

**Diocese of Columbus**  
**Grade Five Religion COS**  
Based the Six Tasks of Catechesis\*

**I. Catechesis Promotes Knowledge of the Faith**

*(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)*

**A. The Person of Jesus Christ:** Jesus loves and invites every person to be in relationship with him

**I. A. 1.** Define the term “Incarnation” and know that it is a distinctive sign of the Christian faith (CCC 461-463; **CFCL I.A.7**)

**I. A. 2.** Know that Jesus is the full revelation of God to humanity (CCC 50, 73, 221)

**I. A. 3.** Know some New Testament titles for Jesus. (CCC 430-451)

**B. Understand Scripture** Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today

**I. B. 1.** Recognize that Sacred Scripture is inspired by God, but written down by human authors (CCC 105-106)

**I. B. 2.** Know how to find books, chapters, and verses in Sacred Scripture

**I. B. 3.** Describe how God’s revelation comes through people and events in Sacred Scripture (CCC 69-73)

**I. B. 4.** Identify the lands of the New Testament on a map

**C. Creeds and Doctrines of the Church** The Creed expresses the faith of our Church and professes it to the world

**I. C. 1.** Know that the three persons of the Trinity **show us how to love one another unconditionally** (CCC 255; **CFCL I.A.3**) **ADDICTION RACISM SUICIDE**

**I. C. 2.** Explain the meaning and purpose of a creed (CCC 187)

**I. C. 3.** Identify the Nicene and Apostles’ Creeds (CCC 194-195)

**I. C. 4.** Define “Purgatory” (CCC 1030-1032)

**I. C. 5.** Define particular and final judgment (CCC 1021, 1051, 1060; **CFCL I.A.17**)

**D. Discover the Church’s tradition and relevance of church history** Our Church has a rich heritage which still serves as a guide for us today

**I. D. 1.** Describe how the Church grew through Paul’s missionary journeys (Acts 13-14, 16-28)

**E. Christian thought and culture** Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers, and preachers – living as faithful disciples of Jesus

**I. E. 1.** Identify the process of canonization of saints (CCC 828)

**I. E. 2.** **Explain why we pray to saints for their intercession and look to them as examples of holiness.** (CCC 956-957, 2030, 2683; **CFCL I.A.31**) **ADDICTION**

## II. Catechesis promotes knowledge of the meaning of the Liturgy and Sacraments

(CCC, 1066-1690; GDC, 84-85, 87)

**A. Paschal Mystery Forms and Transforms** The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world

**II. A. 1.** Identify the Easter Triduum as the central celebration of the Paschal Mystery (CCC 1168-1169)

**II. A. 2.** Understand that through the Paschal Mystery we are redeemed from sin and death (CCC 601-603; Jn 3:16; **CFCL I.A.8**) **SUICIDE**

**II. A. 3.** Recognize that by participation in the Paschal Mystery suffering becomes redemptive (CCC 618; 1Pt 2:21) **ADDICTION SUICIDE**

**B. Sacraments** Sacraments are special celebrations of God's love for us

**II. B. 1.** Understand that sacraments are celebrated by and for the community, not just the individual (CCC 1140)

**II. B. 2.** Define "transubstantiation" (CCC 1376)

**II. B. 3.** Identify the signs, symbols, rites, and ordinary ministers for each of the seven sacraments

**C. Liturgical Catechesis** We are invited into full, active, and conscious participation in the liturgical life of the Church

**II. C. 1.** Identify the liturgical books used at Mass

**II. C. 2.** Know that the scriptural readings in the Lectionary follow a three-year cycle for Sunday Masses and a two-year-cycle for daily Masses

**II. C. 3.** Identify the differences among a solemnity, a feast, and a memorial (CCC 1194-1195)

**D. Dimensions of Priesthood: Baptismal and Ordained** Like Jesus, we are called to be priest, prophet, and king

**II. D. 1.** Know that like Christ, all the baptized are anointed as priest, prophet, and king (CCC 783-786, 1241, 1268)

## III. Catechesis Promotes Moral Formation in Jesus Christ

(CCC 1691-2557; GDC, 84-85, 87)

**A. Commandment to Love** The 'New Commandment' of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith

**III. A. 1.** Know the virtue of charity is Christ's New Commandment (CCC 1823) **SUICIDE**

**III. A. 2.** Know that to love is to will the good of another (CCC 1766; **CFCL I.A.1**) **ADDICTION RACISM SUICIDE**

**III. A. 3.** Know that authentic love requires that we treat ourselves and each other with respect and justice (CCC 1825; **CFCL I.A.23**) **ADDICTION RACISM SUICIDE**

**B. Ten Commandments and Beatitudes** The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance

**III. B. 1.** Identify the Beatitudes (CCC 1716; Mt 5: 1-11; Lk 6:20-26; **CFCL I.A.19**)

**III. B. 2.** Know that the Beatitudes help one live a moral life (CCC 1717; **CFCL I.A.19**) **RACISM SUICIDE**

- III. B. 3. Know that the first three commandments refer to our relationship with God and the last seven refer to our relationship with others (CCC 2067) **ADDICTION RACISM**
- C. **Sin and Grace** God's love can overcome the evil of sin in our world
- III. C. 1. Know that original sin is passed on to all generations of human beings (CCC 404; **CFCL I.A.4**) **ADDICTION RACISM SUICIDE**
- III. C. 2. Know that original sin weakens one's ability to do good, and results in human suffering and ultimately in physical death (CCC 400) **SUICIDE**
- III. C. 3. Know that the sanctifying grace given at baptism frees one from original sin and gifts one with the possibility of living with God forever in heaven (CCC 1263, 1999) **SUICIDE**
- III. C. 4. Know that actual grace refers to God's intervention at various times in one's life (CCC 2000)
- III. C. 5. Identify "sacramental grace" (CCC 2003)
- III. C. 6. Identify some specific graces given at each sacrament (CCC 1131,1279,1316-1317, 1416, 1496, 1532, 1581, 1661)
- D. **Conscience Formation** The Gospel calls us to ongoing conversion, transforming our ways of thinking and living
- III. D. 1. Define "free will" (CCC 1730; **CFCL I.A.2**) **ADDICTION RACISM SUICIDE**
- III. D. 2. Know that the conscience is our ability to use our reason/intellect to make good choices (**CFCL I.A.2**) **ADDICTION RACISM SUICIDE**
- III. D. 3. **Understand that temptation is an attraction toward sin that we must choose to reject.**
- III. D. 4. **Know that a "well-formed conscience" is based on reason (man's ability to know) and is informed by faith (CCC 1783-1785; CFCL I.A.2)**
- E. **Objective Moral Norms** The Scriptures and Tradition of the Church teach us about right and wrong
- III. E. 1. Know that the teachings of the Catholic Church are transmitted through Sacred Scripture and Sacred Tradition (CCC 80)
- III. E. 2. Identify the elements of Sacred Tradition (CCC 80-83)
- III. E. 3. **Know that the teachings of the Church explain objective truths about God, the individual's relationship with God, and with one other** **RACISM**
- F. **Gospel of Life** All life is a gift from God and is to be held sacred
- III. F. 1. Know that through the Incarnation all humanity shares in the life and dignity of God (CCC 521) **ADDICTION RACISM SUICIDE**
- III. F. 2. Know that God made man and woman equal, but different and complimentary (CCC 2333-2335)
- III. F. 3. **Know that we relate to the world through our human sexuality (maleness/femaleness) because we are both body and soul (CCC 364-365, 2332; CFCL I.A.2)**
- III. F. 4. Know that the dignity of the person can be destroyed through prejudice, gossip, lying, slander, stealing, cheating, bullying, etc. **RACISM**
- G. **Living a Moral Life** As disciples of Jesus, we desire to follow him in his attitudes and actions

- III. G. 1. Recall that the Theological virtues **aid each person to grow in generous self-giving love** (CCC 1812-1844; **CFCL I.A.15**)
- III. G. 2. Recall that the Cardinal virtues **guide our reason and order our passions/emotions** (CCC 1805-1809; **CFCL I.A.14**)
- III. G. 3. **Understand chastity as a virtue related to temperance that allows us to do what is right, good, and loving with our bodies and our sexuality (maleness/femaleness)** (CCC 2337-235; **CFCL I.A.20 & 23**)
- III. G. 4. Name the Corporal and Spiritual Works of Mercy (CCC 2447) **ADDICTION RACISM SUICIDE**
- III. G. 5. **Recall that we need God’s help to live the virtues (CFCL I.A.28) ADDICTION RACISM**

**IV. Catechesis Teaches the Christian How to Pray**  
(CCC 2558-2865; GDC 84-85, 87)

- A. **Christian Prayer Tradition** Prayer in all its many forms is a language of love, faith, and hope
  - IV. A. 1. Name the five forms of prayer (CCC 2626-2649)
- B. **Personal Prayer** The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer
  - IV. B. 1. Know that prayer and the Christian life are inseparable (CCC 2744-2745) **SUICIDE**
  - IV. B. 2. **Explain how personal prayer and virtuous actions help us grow in our ability to love and serve others** (CCC 2744-45; **CFCL I.A.24, 28) ADDICTION RACISM SUICIDE**
  - IV. B. 3. Know that one will have personal preferences in prayer forms
- C. **Communal Prayer** We share prayer with others, and worship together as the People of God
  - IV. C. 1. Know that liturgical prayer is the public prayer of the Church (CCC 1066-1073)
  - IV. C. 2. Name the three forms of liturgical prayer: the Eucharistic Liturgy, the celebration of the seven sacraments, and the Liturgy of Hours (CCC 1070, 1076, 1175)
- D. **Popular Piety and Devotions** Our families and friends share with us ways to grow closer to God
  - IV. D. 1. Identify some types of devotional prayer, e.g., litany, novena, rosary, Stations of the Cross, Eucharistic adoration, etc. (CCC 1674)

**V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life and Mission of the Church** (GDC 84, 86-87)

- A. **Spiritual Growth** Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually
  - V. A. 1. Know that the theological virtues of Faith, Hope and Love are God’s gifts that enable one to grow in holiness (CCC 1812ff; **CFCL I.A.15**)
  - V. A. 2. Know that we grow in holiness as we develop good habits **ADDICTION RACISM**
  - V. A. 3. **Understand the term “self-mastery/self-control” as they relate to a life of virtue and spiritual growth (CFCL I.A.22 & 24) ADDICTION**
  - V. A. 4. Understand that a life of prayer is essential to spiritual growth (CCC 2744-2745)  
**ADDICTION RACISM SUICIDE**

**B. Relationships and Responsibilities** In the Gospel, Jesus teaches us that, living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity

**V. B. 1.** Describe the nature and responsibilities of Christian friendship (CCC 1829, 1939, 2347)  
**ADDICTION SUICIDE**

**V. B. 2.** Define the “common good” as understood by the Catholic Church (CCC 1905-1909)  
**ADDICTION RACISM**

**V. B. 3.** Recall that because our bodies are “temples of the Holy Spirit” and they must be treated with respect. (i.e. physical, emotional and sexual health; and personal identity) (CCC 364, 2519; **CFCL I.A.24**) **ADDICTION SUICIDE**

**C. Marriage and Family Life—Domestic Church** Our family life is the church of the home, where we learn to love God and care for each other

**V. C. 1.** Understand the importance of family life for the individual and for society as a whole (CCC 2207-2213; **CFCL I.A.29**)

**V. C. 2.** Know that the **mutual self-gift** and love of husband and wife is an image of the **unconditional** love between Christ and his Church (CCC 1612-1617; Eph 5:25-26; 31-33; **CFCL I.A.29**)

**V. C. 3.** Know that marriage is a sacrament between one man and one woman (CCC 1601)

**V. C. 4.** Know that married couples are called to live chastity as an example to the world of authentic love (**CFCL I.A.30**)

**D. Faith Communities** Participation in the life and mission of the Church is both personal and communal

**V. D. 1.** Know that the liturgical and sacramental life of the Church is both personal and communal (CCC 1134)

**E. Nature and Mission of the Church** The Church is the family of God, sent to bring the Good News of Jesus to all people

**V. E. 1.** Name the Four Marks of the Church (CCC 811ff)

**V. E. 2.** Identify the Church as the Body of Christ continuing Christ’s salvific action in the world (CCC 1213; Col 2:24-29)

**V. E. 3.** Understand that the Church’s participation in the Paschal Mystery is expressed through her liturgical life and her service in the world (CCC 1134)

**F. Ecumenism** We share in promoting the unity of all God’s people as a basic part of our fidelity to the Gospel

**V. F. 1.** Know that Jesus calls all Christians to work together to build the Kingdom (CCC 820)  
**RACISM**

**VI. Catechesis Promotes a Missionary Spirit that Prepares the Faithful to Transform Society.**  
(GDC 84, 86-87)

**A. Evangelization** The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world

**V. A. 1.** Define “evangelization” (CCC 905)

**V. A. 2.** Know that the sacramental life of the Church empowers the faithful to evangelize the world (CCC 1116, 1122, 2044)

**B. Vocation/Apostolate** Each is called to a particular task in helping to reveal the Kingdom of God in the service of God's plan for the world

**VI. B. 1.** Know that each person shares responsibility for the mission of the Church (CCC 849; Mt 28:18-20) **ADDICTION RACISM**

**VI. B. 2.** Explain how the various vocations function to build God's kingdom and further the mission of the church

**VI. B. 3.** Know that all people are called to live the virtue of chastity (CFCL I.A.20)

**C. Social Action and Transformation** The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind

**VI. C. 1.** Know that through the virtues of charity and justice Christians are called to oppose social sin and to transform the world (CCC 1928-1933, 2446; Mi 6:8) **RACISM**

**D. Interreligious Dialogue** We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world

**VI. D. 1.** Know that we are bound to all peoples by our belief that God is the source and end of all human life (CCC 842) **RACISM**

**VI. D. 2.** Know that the Church acknowledges the spiritual and moral truths of other religions as a preparation for hearing the Gospel (CCC 842; *Nostra Aetate* 1-2)

\*Committee on Education of the United States Catholic Conference. *Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States*. Washington DC: United States Conference of Catholic Bishops, 1999.