

St. Mark Catholic School - October 2019 Lunch Menu



	<p style="text-align: center;">Tue, Oct 1</p> <p style="text-align: center;">Terrific Taco Tuesday Soft Beef Tacos Vegetarian Frijoles Garden Fresh Lettuce and Tomatoes Chilled Cinnamon Applesauce Milk, Juice or Water</p>	<p style="text-align: center;">Wed, Oct 2</p> <p style="text-align: center;">Wonderful Wednesday Cheese Pizza Garden Salad Fudge Brownie One Half Banana Milk, Juice or Water</p>	<p style="text-align: center;">Thu, Oct 3</p> <p style="text-align: center;">French Toast Scrambled Eggs Yogurt Sun Sweet Orange Wedges Milk, Juice or Water</p>	<p style="text-align: center;">Fri, Oct 4</p> <p style="text-align: center;">Chicken Sandwich Garden Fresh Lettuce and Tomatoes Oven Bkd Fries Fresh Apple Wedges Milk, Juice or Water</p>
<p style="text-align: center;">Mon, Oct 7</p> <p style="text-align: center;">Baked Potato Garden Salad Cream of Broccoli Soup Fresh Melon Bites Milk, Juice or Water</p>	<p style="text-align: center;">Tue, Oct 8</p> <p style="text-align: center;">Terrific Taco Tuesday Soft Beef Tacos Vegetarian Frijoles Garden Fresh Lettuce and Tomatoes Chilled Applesauce Milk, Juice or Water</p>	<p style="text-align: center;">Wed, Oct 9</p> <p style="text-align: center;">Wonderful Wednesday Cheese Pizza Carrot Sticks with Ranch One Half Banana Fudge Brownie Milk, Juice or Water</p>	<p style="text-align: center;">Thu, Oct 10</p> <p style="text-align: center;">Crispy Baked Chicken Nuggets Cheezy Pasta Mixed Vegetables Chocolate Chip Cookie Milk, Juice or Water</p>	<p style="text-align: center;">Fri, Oct 11</p> <p style="text-align: center;"><i>NO SCHOOL!!</i></p>
<p style="text-align: center;">Mon, Oct 14</p> <p style="text-align: center;">Baked Penne w/Italian Sausage Italian Blend Vegetables Hot and Fresh Garlic Bread Lite Fruit Cocktail Milk, Juice or Water</p>	<p style="text-align: center;">Tue, Oct 15</p> <p style="text-align: center;">Homemade Beef Chili Mac Fresh Steamed Broccoli Whole Wheat Roll Fresh Cantaloupe Milk, Juice or Water</p>	<p style="text-align: center;">Wed, Oct 16</p> <p style="text-align: center;">Wonderful Wednesday Cheese Pizza Garden Salad One Half Banana Fudge Brownie Milk, Juice or Water</p>	<p style="text-align: center;">Thu, Oct 17</p> <p style="text-align: center;">Hot Pancakes Sausage Patty Yogurt Sun Sweet Orange Wedges Milk, Juice or Water</p>	<p style="text-align: center;">Fri, Oct 18</p> <p style="text-align: center;">All American Hamburger Garden Fresh Lettuce and Tomatoes Oven Bkd Fries Sugar Cookie Milk, Juice or Water</p>
<p style="text-align: center;">Mon, Oct 21</p> <p style="text-align: center;">Oven Baked Tenders Creamy Mashed Potatoes Steamed Green Beans Naturally Sweet Pear Halves Milk, Juice or Water</p>	<p style="text-align: center;">Tue, Oct 22</p> <p style="text-align: center;">Terrific Taco Tuesday Soft Beef Tacos Vegetarian Frijoles Garden Fresh Lettuce and Tomatoes Crispy Cinnamon Churro Milk, Juice or Water</p>	<p style="text-align: center;">Wed, Oct 23</p> <p style="text-align: center;">Wonderful Wednesday Cheese Pizza Garden Salad One Half Banana Fudge Brownie Milk, Juice or Water</p>	<p style="text-align: center;">Thu, Oct 24</p> <p style="text-align: center;"><i>NO LUNCH!! EARLY RELEASE DAY!!</i></p>	<p style="text-align: center;">Fri, Oct 25</p> <p style="text-align: center;"><i>NO SCHOOL!! Parents & Teachers Conference Day!!</i></p>
<p style="text-align: center;">Mon, Oct 28</p> <p style="text-align: center;">Grilled Cheese on Whole Wheat Carrot and Celery Sticks Small Tomato Soup Hawaiian Pineapple Bites Milk, Juice or Water</p>	<p style="text-align: center;">Tue, Oct 29</p> <p style="text-align: center;">Homemade Chicken Casserole Fresh Steamed Broccoli Whole Wheat Roll Hawaiian Pineapple Bites Milk, Juice or Water</p>	<p style="text-align: center;">Wed, Oct 30</p> <p style="text-align: center;">Wonderful Wednesday Cheese Pizza Garden Salad One Half Banana Fudge Brownie Milk, Juice or Water</p>	<p style="text-align: center;">Thu, Oct 31</p> <p style="text-align: center;">Mini Turkey Corn Dogs Fresh Steamed Broccoli Cheezy Pasta Creamy Pudding Variety Milk, Juice or Water</p>	

M	T	W	T	F
Pasta Entree For Plate Lunch Baked Ziti	Alfredo sauce & pasta Bows	Cheese Ravioli	Mac & Cheese	Spaghetti w/Meat Sauce
Grab & Go w/ Chips, Fruit, Water Turkey Sandwich	Turkey & Bacon Wrap	Ham & Cheese On Wheat	Italian Sub Sand	Sun Butter & Jelly
salad bar w/ drink	salad bar w/ drink	salad bar w/ drink	salad bar w/ drink	salad bar w/ drink

Linda Gaines - Manager
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Prices:
 plate lunch:
 PK-2nd \$4.00
 3rd-8th \$4.50

grab-n-go \$4.50
 salad bar \$4.50
 drinks \$1.00

larger entrée portion - add \$1
 Vegetables Cups \$2.00
 Fresh Fruit Cups \$2.00
 Jello Cups \$2.00