



# ST. JO'S 5K JOG

**March 23, 2019**

**9:00am One Mile Fun Run/Walk**

**9:30am St. Jo's Jog 5K**

**Registration begins at 8:00.**



**Entry Fees for 5k:**

**Adults: \$25**

**Children under 12: \$15**

**Families of 3 or more in one household: \$65**

**Entry Fees for Fun Run:**

**\$15 for all runners.**

*\*Early registration ends on March 13<sup>th</sup>. After then we still accept forms but cannot guarantee an event t-shirt.*

**The event is hosted by:**

**St. Joseph Catholic Church in Milton, La**

**Race begins and ends on Church Grounds in Milton, La. On HWY 92**

**(Go to the Life Center)**

**For more information or to register online, please visit the**

**St. Jo's Jog page at <http://stjo-milton.org/st-jos-jog-5k>**

**PRIZES**

Runners: Top Male/Female  
CASH PRIZES \$150, \$125, \$100  
& overall recognition of top  
three in each age/gender  
division.

Door prizes awarded to  
registered participants. Must  
be present to win.

**DIVISIONS**

9 & Under, 10-12, 13-18, 19-24,  
25-29, 30-39, 40-49, 50-59, 60-  
64, and 65 & Over

**ENTERTAINMENT**

Great food, beverages, and  
entertainment will be provided  
after the race.

DETACH HERE--ONE REGISTRANT PER ENTRY FORM

Check one:  Participating in 5k  Participating in One Mile Fun Run

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Birthday \_\_\_\_\_ Sex  M  F Age on Race Day \_\_\_\_\_

Adult Shirt Size:  Small  Medium  Large  X-Large  XX-Large  XXX-Large

Youth Shirt Size:  X-Small  Small  Medium  Large

Email Address \_\_\_\_\_

EXTRA SHIRT ORDER: If you want to buy an extra shirt, please mark box to left AS WELL AS above size box (put number on side if more than one) and include an extra \$10 per shirt.

Check Here if you are Head of Family for family discount (\$65 for three or more family members in one household)

Check here if you are part of a family team. Head of Family Name \_\_\_\_\_

In consideration of the acceptance of my entry, I for myself, my executors, and assignees, do hereby release and discharge St. Joseph Church of Milton and their assignees and sponsors and the parish of Lafayette for all claims of damages, demands, actions whatsoever in any manner arriving or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and trained to participate in this event. I grant my permission to use my name or my child's name or any audio or visual recording for any lawful purpose. I also authorize St Joseph Church to publish photos taken from the event of yourself and/or minor, and our names for the use in print, online, and video-based marketing and release and hold harmless from reasonable expectation of privacy or confidentiality.

Signature (Parent if under 18)

DATE

Make Checks payable to: St. Joseph's Church, PO Box 299, Milton, La 70558  
If you have any questions, please feel free to email us at [race@stjo-milton.org](mailto:race@stjo-milton.org) or call 856-5997.