

ST. ANDREW

5TH ANNUAL
5K SPIRIT RUN & WALK



Place: St Andrew School
535 Mason Ave, Drexel Hill, PA

Date: Saturday, October 25, 2014

Time: 07:30am Registration and packet pickup
08:30am Kids One Mile Fun Run
09:00am 5k Run/Walk

5K Run Awards: Top 3 Male/Female Finishers;
Top 3 Male/Female in each age group: 13 and under, 14-20, 20-29,
30-39, 40-49, 50-59 and 60 and over.
Costume Awards: Top 3 Overall (must be an entrant in the race).
Saint Andrew Alumni Awards: Top Male and Female Finishers.

Entry Fees – 5K Run/Walk:

Online Registration - \$25 by October 22, 2014

For online registration visit: <http://www.saintandrewschool.com>

OR <http://www.runtheday.com>(additional online registration fee)

Pre-registration by Mail - \$25 postmarked by October 18, 2014

(Please fill in the information needed on the right and Mail to):

St Andrew 5k, PO Box 10, Drexel Hill, PA, 19026

Race Day Entry Fee: \$30

Entry Fees – Kids One Mile Fun Run:

\$15 (14 and under)–Use same registration methods as noted above

First 200 registered runners are guaranteed a 5K t-shirt

Early Packet Pick-up on October 24, 2014 (Friday Night)

6:00 pm to 7:30 pm at St. Andrew School 535 Mason Avenue
Drexel Hill, PA 19026

For information, questions or to volunteer call or email:

STANDREWSPIRITRUN@gmail.com

Owen Quigley (610-626-6292); OJQuigley@msn.com

Maureen Kee (610-368-4405); mkee@lincolninvestment.com

"Follow us on Twitter @SASSpiritRun"

SIGN-UP:

Last Name: _____

First Name: _____

Phone: _____

Address: _____

City: _____

State: _____ **Zip:** _____

Male: _____ **or** **Female:** _____

Age: _____ (@ 10/25/2014)

Email: _____

St. Andrew Alumni YES or NO
If so, what year did you graduate? _____

(Circle One)

5K Run 5K Walk

OR

Kid's One Mile Fun Run

Fee Enclosed: \$ _____
(Checks payable: St. Andrew Spirit Run)

T-shirt size (Check One):

Youth: Sm ___ Med ___ L ___

Adult: Sm ___ Med ___ L ___
 XL ___ XXL ___

WAIVER: I know that running in a foot race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any and all decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running participants, the effects of weather, including high heat and humidity or extreme cold, traffic and conditions of the trail, all such risks being known and appreciated by me. In consideration of granting the undersigned permission, having read this waiver, I, for myself and anyone entitled to act on my behalf, waive, release and forever discharge the Archdiocese of Philadelphia, St Andrew Parish, Upper Darby Township, the Race Committee and Run the Day, their officers, directors, employees, sponsors, their representatives and successors and volunteers from all claims or liabilities of any kind arising out of my participation in this event. I further grant permission to all the foregoing groups to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation.

WAIVER MUST BE SIGNED.

Signature: _____

Date: _____

**(Parent/Guardian must sign
if under 18 years of age)**