



MAY 2019 Pre-K – 8th Child & Nutrition Program

BIC MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Maple Pancakes **6**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Yogurt 4 oz.
with Granola **7**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cheese / Egg
Omelet Wrap **8**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

French Toast
Sticks **9**
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup
Milk

Assorted Cereal **10**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cream Cheese
Filled Bagel Roll **13**
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup
Milk

Cinnamon Waffles **14**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Biscuit and Sausage **15**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Croissant
& Cheese Stick **16**
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup
Milk

Assorted Cereal **17**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Blueberry Loaf **20**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Maple Pancake
With Syrup **21**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cheese & Egg
On Bun **22**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cream Cheese
Filled Bagel Roll **23**
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup
Milk

Assorted Cereal **24**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Yogurt 4 oz.
with Granola **27**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cinnamon Waffles **28**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cream Cheese
Filled Bagel Roll **29**
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup
Milk

Blueberry Biscuit **30**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Assorted Cereal **31**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Blueberry Biscuit **1**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

Cream Cheese
Filled Bagel Roll **2**
1/2 cup 100% Fruit Juice
1/2 cup Fruit Cup
Milk

Assorted Cereal **3**
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit
Milk

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