



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road  
Selma, Texas 78154-3824  
Phone (210) 651-6811; Fax (210) 651-5516  
email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

November 18, 2018

### Principal and Assistant Principal's Corner

Dear OLPH Families,

Phew! We have had a busy fall and busy last few weeks. From the Parish Festival, to the Halloween Carnival, to Casino Night, to St. Cecilia Sing Concert, Cheer Competition at the Catholic Arts and Academic Competition (CAAC), fall sports playoffs for the school and CYO, we find ourselves midway through 2nd Quarter.

In this week's Gospel reading, we are reminded to appreciate our limited earthly time, embrace the changes, triumphs, and struggles as opportunities as growth on our journey.

Congratulations to our cheer teams as they did extremely well at the Catholic Arts and Academic Competition (CAAC) yesterday. Yes, again, the 5-8th Grade Team took home 1st Place with their routine this Saturday, and the Spirit Squad also did extremely well. Well done to the cheer team, spirit squad, and the dedicated coaches, whose work it seems never ends, as they started last April, competed during the summer at a national camp, and continue to work through every sports season. Excellent job!

#### *Upcoming Dates*

11/19 *Ham Sales Deliveries, 2-4 pm*  
11/20 *12:00 Dismissal, CDC Open to 6  
K-8 Progress Reports Mailed*  
11/21- *School and CDC Closed*  
11/23

*Happy Thanksgiving!*

Thank everyone who supported OLPH Day at Baskin Robins on Wednesday, where \$100 was raised for the school and CDC.

A reminder that we have a short week this week, with noon dismissal on Tuesday.

Thank you for all you do and continue to for OLPH.

May you and your families have restful and grateful Thanksgiving.

Francis Burns

Amanda Miller

Principal

Assistant Principal

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### News from the CDC

Dear Parents,

What a beautiful Mass we had on Wednesday! Mrs. Garcia & Ms. Cindy's K4 class did a wonderful job in their presentation of "setting the Thanksgiving table" before Mass began. All the children did a wonderful job! Also, thank you to all the supportive K3 & K4 parents and staff members who donated food items for our Thanksgiving Food Drive. Your donations helped to feed many struggling families for this holiday.

Music practice for our Annual CDC Christmas Program is continuing with Ms. Melissa Cavanaugh. Please mark your calendars as this event will be held on Thursday, December 20th at 10:00a in the Church. Just as a reminder we have music practice on Tuesday and Thursday mornings.

Remember to sell your Catholic Life Tickets! If you turn in your 20 tickets and \$ by Monday, November 26th your child will earn a Pajama Day in December! This is our biggest fundraiser of the year at OLPH and each child was allocated 20 tickets to sell. If there is a balance of tickets not received, your CDC account will be billed directly for the remaining tickets.

If you place a Honeybaked Ham order they will be available for pickup Monday, November 19 from 2-4 in the Pastoral Center and 4-6 in the CDC.

The CDC will be open until 6p on Tuesday, November 20th. The school and CDC will be closed Wednesday, November 21st - Friday, November 23rd.

The faculty and staff of the CDC want to wish everyone a very Happy Thanksgiving. If traveling may God keep you safe and protected.

God Bless,

Stephanie Dunne, Director

### After School Activities in the CDC

\*Registration/information is available at the CDC

Mondays – Art (3:45p, ages 6+, Ms. Weems Art room in the Admin Building)

Tuesdays – TOT (2:30p, PK, CDC Bldg.)

Wednesday – Dance (2:45p PK & 3:45p, Kinder+, CDC Bldg.)

Wednesdays – Orchestra - Guitar/Violin (3:30p, Grades K-8, Music room in Admin Building)

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Fridays – Stomp & Play (3:00 pm, CDC Building)

set of earrings for girls, no body piercing jewelry may be worn.

Fridays – Chess (3:45p, 1st-8th grade, Mrs. Weems' Art room in the Admin Building.

**NEXT MOMS CLUB MEETING ON  
NOVEMBER 27 AT 8 AM IN SCHOOL  
CAFETERIA."**

### **St. Vincent DePaul Donations**

11/19 Can of Whole Tomatoes, 15 oz.

If you would like to join, please complete the following:

11/26 Can of Tomato Sauce, 15 oz.

<https://www.emailmeform.com/builder/form/MB Dk1IS7vbe9nKR>

12/3 Box of Instant Oatmeal, 10 oz.

Also, OLPH MOMS shirts are available for purchase at:

<https://www.sloganstuff.com/collections/tshirts-and-apparel/products/olph-moms-shirt>

### **Uniform Tip of the Week**

#### **Jewelry (Part One)**

Dangling jewelry, including charm bracelets and rings, is dangerous and must not be worn to school.

A simple silver or gold chain, or a leather cord necklace with a cross or religious medal, is the only necklace permitted under the shirt/blouse.

Girls are allowed to wear one set of stud or post earrings on the earlobe. Earrings may cover the earlobe but may not hang below it. Other than one

### **Poster Contest**

All students at OLPH are invited to participate in the "Keep Christ in Christmas" Knights of Columbus Poster Contest. The Knights of Columbus do so much to support and assist our school. What a great way to give back to them and showcase the talent of our students as well. First place winners of each division will receive a \$25 gift card of their choice. Runners-up will receive a \$15 gift card of their choice. All posters are due by Nov. 30 and

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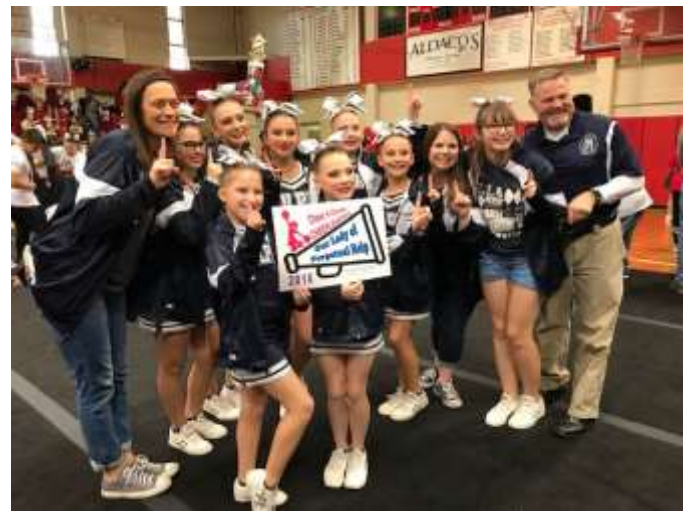
winners will be announced after Mass on Dec. 12. Entry forms containing rules and other guidelines will be sent home in the Wildcat Wednesday Blue Folders as well as can be found attached to this newsletter.

very evident in their performance. We are so proud of each one of them!

**This holiday, make a difference while you shop**

Shop for holiday gifts and supplies at [smile.amazon.com](http://smile.amazon.com) and Amazon donates

You shop. Amazon donates.  
[amazon.com/smile](http://amazon.com/smile)

*Did you know your purchases can make a difference? AmazonSmile donates to Our Lady of Perpetual Help School- Selma TX- Endowment Fund when you do your holiday shopping at [smile.amazon.com/ch/26-4627135](http://smile.amazon.com/ch/26-4627135).*

*Amazon is offering free shipping on **all** orders for the holidays.*

### Sports Corner

The cheer team were amazing yesterday! These ladies and their coaches have put in many hours in preparation for competition yesterday. This was



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### Student Corner

#### *Writings from the Journalism Class*

#### **Thanksgiving History**

By Carmela Ante

We all know how Thanksgiving started, with the Pilgrims and the Indians, but do we know how everything else started? A woman named Sarah Josepha Hale loved Thanksgiving. She wanted it to be a national holiday. Unfortunately, it wasn't back in the 1800's. In 1846, she finally wrote to every state governor and urged them to make the last Thursday in November be Thanksgiving Day and, ever since then, Thanksgiving has been a national holiday!

In 1921, in a department store in Philadelphia, the first ever Thanksgiving parade was created. The store owners wanted to start off Christmas shopping with a Thanksgiving parade (ironic, right?). This was a big success! In 1924, Macy's department store in New York City held their very first Thanksgiving Parade. Thousands of people came to marvel at the floats, balloons and much, much, more! Even though Christmas shopping would start the very next day. Many people didn't like this, they wanted more time in between Christmas and Thanksgiving. So, in 1939, twenty-three states celebrated Thanksgiving on the third Thursday of November. Twenty-three other states celebrated it on the fourth Thursday of November.

Texas and Colorado actually celebrated on both days! Two years later, the United States Congress passed a bill to make sure that Thanksgiving wouldn't be moved again. It was signed on November 26, 1941, making Thanksgiving the fourth Thursday of November.

On Thanksgiving, schools and some businesses are closed to celebrate the day of thanks. Family and friends gather around the dinner table and give thanks to God. Everyone is happy on this day, giving thanks for everything, eating Thanksgiving foods and more. This holiday isn't just the dinner, the parade, not even the football game. It's about family and giving thanks to our God for making and creating our world and ourselves. With that being said, HAPPY THANKSGIVING!



#### **Viruses and How They Work**

By Vincent Taylor

Would you believe me if I told you that some viruses and germs are on the paper and/or the

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computer you are reading right now? Viruses are found in any environment and you can acquire them in many different ways.

You can acquire some viruses from touch and others you can get from other methods. Viruses such as HIV are acquired by any activity that may involve blood transfer, such as needle sharing. Viruses attach themselves to a cell, reproduce inside of the cell, and finally make you sick.

assembled in the cell. Finally, the cell is ruptured, releasing mature virus particles.



The life of a virus is a mysterious one indeed. It goes through a life, or reproduction cycle, just as humans do. The first stage of a virus is the attachment phase. This is the stage where the viruse attaches to a specific point of the cell wall. The second stage is the penetration phase. The viruse DNA or RNA is injected into the bacterial cell, leaving the coat outside. Following this stage is the transcription phase. Viral DNA is transcribed making protein. Replication is phase four. Viral proteins, other protein components, and DNA/RNA are produced separately. Assembly is next after replication. This stage is when mature viruses are

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