



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road  
Selma, Texas 78154-3824  
Phone (210) 651-6811; Fax (210) 651-5516  
email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

September 2, 2018

### Principal and Assistant Principal's Corner

Dear OLPH Families,

Thank all who came to the Meet-the-Teacher night this past Monday, as well as those who attended Tuesday's conversation with administration.

This week's Gospel from Mark talks about the heart, from which all good and all evil emanate. There are entire college courses and books (Viktor Frankl's, *Man's Search For Meaning*) that address this topic, so there are many thoughts about this. One who experienced and wrote about life in the Russian Gulag, Aleksandr Solzhenitsyn, wrote that, "But the line dividing good and evil cuts through the heart of every human being, and who is willing to destroy a piece of his own heart?" ADM James Stockdale, Medal of Honor Recipient, Prisoner of War for seven and half years in Vietnam (yes, Sen. John McCain was also with him in the Hanoi Hilton), wrote that, "Always striving for true education is the best education against losing your bearing, your perspective, in the face of disaster, in the face of failure."

Our athletes and those involved in extra-curricular activities are continuing in their growth of learning to compete well and learn lessons on the fields of friendly strife.

### *Upcoming Dates*

- 9/3 *Labor Day, No School*
- 9/4 *Coach D Day – Wear Your Shirt!*
- 9/5 *8<sup>th</sup> Grade Parent Night, 6:30*
- 9/6 *8<sup>th</sup> Grade Retreat, St. Hedwig*
- 9/7 *Fall Pep Rally, 2:45, Gym*

We will meet this Wednesday evening in the cafeteria with 8<sup>th</sup> Grade parents to review the upcoming year. Please keep in prayer our 8<sup>th</sup> Grade students as they will spend time in prayer and reflection on their retreat this Thursday.

In remembering Labor Day, we are reminded of a quote from 1<sup>st</sup> Book of Corinthians 15:58, "Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain."

Thank you for all you do for OLPH!

Faith > Fear. "For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline." - 2 Timothy 1:7

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Our Lady of Perpetual Help...Pray For Us.

Fridays – Chess, 9/7 (3:45p, 1st-8th grade, Mrs. Weems Art room in the Admin Building)

Francis Burns

Amanda Miller

Principal

Assistant Principal

### **News from the CDC**

*Will return next week...*

### **After School Activities/Start Date**

\*Registration/information is available at the CDC

Mondays – Art, 9/10 (3:45p, ages 6+, Ms. Weems Art room in the Admin Building)

Tuesdays – TOT, 8/28 (2:30p, PK, CDC Bldg.)

Wednesday – Dance 8/29 (2:45p PK & 3:45p, Kinder+, CDC Bldg.)

Wednesdays – Orchestra - Guitar/Violin, 9/5 (3:30p, Grades K-8, Music room in Admin Building)

Fridays – Stomp & Play, 9/7, (2:45p, PK, 3:30 Kinder, CDC Building)

### **Spiritual Corner**

One of the ministries of the Spiritual Life Committee is taking our children to the Adoration Chapel once a month. We will be running some questions in the School Newsletter for the next few weeks dealing with the Exposition of Jesus in the Blessed Sacrament.

Could you not watch one hour with Me?

His “The only time our Lord asked the Apostles for anything was the night when He went into His agony. But as often in the history of the church since that time, evil was awake, but the disciples were asleep. That is why there came out of His anguished and lonely Heart a sigh: ‘Could you not watch one hour with Me?’ (Mt26:40). Not for an hour of activity did he plead, but for an hour of friendship” (Archbishop Fulton J. Sheen).

What is the Holy Eucharist, the Blessed Sacrament?

The Holy Eucharist, the Blessed Sacrament, is Jesus Himself. Jesus gave us the gift of Body and Blood, the Blessed Sacrament on the 1st Holy Thursday night. “At every Catholic Mass the bread and wine, “By the words of Christ and the invocation of the Holy Spirit, become Christs Body and Blood”

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(Catechism of the Catholic Church, #1333. The Holy Eucharist.)

(Blessed Sacrament) is the Body and Blood of Jesus. After that Last Supper, Jesus went with His friends to the Garden of Gethsemane. It was there that Jesus asked them, "Could you not watch one hour with Me? (Mt 26:40) This is the same invitation that Jesus gives to us today. Pope John Paul II writes, "Remaining in silence before the Blessed Sacrament, it is Christ totally and really present whom we discover, whom we adore and with whom we are in contact" (Letter to Bishop of Liege, 1996) Through Adoration of the Blessed Sacrament, we express our love and friendship for Jesus.

### **St. Vincent DePaul Donations**

- 9/10 Bag of white rice, 2 lbs.  
9/17 Can of fruit cocktail, 15 oz.  
9/24 Jar of Peanut Butter, 18 oz.  
10/1 Can of Condensed Soup, 11 oz.

### **Uniform Tip of the Week**

Mass Attire

From p. 30 of the Handbook -

- Liturgy Day Attire may be used for designated special occasions (i.e.: 8th grade high school visits, hosting campus events, Catholic Schools Week events, etc.).
- Boys are required to wear pants; girls are required to wear jumper, skort, or skirt.
- Hooded sweatshirts and shorts are not permitted in Mass.

From p. 29 (the chart):

- White Button Down Dress Shirt – Long or Short Sleeve (6th through 8th Grade only) (Required on Liturgy days; Must be worn with a solid colored tie)
- For girls - No Navy Polo should be worn to Mass.

Students may change into shorts after Mass on hot days and, if directed to wear sports jerseys by coaches, wait to change into them after Mass.

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### Sports Corner



4<sup>th</sup> Grade Girls Win Pre-Season Volleyball Tournament



*Purchase with purpose. Amazon donates to Our Lady of Perpetual Help School- Selma TX- Endowment Fund when you shop at [smile.amazon.com](http://smile.amazon.com).*

### Bullying

By Tina Teel, Counselor

Bullying is a serious issue that we do not take lightly at OLPH. We endorse the prevention of bullying through the promotion of kindness, respect, empathy and acceptance. Bullying occurs when a student or other person is exposed repeatedly and over time, with negative action on the part of one or more students or persons.

A critical element of bullying that may be difficult to understand is that it exploits an imbalance of power between the student perpetrator and the student victim through written or verbal expression or physical conduct; AND interferes with a student's education and substantially disrupts the operation of a school.

(See Student/Parent Handbook 2018-2019, page 71.)

This rule of thumb might be helpful to help your child understand what the difference is between rude, mean and bullying behavior-

\*When someone says or does something unintentionally (not on purpose) hurtful and they do it once, that's RUDE.

\*When someone says or does something intentionally (on purpose) hurtful and they do it once, that's MEAN.

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\*When someone says or does something intentionally hurtful and they keep doing it, even when you tell them to stop or show them that you're upset, that's BULLYING.

A form for both students and parents to report bullying to the school administration is available on the OLPH School web site.

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