

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


**Maple Pancakes** **5**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Yogurt 4 oz. with Granola** **6**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Cheese / Egg Omelet  
Wrap** **7**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**French Toast Sticks** **8**  
1/2 cup 100% Fruit Juice  
1/2 cup Fruit Cup  
Milk

**Assorted Cold Cereal** **9**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk



**Cinnamon Waffles** **13**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Biscuit and Sausage** **14**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Croissant with  
jelly/butter  
& Cheese Stick** **15**  
1/2 cup 100% Fruit Juice  
1/2 cup Fruit Cup  
Milk

**Assorted Cold Cereal** **16**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Honey Biscuit** **19**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Maple Pancakes** **20**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Yogurt 4 oz. with Granola** **21**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk



**Yogurt 4 oz. with Granola** **26**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Cinnamon Waffles** **27**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Blueberry Biscuit** **28**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

**Bagel-ful** **29**  
1/2 cup 100% Fruit Juice  
1/2 cup Fruit Cup  
Milk

**Assorted Cold Cereal** **30**  
1/2 cup 100% Fruit Juice  
1/2 cup Fresh Fruit  
Milk

Two- $\frac{1}{2}$  cup fruit options will be offered daily.  
Milk is served with every meal.  
Choose 1% White Milk or Fat Free White Milk.  
Student must take a fruit and/or juice.

**ALL GRAIN PRODUCTS ARE WHOLE GRAIN AND MEET THE GRAIN OUNCE EQUIVALENCY  
ALL FOOD ITEMS MEET USDA CACFP AND CNP: NSLP/SBP REQUIREMENTS.**

Fresh Fruit= Whole Fruit  
Fruit Cup= 4 oz. cup  
Frozen Fruit

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider