

SCHOOL LUNCH MENU

Welcome back to school!



St. Rita School

SEPTEMBER
2019



Sandwich or Soup can be substituted for lunch entrée.
All combo meals include choice of milk, Capri sun, juice and water
K-3rd \$5.50
4th - 8th grade \$6.00
Lunch entrée
Are available A' la carte

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
9 Popcorn Chicken or Panini- (mozzarella & roasted peppers) Served w/ tater tots & diced peaches	10 Chicken Tenders or Stuffed Shells Served w/ broccoli & apple slices	11 Hot Turkey w/ gravy or Mac & Cheese served w/ mashed potatoes & green beans	12 Chicken Nuggets or Hot Dog Served w/ tater tots & watermelon	13 Noon Dismissal No Service
16 Chicken Patty or Beef Taco w/ toppings served w/ steamed corn yellow rice	17 Hamburger/ Cheeseburger or Chicken Wrap w/ choice of tater tots or pasta salad	18 Popcorn Chicken or Pasta w/ butter sauce served w/ peas & carrots orange wedges	19 Chicken Nuggets or Pancakes Served w/ tater tots diced pears	20 Pizza or Pasta w/ light pink sauce served w/ garden salad mozzarella sticks
23 Bacon, Egg and Cheese sandwich or Chicken Tenders served w/ fries fruit salad	24 Corn Dog or Popcorn Chicken Served with French fries and diced peaches	25 Chicken Quesadillas or Pizza Bites served w/ broccoli pineapple	26 Chicken Nuggets or Spaghetti, garlic & oil Served w/ diced pears broccoli	27 Pizza or Pasta w/ light pink sauce served w/ Caesar salad Mozzarella Sticks
30 Mac & Cheese wedges or Chicken Tenders Served with steamed corn yellow rice			A' la Carte Items <i>Fresh baked cookies</i> <i>Ice cream</i> <i>Snacks</i> <i>Hot soft pretzel</i> <i>Arizona canned drinks</i>	Featuring Boar's Head Brand Deli Meats <i>Gluten free, no msg,</i> <i>No trans fats or fillers</i>