

SBS HEALTH COMMITTEE

SEPT. 14, 2017 Meeting

Attendance:

Donna Tagliarini: PE teacher

Gina Grano : Lunch Coordinator

Meeting notes:

Review a copy of the School Wellness Policy.

Post policy on website.

Work on promotion and education with posters and bulletin boards near cafeteria.

Put up information on portion sizes.

Invite PTA parents to join the committee.

Send suggestions to teachers for rewards that are non- food.

Suggest to teachers that all students should go outside for recess. .

Email recommendations to teachers to have physical activity breaks during classroom time such as jumping jacks, or stretches.

Include information on healthy eating benefit during PE class.

10/3/17

Attendance:

Donna Tagliarini: PE teacher

Gina Grano: lunch Coordinator

Meeting Notes:

Wellness Bulletin Board outside cafeteria

Order nutritional Posters

Review wellness policy