

# PK3 + PKA only

PreK-Grade 8		MARCH 2018 Child Nutrition Program		BREAKFAST	
Monday	Tuesday	Wednesday	Thursday	Friday	
5 Glazed Cinnamon Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	6 Blueberry Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	7 ZEE ZEEs Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	8 Cinnamon Square, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	9 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	
12 Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	13 ZEE ZEEs Smore's Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fruit Cup	14 Cinnamon Square, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	15 Apple Granola Square, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	16 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	
19 Glazed Apple Roll, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	20 Corn Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	21 ZEE ZEEs Oatmeal Cocoa Chip Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	22 Apple Granola Square, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	23 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	
26 Croissant, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	27 Chocolate Chip Loaf, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fruit Cup	28 ZEE ZEEs Cinnamon Crisp Bar, 2 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	29 Iced Breakfast Square, 1 oz Cheese Stick, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	30 General Mills Assorted General Mills Cereal, 1 oz 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

**1/2 cup Fresh Fruit Options will be offered daily**  
Milk is served with every meal.

Choose 1% White Milk or Fat Free White Milk.

The ounce value listed equates to the number of grain equivalences.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN AND MEET THE GRAIN OUNCE EQUIVALENCY

ALL FOOD ITEMS MEET USDA CACFP AND CNP: NSLP/SBP REQUIREMENTS.

