

## ABOUT FOCCUS

**FOCCUS** (Facilitating Open Couple Communication, Understanding and Study) is an outstanding tool for trained lay facilitators or professionals who are helping couples prepare for marriage. By responding independently to the 156 item inventory, couples indicate their level of agreement, disagreement, or indecision about

### FOCCUS...

- offers a personalized couple report for targeting discussion on a host of topics known to be important to marital success.
- is not a test and is not used to label couples or predict marital outcome. Rather, the FOCCUS report is used by the facilitator to help couples celebrate strengths in their relationship and *talk with each other* about topics warranting further attention.
- provides a detailed FOCCUS manual giving facilitators supplemental questions that help elicit optimal, positive couple discussion.
- is user-friendly for diverse populations: 6 editions, 6 languages.
- offers two options for scoring: online administration, or Quick Score entry.

# FOCUS



**Diocese of Trenton  
Department of Evangelization &  
Family Life**



# FOCUS

FACILITATING OPEN COUPLE  
COMMUNICATION, UNDERSTANDING & STUDY

**Facilitator Training  
Course for FOCCUS  
Inventory (4th Edition)  
Two Session Course  
May 30 & 31, 2018**

*Sponsored by the  
Diocese of Trenton  
Department of  
Evangelization & Family  
Life*

Diocesan Chancery/  
Pastoral Center  
701 Lawrenceville Road  
Lawrenceville, NJ 08648



## FACILITATOR TRAINING

This interactive workshop, now fully updated and presented by certified professional trainers, is designed for individuals helping couples prepare for marriage, who wish to become certified FOCCUS facilitators.

Facilitators help couples communicate positively about issues they may not have thoroughly addressed and apply what they learn toward enhancing their future relationship as a married couple.

In order to be certified as a facilitator and begin using FOCCUS with couples, participants must agree to appropriate use of the FOCCUS Inventory and register with FOCCUS, Inc, USA.



## WHY USE FOCCUS?

- covers the range of elements necessary for a successful marriage
- Reflects the values and ideals of marriage as sacred
- Is user-friendly for both engaged couples and facilitators
- Provides direction and content for formational sessions with engaged couples

## WHO SHOULD ATTEND

- Priests or deacons who work directly with engaged couples to provide the marriage formation segment of marriage preparation
- Married couples and lay ministers appointed by the pastor to work with engaged couples (Using married couples as FOCCUS Facilitators enables parishes to incorporate marriage mentoring into the marriage preparation process)
- Current Facilitators who wish to learn new tools and strategies based on the latest edition of the FOCCUS inventory

## MORE ABOUT THE TRAINING

- Participants learn specific strategies for:
  - ◊ Using the FOCCUS training manual as a complete resource to prepare for couple sessions
  - ◊ Facilitating open discussion between the couple on relational and life-skills topics
  - ◊ Dealing with interfaith marriage, convalidation, remarriage
  - ◊ Dealing with sensitive issues such as cohabitation, chastity, non-practice of faith
  - ◊ Dealing with "red-flag" issues such as control or abuse situations
  - ◊ Finding teachable moments for spirituality, covenant, sacramentality, domestic church, responsible parenthood, Catholic Social teaching
  - ◊ Incorporating new topics from updated inventory: Pornography and Internet Use, Prayer in Marriage, Pets, and a new Special Section for Couples with Children

**FOCCUS INC., USA**

**Fourth Edition**

## TRAINING TIME AND LOCATION

**Wednesday & Thursday  
May 30 and 31, 2018  
Two Sessions**

6:30 to 9:00 pm both evenings  
Diocesan Chancery  
701 Lawrenceville Road  
Lawrenceville, NJ 08648

### Fee for Training:

\$70/person

Includes FOCCUS manual 4th Edition and all materials; snacks and light refreshments included both evenings (NOTE: Current Facilitators who purchased a 4th Edition manual directly from FOCCUS may attend for \$55 - please use mail-in registration only)

### REGISTRATION

Register online at  
[www.dioceseoftrenton.org/foccus](http://www.dioceseoftrenton.org/foccus)  
or use mail-in registration form.

Questions about registration -  
Contact Peg Hensler; 609-403-7156  
[phensler@dioceseoftrenton.org](mailto:phensler@dioceseoftrenton.org).

