



# PRE-CANA 2019

## SCHEDULE OF THE DAY

- 8:00 Check-in and Breakfast
- Welcome and Introductions
- Your Marriage Mission and the Role of Virtue
- God's Plan for Marriage "in the Beginning"
- Christ Restores God's Plan for Marriage
- Couple Witness
- Lunch and Confession
- To What Are You Saying, "I Do"?
- Where the Words of Your Vows Become Flesh
- Introduction to NFP
- Spiritual Intimacy
- Couple Prayer
- Preparing for a Joy-Filled Marriage
- 5:00 Closing Prayer

### **Remarriage Preparation 5:00 – 8:00 p.m.**

(offered at the end of some Pre-Cana sessions)

This dinner date night is a great opportunity for couples to discuss topics pertinent to building a second marriage. The evening is a mixture of presentations, real life-stories, activities, and time to connect as a couple.

**Couples can register for the Pre-Cana and Remarriage Preparation sessions online at:**  
[columbuscatholic.org/marriage-preparation](http://columbuscatholic.org/marriage-preparation)

### **A LOOK AT PRE-CANA**

*Pre-Cana is a day dedicated to helping engaged couples prepare for a joy-filled marriage. The day is focused on God's design for marriage as well as the meaning of the vows and couple intimacy. The engaged couples will hear from couples living a joy-filled marriage and have the chance to apply what they learn in their conversations as a couple about their communication, decision-making, and habits, etc. Breakfast and lunch are provided.*