

August 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:00 Meeting 7:45 Practice 9:45 Break (snacks) 10:15 Meeting 11:00 Practice 12:30 Off the Field 12:40 Weights 1:15 Finished	2 7:00 Meeting 7:45 Practice 9:05 Break 9:35 Practice 10:55 Off the Field 11:10 Weights 11:45 Finished	3 7:00 Meeting 7:45 Practice 9:45 Break (snacks) 10:15 Meeting 11:00 Practice 12:30 Off the Field 12:40 Weights 1:15 Finished	4 7:00 Meeting 7:45 Practice 9:05 Break 9:35 Practice 10:55 Off the Field 11:10 Weights 11:45 Finished	5 8:00 Meeting 8:45 Practice 11:05 Off the Field
6	7 7:00 Meeting 7:45 Practice - Pads 9:05 Break 9:35 Practice - Pads 10:55 Off the Field 11:10 Weights 11:45 Finished	8 7:00 Meeting 7:45 Practice - Pads 9:45 Break (snacks) 10:15 Meeting 11:00 Practice - no pads 12:30 Off the Field 12:40 Weights 1:15 Finished	9 *Afternoon Practice 4:30 Meeting 5:05 Practice - Pads 6:25 Break 6:55 Practice - Pads 8:15 Off the Field 8:30 Weights 9:05 Finished	10 *Afternoon Practice 4:30 Meeting 5:05 Practice - Pads 6:25 Break 6:55 Practice - Pads 8:15 Off the Field 8:30 Weights 9:05 Finished	11 *Afternoon Practice 4:30 Meeting 5:05 Practice - Pads 7:00 Off the Field 7:10 Set up Campsites 7:30 Eat Dinner CAMPOUT	12 8:00 Meeting 8:45 Practice 10:45 Off the Field
13	14 7:00 Meeting 7:45 Practice - Pads 9:45 Break (snacks) 10:15 Meeting 11:00 Practice - no pads 12:30 Off the Field 12:40 Weights 1:15 Finished Back To School BBQ	15 *Afternoon Practice 4:30 Meeting 5:05 Practice - Pads 6:20 Break 6:40 Practice - Pads 7:55 Off the Field 8:05 Weights 8:40 Finished	16 *First Day of School 3:35 Meeting 3:55 Weights 4:30 Practice - Pads 6:40 Finished	17 Scrimmage at St. Mary's Hall, 5:00	18 Regular Practice Finished at 6:40	19 8:00 Meeting 8:45 Practice 10:45 Off the Field