenton.org

Catholic Charities, Diocese of Trenton

Counties Served Burlington, Mercer, Monmouth, Ocean
Executive Director: Ms. Marlene Lao-Collins
Central Administration Office: 383 West State Street, P.O. Box 1423, Trenton, NJ 08607-1423
Contact information: Tel. (609)394-5181; fax: (609)695-6978; web: www.catholiccharitiestrenton.org
***Clients should be referred through "Access, Help and Information" # 1-800-360-7711**

Mission Statement:

Catholic Charities, Diocese of Trenton, inspired by the Scriptures as reflected in Catholic Social Teaching, alleviates human suffering and improves the quality of life of individuals and families, especially the poor and vulnerable, through service, advocacy, and community building.

Catholic Charities has served the people of the Diocese of Trenton for 100 years, since 1913. During these decades Catholic Charities has continually adjusted their service according to the needs of the time. Following in that tradition, today they address the issues related to providing Catholic Social Services to frail and vulnerable populations as well as those who experience the need of temporary assistance. They provide direct service to those who come to them for assistance as well as information and referral to other agencies and programs.

The areas of service provided by Catholic Charities are divided into four service areas. Behavior Health Services, Community Services, Providence House Domestic Violence Services and Children and Family Services. Services offered by Catholic Charities vary from county to county.

The following is a brief explanation of services that Catholic Charities provides. A more complete listing of services by county follows.

Behavioral Health Services:

Catholic Charities provides extensive behavioral health services in **Burlington and Mercer Counties**. Staffed by certified professionals and paraprofessionals, Catholic Charities provides a wide range of psychiatric rehabilitation groups and activities for mentally ill adults. Services are provided in a variety of settings: residential, transitional residential and outpatient. Wrap around services include supported employment and supportive housing programs.

Catholic Charities provides counseling for individuals who are challenged by alcohol and/or substance use/abuse. They also have programs for those who are dually diagnosed (mental illness/substance abuse).

In Burlington County, Catholic Charities provides a wide range of counseling psychotherapeutic services to individuals, couples, and families experiencing emotional stress such as marital discord, depression, anxiety and parent-child conflict. Other services provided include additional services and parenting education workshops.

In Mercer County, Catholic Charities provides Early Intervention and Support Services for individuals experiencing a serious mental health crisis that does not require emergency room or inpatient care.

In Monmouth and Ocean Counties, Catholic Charities also offers specialized treatment services for sexually abused children and adults who were sexually abused as children. Services are also available for issues of trauma related to other forms of family violence and for adult sexual abusers. A Counseling Program for Veterans is being developed.

Community Services

Catholic Charities provides Emergency and Community Services in **Burlington, Mercer, Ocean and Monmouth Counties**. There are a broad spectrum of services offered that varies in each county, these include housing and residential assistance services to eligible residents of a county, such as utility payments, security deposits, back rent, and mortgage payments. The availability of these services is subject to funding limitations. Other assistance includes case management, food pantry, free store (gently used clothing), voter registration and other diverse services offered by the county.

Mercer County offers, in addition to basic needs services, permanent housing programs coupled with other sets of services designed to help families and/or individuals who are homeless into permanent housing and toward greater stability and self-sufficiency.

Burlington County offers, in addition to basic needs services, household budgeting education, free income tax preparation, a mobile eye care unit (eye exams and eyeglasses), health screenings/flu shots as a 24-hour emergency shelter hotline. (Hotline number -211).

In **Monmouth County**, Catholic Charities runs a transitional housing program “Linkages” located in Tinton Falls. This program provides an intensive case management residential program for homeless families that will promote their self-sufficiency and entry into stable, independent living situations and ensure that vocational, medical and essential needs of parents and children are secured.

Ocean County offers, in addition to basic needs services, Health and Wellness Education, free health screenings, free income tax preparation, household budgeting education, and arranges minor home repairs for seniors.

Catholic Charities offers Immigration services throughout the Diocese with offices in **Mercer and Ocean Counties**.

Through donations and grants, Catholic Charities offers a holiday/seasonal assistance.

Providence House Domestic Violence Services

Catholic Charities provides Domestic Violence Services in **Ocean and Burlington Counties**. In each of these two counties, the program includes a 24-hour Domestic Violence Hotline, a confidentially located safe house, individual counseling, abuse support groups, legal advocacy program, children’s counseling, PALS (Peace: A Learned Solution), domestic violence response teams, community education and domestic violence liaisons to DCP&P program.

Children and Family Services

Catholic Charities provides Children and Family Services in **Ocean, Mercer, Monmouth and Burlington Counties**. Services include supervised visits between children and non-custodial parents, in-home foster care, natural parent support.

In **Ocean County**, Catholic Charities runs a transitional group home for homeless youth ages 17-21. Individual and group counseling is afforded on site.

In **Mercer County**, El Centro is a multi-service family resource and community building program.

In **Monmouth County**, Catholic Charities offers counseling and psychiatric treatment for children and families challenged by emotional and behavioral difficulties.

Services by County

Burlington County

Behavioral Health Services

1. Delaware House, 25 Ikea Drive, **Westampton**, NJ 08060; Phone: 609-267-9339
Services at Site: Partial Care Program, Outpatient Services, Vocational Services/Supportive Employment, Personal Recovery Program
2. Riverbank, 114 Delaware Ave. **Burlington**, NJ 08016; phone 609-386-8653
Services at Site: Delaware House Residential Services, Family & Community Services (FACS), Intensive Family Support Services (IFSS), Riverbank Self-Help Center, Riverbank Transportation, Roads to Recovery, Medically Enhanced Supportive Housing (MESH)
3. 5 Terri Lane, **Burlington**, NJ 08016; 609-386-4737
Services at Site: Program of Assertive Community Treatment (PACT)

Community Services

4. 801 Burlington Ave., **Delanco**, NJ 08070, Phone 856-764-6945(admin), 856-764-6940(client)
Services at Site: Community Food Pantry, Free Store, Housing and Residential Counseling, Prescription Assistance, Mobile Eye Care Unit, Free Tax Prep, Voter Registration Assistance.

Providence House Domestic Violence Services

5. Counseling Center, 950 A Chester Ave., Suite 20, **Delran**, NJ 08075, Phone: 856-824-0599(admin)
Hotline: 1-609-871-7551 or 1-877-871-7551
Services at Site: 24 Hour Domestic Violence Hotline and Emergency Safe House, Individual Counseling, Support Groups, Project Self-Sufficiency, Legal Advocacy Program, Community Education, PALS (Peace A Learned Solution), Domestic Violence Response Team and Domestic Violence Liaisons to DCP&P.

Mercer County

Central Administration Services

6. 383 W. State St., **Trenton**, NJ 08618, phone: 609-394-5181 and
39 North Clinton Ave., Trenton, NJ 08609, phone: 609-396-9299 (Facilities); 609-396-4713 (IT); 609-394-3202 (Access Center)
Departments: IT, Human Resources, Finance & Accounting, Executive Office, Development, External Affairs, Parish Social Ministry, Compliance, Facility Maintenance and Access Center.

Behavioral Health Services

7. 41 Steinert Ave., **Hamilton**, NJ 08619, phone: 609-890-2527
Services at Site: On My Own Supportive Housing, Transitional Residential Program.
8. 39 North Clinton Ave., **Trenton**, NJ 08609, phone: 609-394-9398
Services at Site: Familia Latina, Alcohol/Addictions/Mental Health Counseling, Veterans Intervention Program.
9. 10 Southard Street, **Trenton**, NJ 08609; 609-396-4557
Services at site: Partners in Recovery, New Choices, Supported Employment, Project F.R.E.E.
10. 1340 Parkway Ave., Suite 11, **Ewing**, NJ 08628; phone: 609-882-4772
Services at site: PACT Program Team 1 (Program of Assertive Community Treatment)
11. 47 North Clinton Ave., **Trenton**, NJ 08609; phone: PACT team 2- 609-396-8787; PACT team 3- 609-396-9777
Services at site: PACT team program Team 2 and 3.

Community Services

12. 200 Mott Street, **Trenton**, NJ 08611
Services at Site: ECS Administrative Offices

13. 132 N. Warren Street, Trenton, NJ 08608; phone 609-39-8847(client)
Services at site: Community Food Pantry Free Store, Housing and Residential Assistance Services, Holiday/Seasonal Assistance, Prescription Assistance Voter Registration/ Hope VI/Housing NOWII.

Children and Family Services

14. 39 N. Clinton Ave., Trenton, NJ 08609; phone: 609-394-5157
Services at Site: Family Growth Mercer, Just One Step;
15. 55. N. Clinton Ave., Trenton, NJ 08609; phone 609-278-1213
Services at Site: Family Care Program, Milepost, In-Home Foster Care, Natural Parent Support, Kinship Care/Resource.
16. El Centro – 327 S. Broad St., Trenton, NJ 08608; phone 609-394-2056
Services at Site: Latino population services, Strengthening Marriages Program, Anger management groups, gang prevention, ESL, computer training.
17. 3535 Quaker bridge Road, Hamilton, NJ 08619; phone 609-584-0790
Services at Site: Mobil Response and Stabilization Services

Monmouth County

Children and Family Services

18. Monmouth Counseling Services, 145 Maple Ave., Red Bank, NJ 07701, Phone: 732-747-9660
Services at Site: Family Growth Monmouth/Ocean, Individual Counseling, School Social Services.
19. Project Free, 238 Neptune Blvd., 2nd Floor Suite 1A, Neptune, NJ 07753; phone: 732-897-7701
Services at Site: Addiction outpatient services
20. Beacon House, 1410 Sixth Avenue, Neptune, NJ 07753; phone 732-02-9245
Services at Site: Beacon House Transitional housing program.
21. Linkages, 4261 Route 33, Tinton Falls, NJ 07753; phone 732-922-0400.
Services at Site: transitional housing program for homeless families promoting self-sufficiency.

Ocean County

Community Services

22. 200 Monmouth Ave., Lakewood, NJ 08701; phone: 732-363-5322
Services at Site: Community Food Pantry, Free Store, Housing Assistance, Prescription assistance, Voter Registration Assistance, Work Readiness & Career Development Services, Legal Assistance Services, Citizenship and Naturalization Classes, English as a Second Language (ESL) classes, education/enrichment Services.

Providence House Domestic Violence Services

23. Outreach Office, 88 Schoolhouse Road, Suite 1, Whiting, NJ 08759.
Phone: 732-350-2120; **hotline: 1-732-244-8259 or 1-800-246-8910**
Services at Site: 24 hour Domestic Violence Hotline and Emergency Safe House, Individual Counseling, Support Groups, Project Self-Sufficiency, Legal Advocacy Program, PAL (Peace: A Learned Solution), Community Education, Project REAC for victims 50 years and older, Domestic Violence Response Team and Domestic Violence Liaisons to DCP&P.

Catholic Relief Services

Counties Served Mercer, Burlington, Ocean and Monmouth
Director: Rev. Edward M. Jawidzik
Administration Office: Catholic Relief Services/ Diocese of Trenton – c/o 61 Georgia Rd., Freehold, NJ 07728
Contact information: Tel: 732-462-7429 frjawidzik@strobert.com
Web site: <http://crs.org>

Catholic Relief Services was founded in 1943 by the Catholic Bishops of the United States to serve World War II survivors in Europe. Since then, we have expanded in size to reach more than 100 million people in more than 100 countries on five continents.

Mission Statement

***Our mission is to assist impoverished and disadvantaged people overseas,
working in the spirit of Catholic Social Teaching to promote
the sacredness of human life and the dignity of the human person.
Although our mission is rooted in the Catholic faith,
our operations serve people based solely on need, regardless of their race, religion or ethnicity.
Within the United States, CRS engages Catholics
to live their faith in solidarity with the poor and suffering of the world.***

The fundamental motivating force in all activities of CRS is the Gospel of Jesus Christ as it pertains to the alleviation of human suffering, the development of people and the fostering of charity and justice. We are committed to a set of Guiding Principles and hold ourselves accountable to each other for them.

As the official international humanitarian agency of the U.S. Catholic community, CRS is governed by a Board of Directors made up of clergy, most of them bishops, religious and Catholic lay men and women.

CRS maintains strict standards of efficiency, accountability and transparency. Last year, more than 94 percent of revenues we spent went directly to programs that benefit the poor overseas.

How We Serve

Our work is about more than helping people survive for the day. Catholic Relief Services approaches emergency relief and long-term development holistically, ensuring that all people, especially the poorest and most vulnerable, are able to participate in the very fullness of life — to have access to basic necessities, health care and education — all within peaceful, just communities.

To achieve this, we focus on six key areas of service:

1. Emergencies

In areas devastated by natural disasters and wars, CRS is often among the first on the ground providing water, food, shelter, protection from abuses and other basic needs. But our work does not stop there, especially during times of war or when disaster strikes in conflict zones. In the course of providing emergency assistance, we also address the root causes of conflict and help communities bring about lasting change and peace.

2. Hunger

Millions worldwide are unable to meet their most basic, daily needs for a variety of reasons. CRS takes a multipronged approach to combat chronic hunger and poverty. We address a combination of pressing concerns by mitigating hunger, developing agriculture, improving water and sanitation, developing sustainable work options, providing microfinance to support small businesses, and providing a safety net for those who have no other means of support.

3. Education

Lasting improvement in the lives of the poor cannot be achieved without education. Access to education for all, particularly girls and women, as well as improved quality of education are key components of CRS' work around the world. Equally important is community involvement in education, without which long-term, positive change is elusive.

4. Health

In much of the developing world, people have little access to health care — no clinics, no hospitals, no doctors, no medicine. Focusing on remote and underserved areas, CRS establishes community-based health care systems that give people the tools they need to manage their own health needs. Our community health programs focus on caring for those affected by HIV and AIDS; improving child survival, especially among orphans and vulnerable children; developing proper water and sanitation systems; improving nutrition; and advancing maternal and child health.

5. Peace

The way we provide emergency aid and development assistance can actually prevent or transform conflicts. Peace- building, therefore, lies at the heart of all we do. Conflict resolution, education and prevention are integral to our work of development and emergency recovery. Part of peace- building also means strengthening civil society through civic organizations that help communities collectively advocate for their own needs. This, in turn, encourages good governance and holds governments accountable to their people. In this way, such tragedies as human trafficking can be halted and the most vulnerable are given the protection they need.

6. Helping at Home

CRS serves the poor and vulnerable overseas. Here at home, we work to help American Catholics put their faith into action, encouraging them to advocate for changes that uproot the unjust structures that constrain the lives of the poor and perpetuate poverty, conflict and inequality. Programs educate Catholics at home about the causes of hunger, help them foster economic justice through conscientious consumerism, and build peace and justice in the world by raising their voices in the halls of U.S. and international governing bodies

Get involved through:

- **Catholics Confront Global Poverty** – <http://crs.org/globalpoverty>
- **CRS College.org** – connect to CRS experts about issues pertaining to social justice.
- **CRS Fair Trade** – concrete way to promote economic justice for artisans, farmers and workers living in poverty overseas. <http://crsfairtrade.org>
- **Food Fast** – a 24 –hour fasting retreat for young Catholics that focuses on global poverty and hunger around the world. <http://crsfoodfast.org>
- **Going global with Youth** – lesson plans, activities, prayer services and other resources. <http://education.crs.org>
- **Operation Rice Bowl** – Lenten Program. <http://Orb.crs.org>
- **Leadership Development** – CRS provides on-site training for parishes and faith communities <http://resources@crs.org>

CRS Global Fellows are clergy who share their overseas experiences. <http://globalfellows.org>

Catholic Youth Organization of Mercer County

Counties Served Mercer
Executive Director: Mr. Thomas Mladenetz, Executive Director
Administration Office: 920 South Broad Street, Trenton, NJ 08611
Contact information: Tel. (609)396-8383; web: www.cyomercer.org

Mission Statement

The Catholic Youth Organization (CYO) of Mercer County is a public benefit community organization that enhances the lives of Greater Mercer County youth and their families, by providing affordable educational and recreational services. Rooted in Catholic Tradition, the CYO provides these services in an inclusive and non-discriminatory manner respecting the culture and faith of all.

The Catholic Youth Organization of Mercer Co (CYO) has served the people of the greater Mercer County area of the Diocese of Trenton for the past 60 years since 1952. Rooted in Catholic Tradition, CYO provides services in an inclusive, non-discriminatory manner, respecting the culture and faith of all. Initiated in 1952 primarily to provide recreational activities for Catholic youth, CYO was formally incorporated in 1961 and has evolved into a full service childcare, youth development program provider, and a social service agency.

The CYO of Mercer County is an independently incorporated 501(c)(3) community organization, whose mission is to enhance the lives of Greater Mercer County youth and their families, by providing affordable, quality educational and recreational services, which include pre-schools, before and after school programs, summer camps, swim lessons, and youth athletic leagues.

CYO operates two program sites purchased for them by the Diocese of Trenton in the late 1950's and early 1960s; Trenton Center at 920 South Broad Street and the Yardville Branch at 453 Yardville-Allentown Rd. in Hamilton Twp. CYO's third program site is leased from Ewing Twp., and is located within the Hollowbrook Community Center. The CYO also operates state licensed before and after school programs at four Hamilton Twp. Public Schools: Lalor, Wilson, Greenwood and Klockner. In September 2012, CYO added a fourth site, the "CYO East State Street Center" (the former Martin House Learning Center) at 794 East State Street, in Trenton. Most recently, in September 2013, under contract to Hamilton Township, CYO took over management/operation of the Bromley Neighborhood Civic Center, 1801 East State Street in Hamilton.

CYO has 60 years experience in childcare and youth programs and serves over 1,100 children daily during the school year and almost 1,300 daily during the summer! The CYO also serves approximately 1,200 children (ages 8-14) from Catholic schools and parishes, in seasonal athletic leagues.

CYO is led by a dynamic volunteer Board of Trustees that includes professional and community members with expertise in diverse areas. CYO currently has 40 full-time, 85 part-time, and 100+ seasonal employees. Volunteers, including students, employees and many other individuals and groups, play a pivotal role at CYO, helping in various roles and assisting all programs.

CYO Mercer Programs

Ewing Programs

1. **Pre-School** – serves children 2½ - 5 years of age, M-F, 7:30am-5:30pm year round. The Program includes breakfast, lunch and snack. The Pre-School is accredited through the National Association for Education of Young Children (NAEYC) and uses the nationally recognized Creative Curriculum Program. This suburban location near The College of New Jersey includes a great playground and pool access. Subsidized slots are available in this program.
2. **Summer Camp** – Operating from mid-June through August, serving children ages 5-12 (many of whom are siblings of our preschoolers and/or graduates of that program) from 7:30am to 5:30pm. The Camp offers a variety of age appropriate recreational/educational activities, and includes lunch and snack daily. Swimming and field trips are offered as well.

Yardville Programs

1. **Summer Day Camp** – Enjoy 23 acres of fun outside at our beautiful Yardville Camp for children (K through 7th grades). In operation since 1958. Wide range of exciting activities including: daily swimming lessons and free swim in our Olympic size swimming pool, miniature golf course, low ropes course, climbing wall, cargo net, arts and crafts, GaGa court, sand volley ball court, three new playgrounds, amphitheatre that seats 100, and our new, 4,600 square foot multi-purpose annex. Kids can enroll for the entire 9- week summer program or by sessions. Camp operates 9am-4pm with extended hours available. American Camp Association (ACA) accreditation!
2. **Pre- School** – The CYO Yardville Pre-School is accredited through the National Association for Education of Young Children (NAEYC) and is staffed with certified teachers and offers small class sizes. The program is for 3-5 year olds, and many different sessions are offered, including full time/year-round, and part time. Since 2004 we have offered a state licensed facility with affordable rates, located on a beautiful property. AM and PM snacks included and many special events. Operating hours from 7:30am-6:00pm.
3. **After School** – The CYO Yardville After-School Program serves children in grades K-5, M-F, 3:30-6:00pm, throughout the school year. The program, which follows Hamilton Township School District's operating calendar, consists of supervised educational and recreational enrichment activities, including arts and crafts, homework assistance and informal tutoring, computer lab instruction, and organized games. Afternoon snacks are included, and transportation is available, from Yardville Heights and Sunnybrae Schools. Walkers are escorted from nearby Yardville School, and drop-offs are welcome.
4. **Evening Swim Lessons** – Eight weeks of Summer Lessons available for 4-14 year olds. Classes are formed based on age and ability and take place in an Olympic sized swimming pool. This is an American Red Cross approved program. Certified swimming instructors and lifeguards teach and oversee small class sizes. Affordable rates offered!
5. **Picnic/Birthday Party Rentals** – Any family, organization, business, or church group planning a picnic or party should check us out. A 23 acre wooded site is available for weekend picnics/birthday party rentals year round. We have park shelters, tents, barbecue grills, picnic tables, basketball courts, beach volleyball, miniature golf course, GaGa court, soccer field, low ropes course, game rooms, playground equipment, Olympic sized swimming pool, amphitheatre that seats 100, and a new 4,600 square-foot multi-purpose annex. This is a perfect location and setting for a day of fun and relaxation!

6. **Seasonal Sports Programs** - The most recent addition to Yardville programs are the seasonal, co-ed sports programs, open to all children in the community. The focus of these instructional programs is to introduce the game to the children in a fun manner. Peewee soccer, for children ages 4 and 5 started in September 2006 with peewee T-ball added in the spring. Depending on the number of registrants, a number of teams are formed, with volunteer coaches, and intramural games played on Saturday mornings, for a 6-8 week "season." Peewee and intermediate (ages 6 and 7) basketball was added in 2012, as was intermediate soccer. Each sport serves approximately 75 children.
7. **Additional Programs** – Some additional programs at our Yardville location are Spring and Winter Holiday Camps for grades K-6, Teen Travel Camp for 13-15 year olds, and Family Bus Trips (to Radio City Music Hall, Yankee Stadium and other destinations)!
8. **Hamilton School Based Programs** – The CYO partnered with the Hamilton Township Board of Education in September 2010 to serve as an on- site Before and After School provider. Currently, the CYO serves Greenwood, Klockner, Lalor, and Wilson Schools. The BSP operates from 7:30am- 8:45am and the ASP operates from 3:30pm- 6:00pm, and the program follows the Hamilton School District calendar. A 10 to 1 student to staff ratio is maintained with a friendly, experienced, and qualified staff. Homework assistance, recreational activities, and an afternoon snack are provided. The program is licensed by the New Jersey Department of Children and Families, Bureau of Licensing.
9. **Bromley Neighborhood Civic Center Program** – In September 2013, under contract to Hamilton Township, the CYO took over management/operation of the Bromley Neighborhood Civic Center. Offerings there include a senior program, teen program, children's summer camp, drop-in tutoring, food pantry, NJ Shares Program, and several annual events, including a community clean-up day, Halloween parade, Thanksgiving dinner, and children's Christmas party.

Trenton South Broad St. Programs

1. **Pre-School** – A full-day, year-round education program offered since 1999 for Trenton 3-5 year olds through the Trenton Board of Education (Abbott Program). Operating hours are 7:30am-5:30pm. We have five Abbott classrooms and 1 non-Abbott classroom (open to anyone) with 15 children per class. Certified Teachers and experienced staff help to prepare children for Kindergarten in a loving, fun and safe environment. Breakfast, lunch and afternoon snacks are provided. State-licensed program, and accredited through the national Association for Education of Young Children (NAEYC).
2. **After School** – Offered since 1976, this program for children in grades K through 7 includes homework assistance, structured tutoring, nutrition/fitness program, life skills workshop, supervised recreational activities, computer lab, game rooms, trips to the local parks, arts & crafts and an afternoon snack. State-licensed program with subsidized slots available.
3. **Summer Recreational/Educational Camp** - The program, offered to children, ages 5-12, operates M-F, 9am-4pm, mid-June through August, with extended hours, subsidized slots, and transportation available. It offers a variety of age appropriate activities, including: swimming at local public schools; hands-on activities in a modern computer lab; arts and crafts; hip-hop dance; sports, including intramural world cup soccer tournament; life skills; excursions; and special events. Participants are served a nutritious lunch and afternoon snack daily, at no cost to parents.

- 4. CYO Athletics** – Perhaps one of CYO’s oldest programs, seasonal athletic leagues have operated in some form since 1952. Initiated with a few boys’ basketball teams, the program eventually expanded to include both genders and other sports. Currently, leagues include both boys’ and girls’ basketball and soccer. CYO also sponsors a spring Track and Field Meet as well as a Fall Cross Country Meet.
- 5. And Much More...** gym rentals, annual High School Basketball All-Star Games, CYO Basketball Hall of Fame, 5K Race, Rutgers Safety Clinics, Golf Tournament and other special events!

Trenton East State St. Programs

- 1. Pre-School** - offers full daycare for children ages 2½-5, operating M-F, 7:30am-5:30pm, year-round, with no Trenton residency requirements and subsidized services to qualified families. The program is accredited through the National Association for the Education of Young Children (NAEYC), and boasts a first-rate facility that includes air-conditioned classrooms, huge gymnasium, and playground; excellent child/staff ratio; staff trained in early childhood education; free breakfast, lunch and snack. Curriculum focuses on literacy, language development, mathematical and scientific thinking, at developmentally appropriate levels, and feature: motor/sensory perception skills; social interaction; personal care/hygiene; health and environmental lessons; social studies/current events, creative activities, multi-cultural activities, self-esteem, etiquette, and respect for people/property. Special events and field trips are also offered.
- 2. After School Program** - for children, ages 5-12, M-F, 3:30 - 6:00pm, throughout school year, following Trenton School District’s operating calendar, opening early on school half-days. It consists of supervised athletic, educational and recreational enrichment activities, including arts and crafts, homework assistance, tutoring, life skills, computer lab, and physical activity. Free afternoon snacks are provided, as is transportation. Subsidies are available to those qualified.
- 3. Summer Camp Program** - offered to children, ages 5-12, M-F, 9am-4pm, mid-June through August, with subsidized slots, transportation and extended hours available. It provides a safe and caring environment where children can play and learn during the summer. Activities focus on the total child – academic, physical, emotional, and social – including swimming at local facilities; hands-on activities in a modern computer lab; arts and crafts; sports, including tennis lessons at local courts; life skills; excursions; and special events. Participants are served a nutritious lunch and afternoon snack daily, at no cost to parents.
- 4. Scouting Programs** – for boys, ages 10-17, and girls, ages 5-12. Sessions are held weekly, at the East St. Center, as follows: Boy Scouts, Wednesdays 5:30-7:30pm; Girl Scouts, Tuesdays 6-8pm. Scouting not only teaches useful skills, but the self-confidence, team work and sense of accomplishment are equally important. In scouting CHARACTER COUNTS!
- 5. Spring Basketball League** - for boys and girls, ages 7-17. Participants can register, as individuals or teams, during March each year, with games scheduled from early April through mid-June, on Saturdays, 9am-3pm, at the Center. Teams are divided into the following age brackets: 7-9, 10-12, 13-15, and 16-17.

Center for FaithJustice

Communities Served: Mercer, Burlington, Ocean, Monmouth
Executive Director: Ms. Stephanie J. Peddicord
Administration Office: 24 Rossa Avenue, Lawrenceville, NJ 09848
Contact information: tel. (609)498-6216; speddicord@faithjustice.org; web: www.faitjustice.org

Mission Statement

Founded in 2008, the mission of “The Center for FaithJustice” is to inspire the next generation of leaders by creating programs to serve those in need and educate for justice in the Catholic tradition.

Our founders boldly envisioned an approach to faith formation that would engage young people not only through ministry to those in need but also through intensive reflection and emphasis on catechesis. This vision has evolved into the “WorX” programs - ServiceworX, JusticeworX, and LeaderworX – for young adults from middle school through college. Named for the biblical passage that inspired them, “Faith without works is dead” (James 2:26), these innovative programs unfold through week-long mission retreats to impoverished areas. The Center has served more than 4,000 young adults through intensive retreat-style service immersion experiences to impoverished areas. In contrast to typical service learning, the Center seeks to engender in young people a deep understanding of systemic poverty and instill lifelong values of social justice through the lens of Catholic Social Teaching. Our alumni have gone on to become impressive servant leaders in many diverse fields ranging from international aid in Uganda to corporate America.

WorX Ministry Programs:

- **ServiceworX** is a week-long day program for middle school students that explores Catholic faith through service to those in need. Taking place at local parishes and schools, this experience is facilitated by passionate ministry staff who help participants live their faith through engaging prayer services, lively discussions and dynamic community service to local social service agencies and nonprofit organizations. www.serviceworx.org
- **JusticeworX** is an overnight, weeklong service immersion retreat experience, designed to help high school age students explore the connections between faith, the call of the Gospel to service and justice, and everyday life. Dynamic prayer services, a trained and passionate staff, thought-invoking presentations, activities and discussions combine to form young people in a faith that will last a lifetime. We offer all-inclusive experiences in Trenton, Philadelphia, and Appalachia. www.justiceworx.org
- **LeaderworX** is a summer opportunity for young adults/adults with at least one year of college completed (21 and older for certain positions). Participants live in community, serve those in need and help lead youth ministry projects while receiving personal and professional formation, leadership training and vocational discernment. www.leaderworx.org

Casa Retreat Center – Our retreat center, call the Casa, is available for both day and overnight retreats, either self-directed or facilitated by CFJ staff. Conveniently located adjacent to the Church of Saint Ann in Lawrenceville, NJ, the Casa sleeps 36 in dormitory-style accommodations. It includes a Chapel, large meeting room, full kitchen, dining room and 3 small break-out rooms in addition to a garden and comfortable outdoor space. More information and a virtual tour can be found on our website: <http://www.faitjustice.org/retreats-meeting-house>

Collier Youth Services

Executive Director: Sr. Deborah M. Drago
Location: 160 Conover Road, PO Box 300
Wickatunk, NJ 07765
Contact information: tel. 732-946-4771; fax: 732-332-1240; ddrago@collieryouthservices.org
Website: www.collieryouthservices.org

Mission

“The mission of Collier Services is based on a philosophy of deep respect for the inherent worth of each individual, of regard for the environment and belief in the capacity for personal change. In each program, Collier Services strives to provide a place where these sacred beliefs are honored. Collier commits itself to form relationships with people so that each person may experience a sense of belonging, dignity and hope.

Conscious that no one program address the needs of all, Collier positions itself to respond creatively to human needs which are consistent with the ministry of the Sisters of the Good Shepherd. The mission of Collier Services is open to all who embrace this philosophy of personal empowerment.

Programs

Collier School

Collier School is a private, co-education alternative school for students in grades 5-12 whose emotional and academic needs cannot be met in public school. Collier offers a well-rounded program of academic, college-preparatory and vocational courses, and extra-curricular activities that prepare students for employment or higher education. Strong counseling services, individual education plans, and small classes with dedicated teachers help students reach their full potential.

Collier Group Home - (180 Spring Street, Red Bank)

Collier Group Home provides a community-based residential program for ten teenage girls who, for a time, are unable to remain with their families. Child care staff, social workers and clinicians provide counseling, support and 24-hour supervision. A structured and encouraging atmosphere gives adolescents a chance to grow into confident, productive young women who are prepared to return to their families or begin independent living.

Collier House – (386 Maple Place, Keyport)

Collier House is a transitional living program for five young women, ages 18-21, who are homeless or transitioning from the foster care system. Collier helps young women develop the skills they need to live healthy, self-sufficient, and productive lives.

Kateri Day Camp and Summer Programs

Kateri Day Camp provides a safe and wholesome country setting for urban and at-risk children to attend summer camp. Children, ages five through thirteen, from diverse social and cultural backgrounds, enjoy cooperative games, sport, music, arts and crafts, field trips and nature study designed to promote self-respect, respect for others and for all living things. The Kateri Environmental programs cover a wide range of environmental topics while incorporating fun and adventure into every activity. All programs use the natural resources of Collier’s 260-acre campus, including a pond, stream, fields, and miles of nature trails to engage and educate both young and old.

Good Counsel Homes

Founding Program Director: Ms. JoAnn DiNoia
Location: 116 Heulings Ave, Riverside, NJ 08075
Contact Information: tel. 856-393-8169; fax: 856-393-8420;
Founding Program Director: Ms. JoAnn DiNoia
Office: 609-387-2928
Email: joann_dinoia@goodcounselhomes.org
Website: www.goodcounselhomes.org

Mission Statement

“Good Counsel is a private Catholic Agency whose primary mission is to help homeless pregnant women by providing a loving family environment in a safe and secure shelter. Begun in 1985 by Fr. Benedict Groeschel and Chris Bell, both leaders in the pro-life movement, Good Counsel has grown to five homes in the New York greater area. Working closely with the Sisters of Life through our Lumina outreach we have developed an outstanding program of support and healing for those suffering from abortion related problems.”

Our Work

Founded in 1985 by Father Benedict Groeschel, CRFR, and Christopher Bell, a Catholic layman, Good Counsel is a nationally recognized nonprofit leader and innovator in creating supportive residential care and community based services for homeless mothers and their children in the context of Catholic Social tradition. With headquarters in Hoboken, NJ where Good Counsel was founded, Good Counsel today operates five debt-free homes in the Bronx, Harrison, Spring Valley, Staten Island, NJ and in Riverside, NJ. We continue to support our former residents who now live in the community. Volunteer leaders are continuing to raise awareness and funds to sustain the new Good Counsel home in Riverside, NJ, which will serve moms from South Jersey and the surrounding areas. We assist independent groups in replicating our maternity home model, now in eight states. Good Counsel also conducts a post-abortion ministry and referral network called Lumina and operates a national Helpline for new and expectant mothers.

Our Accomplishments

In 2010, our toll-free Helpline received more than 2,800 calls for assistance and more than 34,000 people have been helped through our 24/7 helpline since it began. 221 mothers and children resided in our homes (more than 5,800 since 1985). Our occupancy rate in 2010 was 103%. During this time our mothers gave birth to forty babies. Toward achieving independent life skills, 37% of our mothers obtained educational advancement and 50% were working last year. In addition to work and school, each of our mothers was encouraged to volunteer in her respective community. Since opening the Riverside Home, April 2011, 38 babies have been born to mothers in residence.

Our Programs

1. **Good Counsel Helpline** (800-723-8331 or help@goodcounselhomes.org) offers 24/7 skilled support to expectant and new mothers seeking support and to simply discuss their concerns.
2. **Lumina** (718) 881-8008 or 877-Lumina1 or lumina@postabortionhelp.org) helps post-abortive women and men find healing. In 2008, its confidential counseling, peer groups and referral program reached 186 new people; the Lumina Website and new Blog received 107,300 and 5,098 visits respectively.
3. **Exodus** supports Good Counsel mothers in their transition into independent living. Assistance includes help with paying the rent, buying or securing donations of furniture, food and clothing and advocacy in court and social service systems.

4. **Our Homes.** Each of our residences provides its mothers and children with private room and a family living environment replete with nursery, kitchen, computer-equipped study, and dining, living and recreation rooms common to all. The homes are staffed 24/7 by trained professionals who give the mothers the structure, responsibility and skills they need to achieve independent living.
5. **Life-Skills** Good Counsel staff design and implement Life-Skills instruction and online self-assessment tools for the mothers in each of the homes that includes lessons in nutrition, prenatal care, parenting, financial literacy, career planning, health and AIDS education, chastity, social skills, and more.
6. **Health Services** Mothers and children are registered at appropriate nearby medical facilities and follow individual health plans overseen by physicians and monitored daily by Good Counsel staff.
7. **Plans for Each Mother and Child** Homeless Mothers and children have complex needs that involve multiple systems of care that are often fragmented and difficult to negotiate. A Good Counsel case manager serves as an advocate, providing the caring glue that holds the systems together. A case manager develops an individual plan which is then monitored at weekly progress meetings.

Our mothers have experienced great loss, difficult transitions, trauma or maltreatment causing them to form unhealthy, insecure attachments in addition to other significant issues. To form strong and healthy attachments with their babies, our mothers must experience positive relationships with care adults.

Plans are individualized and strength-based with emphasis on building personal assets and resiliency. Through intensive individual and group work, our mothers prepare to create a safe, health and long-term environment for themselves and their babies.

8. **Vocational/Education Services** Trained staff meet with every resident upon admission and assists her with enrollment in an educational program (in-house and/or community based) that meets her interests, abilities, and need for employment. More than half our residents have yet to graduate from high school.
9. **Spiritual Care** Each home has its own chapel. In treating the whole person, as Jesus did, we invite (not require) our mothers to consider the sacraments, Scripture, prayer, retreats, and the external church community as a good way to find understanding, forgiveness, healing and new inner resources.

Mercy Center

Executive Director: Sr. Carol Ann Henry, RSM
Location: 1106 Main Street
Asbury Park, NJ 07712
Contact Information: tel. (732)774-9397; fax: (732)988-8709
Website: www.mercycenternj.org

Programs

Sisters Academy – 1416 Springwood Ave., Asbury Park, NJ (tel. 732-774-9056)

At Sisters Academy, we believe that young women play a crucial role in shaping the future of New Jersey, the United States and the world. Therefore, a quality education is necessary for young girls to strive for and have access to leadership opportunities.

As a Core Knowledge School, we provide a common base of knowledge for our students through integrated teaching across all disciplines.

Sisters Academy is a year-round middle school for girls

- 1 students per class (grade 5-8)
- 11-month extended day program (8am-4pm)
- After school programs which include fencing, dance, art and creative writing
- Counseling and life skills
- Access to private high school through scholarships

Emergency Services – (tel. 732-774-9397)

Food Pantry – (Asbury Park area) Mercy Center’s food Pantry serves over 5,000 people every year. Our staff and a team of more than 50 volunteers maintain the pantry and distribute food based on family size, age and cooking facilities.

Emergency Assistance: The Emergency Services program provides services to thousands of individuals, families and children annually in the greater Asbury Park area, homeless prevention/rental assistance, first month’s rent/mortgage arrears, utility assistance.

Family Resource Center - The Family Resource Center (FCR) is a “one-stop shop” for information, resources, and services related to the support and preservation of families. FRC is a community family center program that has been serving the children, teens, and families of Asbury Park since 1997.

Services:

- Parenting Classes
- Adult Substance Abuse Group
- Adult Anger Management
- Women’s Support Group
- Individual/Family Counseling
- Counseling for Children 5-12 yrs.

Teen Services

- Male Substance Abuse Intervention Group
- Adolescent Social Skills Program “Youth With a Purpose” (male and female adolescents)
- Anger management (male and female adolescents)

Parent Aide Program

- In-home services provided to overwhelmed single-parent families

Family Outreach Program

Mercy Center’s Family Outreach Coordinator provides support, supervision and training to Family Workers of Abbott district early childhood centers in Asbury Park and Neptune.

(Tel. 732-774-9397 ext. 32)

Mount Carmel Guild

Counties Served: Mercer
Executive Director: Ms. Marie Gladney
Administration Office: 73 North Clinton Avenue, Trenton, NJ 08609
Contact information: Tel. (609)392-5159; web: www.mtcarmelguild.org

Mission Statement

Mount Carmel Guild of Trenton Provides Hope and Preserves Dignity as it feeds the hungry and provides home health nursing services to the elderly and disabled

Mount Carmel Guild has been aiding our community members in their times of need since 1920 regardless of race or religion. This rich heritage of compassion and commitment has seen increasing need over the years. We are a non-profit agency, and our services are free to those who need them.

Emergency Assistance – 79 North Clinton Ave, Trenton, NJ 08609

Hope comes in many forms. Sometimes it's an emergency supply of groceries. Other times hope comes in the form of help with a utility payment. Or perhaps it's financial assistance with vital prescriptions. In any of these situations, a little hope can go a long way in keeping a family together, in a home, with the proper nutrition and care.

Approximately 30,000 people in Mercer County live with hunger. Currently Mount Carmel Guild's **Emergency Assistance Program** provides food and hope to thousands of families annually in the Mercer County region. They are members of our community. They're our neighbors. They are the children in our schools. And when fortunes change for the worse, we're there to help, not to perpetuate a situation, but to change a life. To give a family that little extra help to keep them going in the right direction.

On a daily basis, Guild staff members assess the needs of families and distribute bags of groceries based on nutritional requirements. Ultimately families who may otherwise not share a meal are allowed the dignity of preparing meals in their own home. And without that help those children and elderly members would not receive the food they need.

Through the generosity of many others Mount Carmel Guild is able to provide a three to five day supply of nutritious groceries according to family size, cooking facilities and medical needs. We are one of the few area food pantries, which is open every weekday.

Home Health Nursing Program

There is probably nothing more dignified than the ability to remain in your home as you age. To age gracefully. To keep your independence, your history, your world. But as medical needs increase this isn't always possible.

Mount Carmel Guild's Home Health Nursing program provides free, in-home nursing and home health services to seniors whose Medicare insurance has been exhausted and have no alternative means of care. Many of our patients are homebound with geriatric health issues such as diabetes, hypertension, lung and heart disease.

Our program enables these patients to stay in the comfort of their own homes, in familiar surroundings. Our nursing staff makes hundreds of home visits each year, providing nearly 1,900 hours of assistance. They care for people beyond their medical needs and prevent premature placement in institutions. Most importantly, the Guild's Home Health Nursing staff provides older patients with the dignity everyone deserves.

Free Nursing Services for Medicare Eligible Seniors

Our nursing care can include: pre-filling insulin syringes for sight impaired, pre-pouring medications weekly, monitoring vital signs, blood sugar, and cardiopulmonary status, administering injections, assisting with pacemakers.

**Diocese of Trenton
Parish Counseling Services**

“Short Term Counseling for Parishioners through their Local Parishes”

Counties Served: Mercer, Burlington, Ocean and Monmouth
Diocesan Director: Maureen Fitzsimmons
Address: Diocese of Trenton, 701 Lawrenceville Rd., Trenton, New Jersey 08638
Contact information: mfitsz@dioceseoftrenton.org 609-403-7129

OVERVIEW

Parishioners have access to short term professional counseling at locations throughout the Diocese of Trenton through *Parish Counseling Services* developed by Catholic Charities and the Diocese of Trenton. Licensed counseling professionals will be available to help parishioners, through difficult issues such as marital problems, raising children, eldercare, bereavement or the stress of job loss that can be successfully addressed by brief counseling support. Short term counseling is not appropriate treatment for severe or persistent mental illness. Working from Catholic Charities sites or private offices, counselors are experienced with an array of difficulties and diverse clientele.

Referrals to *“Parish Counseling Services”* can be made by Pastors and parish priests, by faxing a referral form to *Parish Counseling Services*. A coordinator will contact the parishioner to arrange for counseling after the request has been reviewed by a counselor.

Parishioners are eligible for *Short Term Counseling* for a maximum of six sessions. The fee is \$75/per session. If financial assistance is needed, *The Diocese of Trenton Parish Counseling Services* will assist with a grant of \$50/per session. However, the co-pay of \$25/per session is the responsibility of the individual and is paid to the counselor at the beginning of each session. Insurance is not accessed for these counseling services.

Referral to a practitioner or treatment center outside of *Parish Counseling Services* will be made if counseling beyond six (6) sessions is necessary or if the initial referral indicates need for long term treatment. (These services are not eligible for financial assistance.)

“Parish Counseling Services” will help Pastors secure the most effective and appropriate care for their parishioners.

REFERRALS

Who can make referrals to *“Parish Counseling Services”*?

Pastors and parish priests of the Diocese of Trenton can refer parishioners to *“Parish Counseling Services.”*

What kind of counseling is offered through *“Parish Counseling Services”*?

- * Short term counseling (up to 6 sessions)
- * Counseling for issues such as *marital problems, raising children, eldercare, bereavement or the stress of job loss* that can be successfully addressed by brief counseling support.

How to make a Referral...

1. **Pastors/parish priest—Fill out a *“Parish Counseling Services”* referral form** and have the parishioner read and sign the *“Statement of Understanding.”*

Referral form:

* - must have pastor/priest signature

*- must have parishioner's signature on form to release information.

** If pastors/parish priests have questions re: referrals please contact:

Maureen Fitzsimmons, LPC, Diocesan Director of Parish Counseling Services at ph# **609-403-7129** .

2. Fax "Parish Counseling Services"

* **The Pastor/ Parish Priest faxes *Parish Counseling Services* and sends the referral form and Statement of Understanding. Fax #: **609-278-6139****

***A COPY OF THE SIGNED REFERRAL FORM, STATEMENT OF UNDERSTANDING AND THIS INFORMATION FLYER IS GIVEN TO THE PARISHIONER BEING REFERRED.**

A coordinator from *Parish Counseling Services* will contact the parishioner for additional information and to arrange for counseling after the request has been reviewed by a counselor.

***"Parish Counseling Services" is a joint effort of the
Diocese of Trenton and Catholic Charities.***

Assessment

The Pastor/parish priest sends the Parish Counseling referral form to Catholic Charities who will follow up with the parishioner. They will conduct an initial intake and assessment to determine a course of action and identify the appropriate counseling service.

Counseling

1. Catholic Charities sites:

Catholic Charities may provide counseling at one of the Catholic Charities sites. (see list below).

All counselors at these sites are licensed employees of Catholic Charities. Not all Catholic Charities counselors are Catholic. Upon request, Catholic Charities will make every effort to assign a counselor who has identified himself/herself to be Catholic. All counselors are highly qualified in their area of expertise and are familiar with Catholic Teaching.

Catholic Charities Counseling Sites:

Monmouth Co.- * 145 Maple Ave, Red Bank * 238 Neptune Blvd, Neptune * 100 Main St., Keansburg

Ocean Co—1001 Fisher Blvd, Toms River * 88 Schoolhouse Rd, Suite 1, Whiting * 725 Mantoloking, Brick

Burlington Co.- * Corner of Wood & Pearl Streets Riverbank Office, Burlington City * 950-a Chester Ave., Delran

Mercer Co.- * 39 N. Clinton Ave., Trenton * 3535 Quakerbridge Rd., Hamilton

2. Referral to Counselors in Private Practice

If Catholic Charities is unable to meet the needs of those being referred, Catholic Charities will forward the client information to *Maureen Fitzsimmons* at the Diocese of Trenton who will assist the parishioner to access counseling from Catholic counselors **in private practice** who are on the Diocese of Trenton approved list and with whom the diocese has an agreement. Financial assistance is available upon request, from the *Diocese of Trenton Parish Counseling Services*.

Financial Assistance

Who is eligible for financial assistance from “*Parish Counseling Services*”?

- Parishioners in the Diocese of Trenton who have been referred by their Pastor/parish priest for short term counseling.
- Parishioners whose request for counseling has been reviewed by a “*Parish Counseling Services*” counselor.
- Parishioners who have been referred by “*Parish Counseling Services*” to a **private practitioner** from the **approved Diocese of Trenton list of counselors with whom we have an agreement**.

How to apply for financial assistance for “*Parish Counseling Services*”?

1. To apply for financial assistance you will need the following:

- * a signed referral form from pastor/parish priest
- * your signed “statement of understanding” form (services, confidentiality, financial responsibilities)
- * your request for Financial Assistance Services (check the box on referral form.)

2. Send the above information to:

Diocese of Trenton PCServices
c/o Maureen Fitzsimmons
701 Lawrenceville Rd.
Trenton, New Jersey 08638

3. Payment:

- * The counselor will send The bill for services directly to the *Diocesan Parish Counseling Services (address above)*.
- * Payment of \$50/per session (up to 6 sessions) will be made by the Diocese of Trenton and sent directly to Counselor.
- * The co-pay is the responsibility of the individual and is paid to the counselor at the end of each session. (\$25 per sessions).
- * Insurance **will not** be accessed for Parish Counseling Services.

N.B. please retain a copy of your application forms for personal reference.

Project PAUL

- **Counties Served** Monmouth
- **Executive Director:** Mr. Sal Cortale, Executive Director
- **Director of Client Services:** Sr. Nancy Herron, RSM
- **Address:** 211 Carr Ave., Keansburg, NJ 07734
- **Contact information:** Tel. 732-787-4887; projpaul@aol.com
- **Web site:** www.projpaul.org

“ For the Express purpose of helping those in need...”

History

Project PAUL was founded in 1980 as a part of the community outreach ministry of St. Ann’s Parish, Keansburg, NJ. The early work of Project PAUL centered on the establishment of a food pantry, serving approximately 25 local families, and a thrift shop. The project expanded through the early 1980’s, adding services and programs to meet the increased needs of the community. In 1985, Project PAUL incorporated and became an independent 501(c) (3) non-profit agency, thereby qualifying for government funding. Project PAUL continues its relationship with St. Ann’s and remains in a building which is leased from the parish.

Today

Currently, Project PAUL operates the largest food pantry in Monmouth County with distribution to over 1,800 individuals a week.

Project PAUL also helps hundreds of families stay in their homes by providing assistance with rent and utilities to qualified families.

Project PAUL’s Thrift shop is open six days a week and is staffed by volunteers. Proceeds from sales go to support our programs. Clothing, household items, and other necessities from the thrift store are also donated to qualifying families.

Project PAUL’s Furniture Outlet offers good furniture at quality prices. Our volunteers collect gently used furniture throughout the area and offer items at reasonable prices. Donations are made to qualifying families and sales proceeds support our programs.

During the holiday season, Project PAUL coordinates Thanksgiving food and Christmas gift donations.

Educational Programs

Educational programs have also become a big part of the services Project PAUL offers to the community. Through the Educational Support Program (ESP), individuals are able to receive grants to assist with transportation and other costs as long as they are enrolled in classes at a local college.

Most recently, Project PAUL has instituted a free ESL class for mothers in the community. Child care is provided.

(Project PAUL continued...)

What you can do to help

There are several ways to support the work of Project PAUL. First is to shop at the thrift shop for impressive bargains in clothing, furniture, and household goods. Also, spread the word about the thrift store to friends and family who also might like the chance to take advantage of the great buying opportunities while helping out the needy.

Of course, another way you can support Project PAUL is through a tax-deductible donation of food, clothing, and furniture. Monetary donations are always welcome and 100% of all monetary donations go to support those in need.

St. Francis Community Center, LBI

- **Counties Served** Ocean
- **Executive Director:** Ms. Wendy Saunders, LCSW, Executive Director
- **Address:** 4700 Long Beach Blvd., Long Beach Twp., NJ 08008
- **Contact information:** Tel. 609-494-8861; fax: 609-494-0428
- **Web site:** www.stfranciscenterlbi.org

History

St. Francis Community Center, LBI grew out of the needs identified by St. Francis Parish in Brant Beach, 4700 Long Beach Blvd., Long Beach Twp., NJ 08008.

The idea for St. Francis Community Center began in 1968 when the friars saw a need for larger facilities for parishioners to meet on a social and recreational level. As the idea grew and expanded, it became apparent that the parish is a community and what was really needed was a place for everyone in the community.

In July 1972, St. Francis Community Center opened its doors for the first time with one paid staff member...not only to serve the Parish but the entire community.

In March 1973, 50 area residents attended the official opening of the Senior Services. It began on a small scale, primarily with the lunch program and social activities.

Services have been added as needed: Outreach health screenings, case management services, transportation, home-delivered meals, community education programs, volunteer opportunities, education and recreation.

More than 120 full and part-time paid staff are employed at the Center, with over 1,200 volunteers giving many hours to provide the necessary programs and services to the community.

HUMAN CONCERNS:

Human Concerns program is a homeless prevention program that serves clients living in southern Ocean County. The program assists clients with utility and housing issues through grants from United Way, A.C.O.R., Bishop's Annual Appeal, Emergency Shelter and Food Programs and private donations.

The program also distributes food to families in need. Donations are received from collections at St. Francis Parish, local food drives and private donors. Donations may also be dropped-off at St. Francis Community Center during normal working hours.

Auto Ownership of Ocean County

Used, rehabilitated cars are offered to TANF (Temporary Assistance for Needy Families) recipients for whom transportation is a major barrier to employment. Cars are donated, repaired and turned over to clients involved in a working or training activity of the Ocean County ANF program. Clients may also receive insurance assistance, driving lessons and help with car repairs.

SENIOR SERVICES:

New Jersey EASE-Easy Access Single Entry

St. Francis Senior Services Department has been designated by the Ocean County Office of Senior Services as an access site for the New Jersey EASE Program. NJ EASE is a state and county partnership which promotes the well-being of older New Jerseyans, age 60 and over, by providing easy, local access to services and programs.

Lunch Program

Lunch is served in a warm, friendly atmosphere and provides the opportunity to meet new friends. Lunch reservations must be made one day in advance, either in person or by calling 609-296-3660 before 1:00 p.m. Participants should pick up a donation envelope by 11:30 a.m. on the day they come for lunch.

Home-Delivered Meals

A noon-time meal will be sent to homebound, elderly who are unable to prepare a meal.

Transportation Services

Van Service is available to St. Francis, OCSSC (Ocean County Southern Service Center) Monday-Friday, 9am to 2pm, for the congregate lunch program for those who have no other means of transportation. Call Senior Services 609-494-8861 or 609-978-6220.

A life-equipped van is available to transport wheelchair-bound clients to St. Francis on specified days. Call Senior Services for details. 609-494-8861 or 609-878-6220.

Caregiver Support Program

The enactment of the Older Americans Act Amendments of 2000 (Public Law 106-501) established an important new program, the National Family Caregiver Support Program (NFCSP).

Services available are as follows:

- Information to caregivers about available services
- Assistance to caregivers in gaining access to supportive services
- Individual counseling, organization of support groups to assist the caregivers in making decisions and solving problems relating to their role as caregiver.

Outreach & Benefits Counseling

This program provides trained Outreach Workers to visit the elderly in their homes, to determine their needs, and provide them with information about benefits and services for the elderly. For information call 609-494-8861 x 108 or x109.

How Much will it Cost Me?

There is no charge for any Senior Services. However, the program provides the opportunity for individuals to make a voluntary contribution for services received. All donations are confidential. No one will be denied service because they will not or cannot contribute.

St. Francis Senior Services is Funded by: a grant from the Ocean County Office of Senior Services with Title III Older Americans Act of 1964, as amended through a grant from the NJ Department of Health and Senior Services: Ocean County; Local Municipal Contributions and St. Francis Community Center.

A Senior Advisory Committee, made up of elected and appointed members, meets once a month to inform and advise on the implementation of Senior Program objectives. Meetings are announced in the Senior Center. The meetings are open to all interested persons.

Anyone 60 years and over is eligible for the Senior Services Program.

(St. Francis Community Center...continued)

There are three locations in Southern Ocean County to better serve you:

1. **If you live on: Long Beach Island...Please call:** St. Francis Community Center – 609-494-8861

2. **If you live in:** Little Egg Harbor, Tuckerton, Eagleswood, Stafford Twp., Barnegat or Waretown
Please call: Ocean County Southern Service Center
Satellite Office, LBICC, Inc.
Senior Services
179 S. Main Street
Manahawkin, NJ 08050
609-978-6220 or 609-978-6221

3. **If you live in:** Lacey, Ocean Gate, Pine Beach, South Toms River, Beachwood or Berkeley
Please call: Berkeley Satellite Office
LBICC., Inc. Senior Services
Pinewald-Keswick Rd.
Bayville, NJ 08721
732-244-9600

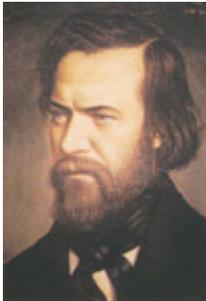
St. Vincent De Paul Society

- **Counties Served** Mercer, Burlington, Ocean and Monmouth
- **Diocesan Council President:** Mr. Joseph T. Williams
- **Contact information:** Tel. 732-330-6140(c), jtwsvdp@msn.com
- **Web site:** <http://svdpusa.org>

Mission Statement

*The Society of St. Vincent de Paul
is an international non-profit organization
dedicated to serving the poor and providing others with the opportunity to serve.*

History



The Society of St. Vincent de Paul began in Paris, France, in 1833 when a young law student at the Sorbonne, Frédéric Ozanam, was challenged during a debate to demonstrate what he and his fellow Catholic students were personally doing to help the poor in Paris.

Ozanam's reaction was immediate. Within weeks, Ozanam, at 20 years of age, and six of his peers formed the first "Conference of Charity." Under the conference, this group of seven men financed their works of charity out of their own pockets and from contributions of friends. They visited the poor in their homes, providing them with needed aid and assistance. At the prompting of Monsieur Emmanuel Bailly and Sister Rosalie Rendu, superior of a convent of the Daughters of Charity, Ozanam soon placed the conference under the patronage of St. Vincent de Paul who had spent his life in 16th century France serving the poor.

Within a few years, the original group of seven grew to 600, spreading to 15 other cities and towns in France, numbering more than 2,000 members.

Mission of the Society of St. Vincent de Paul

Inspired by Gospel values, the Society of St. Vincent de Paul, a Catholic lay organization, leads women and men to join together to grow spiritually by offering person-to-person service to those who are needy and suffering in the tradition of its founder, Blessed Frédéric Ozanam, and patron, St. Vincent de Paul.

As a reflection of the whole family of God, Members, who are known as Vincentians, are drawn from every ethnic and cultural background, age group, and economic level. Vincentians are united in an international society of charity by their spirit of poverty, humility and sharing, which is nourished by prayer and reflection, mutually supportive gatherings and adherence to a basic Rule.

Organized locally, Vincentians witness God's love by embracing all works of charity and justice. The Society collaborates with other people of good will in relieving need and addressing its causes, making no distinction in those served because, in them, Vincentians see the face of Christ.

Members of the **Society of St. Vincent de Paul** (or "Vincentians") are men and women who strive to grow spiritually by offering person-to-person service to individuals in need. We are young and old. Our members come in every shade of skin color. Some of us are wealthy, some are financially poor, but all of us are blessed with an awareness that our blessings (time, talent or treasure) are to be shared with our brothers and sisters in need.

The Society of St. Vincent de Paul offers tangible assistance to those in need on a person-to-person basis. It is this personalized involvement that makes the work of the Society unique. This aid may take the form of intervention, consultation, or often through direct dollar or in-kind service. An essential precept of the Society's work is to provide help while conscientiously maintaining the confidentiality and dignity of those who are served. The Society recognizes that it must assume, also, a role of advocacy for those who are defenseless or voiceless. Some 12 million persons are helped annually by Vincentians in the United States.

The St. Vincent de Paul Society currently has 51 conferences in the Diocese of Trenton. The following is the list by counties:

Burlington County

- Sacred Heart Conference – Mt. Holly
- St. Isaac Jogues Conference – Marlton
- St. Mary of the Lakes Conference – Medford
- Holy Eucharist Conference – Tabernacle
- St. Mary's Conference – Bordentown
- Corpus Christi Conference – Willingboro
- Resurrection Conference- Delran
- Jesus, the Good Shepherd Conference – Riverside
- St. Katharine Drexel Conference – Burlington
- Our Lady of Perpetual Help – Maple Shade

Ocean County

- St. Dominic Conference – Brick
- St. Justin Conference – Toms River
- St. Monica/St. Aloysius Conference – Jackson
- St. Mary of the Lake Conference – Lakewood
- Visitation Conference – Brick
- St. Barnabas Conference – Bayville
- St. Mary Conference – Barnegat
- St. Martha Conference – Point Pleasant
- Epiphany Conference – Brick
- St. Elizabeth Ann Seton Conference – Whiting
- St. Joseph Conference – Toms River
- St. Luke Conference – Toms River
- St. Pio Conference – Lavallette

Mercer County

- St. Paul Conference – Princeton
- St. Vincent de Paul Conference – Trenton(Yardville)
- St. Ann Conference – Lawrenceville
- Our Lady of the Angels Conference – Trenton (Bordentown)

(Mercer Co. continued...)

Blessed Sacrament/Our Lady of the Divine Shepherd Conference- Trenton
Incarnation/St. James Conference – Trenton
St. Raphael/Holy Angels Conference- Hamilton
Our Lady of Sorrows/St. Anthony Conference – Hamilton
St. Mary’s Church Conference – Trenton
St. John the Baptist Conference – Allentown

Monmouth County

Holy Innocents Conference – Neptune
Christ the King Conference – Long Branch
St. Rose Conference – Belmar
Holy Spirit- (St. Peter Claver) Conference – Asbury Park
St. Michael Conference – West End (W. Long Branch)
St Catherine of Siena Conference – Farmingdale
St Rose of Lima Conference – Freehold
St. Gabriel Conference – Marlboro
St. Thomas More Conference – Manalapan
Holy Family Conference – Keyport(Union Beach)
Our Lady of Perpetual Help Conference – Highlands
St. Agnes Conference – Atlantic Highlands
St. Joseph Conference – Keyport
St. Mary Conference – New Monmouth(Middletown)
St. Benedict Conference – Holmdel
St. Catharine Conference – Holmdel
St. Dorothea Conference – Eatontown
St. James Conference – Red Bank
St. Denis Conference - Manasquan

The Visitation Home

- **Executive Director:** Ms. Denise Reil
P.O. Box 11242, Hamilton, NJ 08620
- **Contact information:** tel.& fax (609) 585-2151; Extension 101 for Denise Reil
visitationhome@gmail.com
- **Web site:** www.visitationhome.org

The Visitation Home

“A Catholic shared living residence for people with developmental disabilities”

About Us

Visitation Home is a Catholic community (open to all faiths) where people with developmental disabilities and those without, live together as family, called by the truth of the Gospel principle that human life is sacred at every stage and in every situation. We recognize our responsibility to grow in a spirit of openness, simplicity, and love through meaningful relationships. It is through these relationships that we discover each other’s gifts and the inherent dignity of each individual.

What is the Visitation Home?

Visitation Home is a non-profit, faith-based initiative. This shared living community, located in Mercer County, NJ, is a place where developmentally disabled adults (age 21 and above) and their assistants live together as family, complemented by the support of neighborhood volunteers.

- All take part in the social and domestic aspects of home life.
- Each resident follows a plan of specific goals & objectives.
- Residents will learn work and basic life skills to realize their full potential and enhance self-esteem.

This Catholic community supports the spiritual growth of each member and respects each individual’s religious traditions.

Why Visitation Home?

New Jersey has a waiting list exceeding 6,300 people in need of community-based living. Visitation Home is our response to Jean Vanier’s (founder of L’arche Communities) vision of a community in which people with disabilities can begin to discover that “they have a value and they are loved and so loveable.” After hearing about our plans for Visitation Home, a father of a developmentally disabled child said, “Up until now, every time I thought about my son’s future, it was always with worry. For the first time, I can think about it with hope.”

Visitation Home offers opportunities for volunteers.

For more information visit the website!