



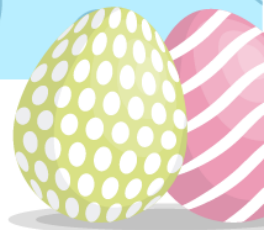


# APRIL 2019

"Healthy foods bring good moods!" by Mia, grade 3  
From St. Monica School

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>210 Crispy Chicken Sandwich 623 Broccoli 635 Calypso Crush Vegetable Juice 749 Apple-Cherry Juice 914 Hamburger Bun</p>	<p>226 Veggie Pinwheel 704 French Fries 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie</p>	<p>234 Chicken Tenders with Potato Wedges 603 Maple Baked Beans 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p>	<p>273 Rotini Bake 670 Fresh Fruit 908 Dinner Roll</p>	<p>255 Cheese Stuffed Breadsticks 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 608 Dole Tropical Fruit Cup</p>
<p>274 Curly Cheesy Lasagna 749 Apple-Cherry Juice 901 Honey Biscuit</p>	<p>251 Chicken Nuggets 603 Maple Baked Beans 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p>	<p>233 Popcorn Chicken with Sweet &amp; Sour Broccoli 639 Corn 670 Fresh Fruit 904 Wheat Bread (2 Slices)</p>	<p>215 Beef &amp; Cheese Taco 706 Romaine Salad with Cherry Tomatoes 695 Strawberry-Mango Sidekick</p>	
<p>253 Hot Dog with French Fries 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 907 Hot Dog Bun</p>	<p>200 Hamburger OR 201 Cheeseburger 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 914 Hamburger Bun</p>	<p>263 5" Round Cheese Pizza 634 Hash Brown 686 "Hip Hoppin" Water Ice 993 Bunny Cookie</p>	<p><b>Holy Thursday</b></p>	<p><b>Good Friday</b></p>
<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p>289 Pancakes with Sausage 634 Hash Brown 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples</p>	<p>263 5" Round Cheese Pizza 634 Hash Brown 749 Apple-Cherry Juice</p>	<p>205 Popcorn Chicken 706 Romaine Salad with Cherry Tomatoes 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p>
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**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.