



# THE PARISH of SAINT MONICA

*Called by Name; Gifted by God; Committed to Prayer; Driven to Serve... Abiding in Hope*

## THE CHURCH of SAINT MONICA

*Founded January 11, 1897*

### Parish Offices

*(Pastoral Administration; Religious Education; Business & Finance; Worship & Music; Facilities)*

Saint Monica Rectory  
635 First Avenue  
Berwyn, Pennsylvania 19312  
Phone: 610.644.0110  
Facsimile: 610.695.0850

### Office of Religious Education (Rectory)

610.647.4757

### Parish Website

[www.saintmonicachurch.org](http://www.saintmonicachurch.org)

### Twitter & Instagram

@StMonicaBerwyn

### Join Flocknote!

Text "Monica1897" to 84576

### Parish Staff E-mail

FirstInitial.LastName@  
saintmonicachurch.org

### Parish Leadership

parishcouncil@  
saintmonicachurch.org

financecouncil@  
saintmonicachurch.org

### Mass Schedule

**Daily Mass 8:30 a.m.**

*(Monday thru Saturday with a  
Communion Service on Wednesday)*

**Saturday Vigil 5:00 p.m.**

**Sunday 7:30 a.m.**

**9:30 a.m.**

**11:30 a.m.**

**Holy Days 8:30 a.m.**

**of Obligation 12 noon**

### The Sacrament of Reconciliation (Confessions)

Saturday from 4 to 4:45 p.m.

Anytime by appointment.



Twenty-fifth Sunday in Ordinary Time

September 18, 2016

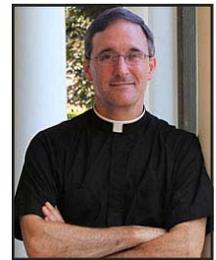
## FROM the PASTOR'S DESK...

**A 9-step daily prayer that reveals hidden inner truths:**

**How to dig deep by praying the Examen**

**Mark E. Thibodeaux, SJ**

**August 21, 2016**



*Being a proud alum of a Jesuit institution, I have always had a affinity to things Ignatian. I recently came across the following article on Twitter. If you are not only interested in prayer but would like to take it to a more serious level, Fr. Thibodeaux's approach is well worth considering. I present his article in its entirety and provide the on-line reference as well.*

Saint Ignatius of Loyola created the *Examen* to be a very short ("quarter of an hour") prayer that can be prayed at any time that is most convenient. In the *Examen*, we review our recent past to find God and God's blessings in daily life. We also look back to find moments in the day when things didn't go so well—when we were hurt by something that happened to us, or when we sinned or made a mistake. We give praise and thanksgiving for the blessed moments. We ask forgiveness and healing for the difficult and painful moments. Having reflected on this past day, we then turn to the day yet to come and ask God to show us the potential challenges and opportunities of tomorrow. We try to anticipate which moments might go one way or the other for us: toward God's plan or away from it. We ask for insight into what graces we might need to live this next day well: patience, wisdom, fortitude, self-knowledge, peace, optimism. We ask God for that grace, and we trust that he wants us to succeed in our day even more than we do.

That's the basic idea behind the Ignatian *Examen*. Ignatius would say that this should be the most important moment of our day. Why? Because this moment affects every other moment.

If you are like me, at any given moment there are little truths about your life that lie beneath the surface of your consciousness — things you have not yet *(Continued on Page 4)*

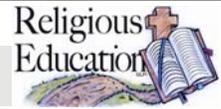


## OUR PARISH PRAYER INTENTION for THIS WEEK

During this Year of Mercy, excerpts of the Diary of Saint Faustina's will be published weekly in our parish bulletin in the hope of bringing the parishioners of Saint Monica closer to our Lord through the knowledge and experience of His infinite mercy.

**"Jesus, Life and Truth, my Master, guide every step of my  
life, that I may act according to Your Holy will."**

*— Saint Faustina (Diary, 688)*



FROM *the* OFFICE of RELIGIOUS EDUCATION

The weather cooperated, the catechists were well-prepared and excited, and the 130+ students were smiling and engaged on the first session of this year's Religious Education Program! It is going to be a great year as the parents and catechists collaborate to bring the children into a deeper understanding of their Catholic faith as well as into a deeper, personal relationship with our Lord!

The remaining sessions of Religious Education Program for the month of September are scheduled on the 19th and 26th.

**Liturgy of the Word with Children**

Registration for our parish's children's Sunday church program, Liturgy of the Word with Children (LOW) for students in K through 3rd grade has begun. This program is offered during the 9:30 a.m. Sunday Mass. Information/registration forms can be found in the "Crying Room" and on the bulletin board in the Gathering Room of the church.

Additional adult leaders and student assistants are needed. For more info, please contact Mary Pizzano at 610-647-4757.

FAMILY *and* YOUTH MINISTRY



**LIFE TEEN**  
High School  
Sundays 7-8:30

**EDGE**  
7th & 8th Grades  
Sundays 4:30-6



FROM *the* OFFICE of WORSHIP *and* MUSIC

**Our New Organ in Pictures IX**

The staining of the organ console has begun! The mix was precisely matched to the interior woodwork of our church. After staining is complete, the organ will be reassembled and then awaits installation of all of the electronic components in the weeks ahead.



# Adopt a Family Program

In our Adopt a Family Program, we invite you to join our efforts to emotionally, spiritually, and financially support our mothers in need and build stronger families throughout the Philadelphia region.

**St. Monica's Adopt a Family Weekend**  
**Saturday, September 24th & Sunday, September 25th**



**Please visit the Legacy of Life table in the Gathering Room after Mass. Photos of the families and their stories will be displayed. A Legacy of Life Staff Member will be present to answer your questions and help you select a family.**

**Pray for a Family! | Support a Family!**

## SUNDAY COLLECTIONS for AUGUST 2016

August 2016	\$61,655	49% Electronic	August YTD 2016	\$130,602	47% Electronic
August 2015	\$71,596	43% Electronic	August YTD 2015	\$142,289	45% Electronic
August Budget	2016-17	\$61,655	August YTD Budget	2016-17	\$131,289

### SUNDAY COLLECTIONS

**Sunday, September 11, 2016**

Sunday Collection	\$7,672
Electronic	\$5,264
<b>Total</b>	<b>\$12,936</b>

*We have 167 families contributing electronically.*

### SPECIAL COLLECTION

There will be a Special Collection next weekend for the Louisiana Flood Victims. God bless you for your continued generosity.

The Fiscal Year 2016 budget for Saint Monica Parish is available on line at [www.saintmonicachurch.org](http://www.saintmonicachurch.org) under the Parish Information tab in the Parish Leadership section.

## NEWS AND ANNOUNCEMENTS

### FROM THE PASTOR'S DESK . . .

*(Continued from page 1)*

recognized or acknowledged. For me, these hidden truths are usually, but not always, a painful reality that I have trouble accepting. Sometimes there are felicitous happenings in my life that I simply haven't slowed down enough to notice and name. *This Examen* tries to dig deeply into our thoughts, emotions, behaviors, and motivations to try to uncover a hidden truth or two.

One thing to bear in mind before you begin is that sometimes the really important hidden inner truth is difficult to bring to the level of consciousness and will resist any attempt to do so. Sometimes it's just hard for us to admit an inner truth that is having its way with us. In these cases, your psyche will try a diversion tactic to keep you off the trail; it may reveal a less threatening inner truth to keep you occupied for the duration of the *Examen*. Therefore, I recommend that you not be satisfied with the first couple of inner truths that surface. Keep digging for a few minutes before you settle on the one you think is most important, which may well be the third or fourth one that comes to mind.

1. I begin in my usual way.\*

2. I spend a few moments in gratitude, thanking God for one or two of the blessings, big and small, that I've received today: the good mood I woke up in, a kind word from a friend, my undeserved good health, an easy commute to work, another day with my wonderful spouse.

3. I ask God to reveal to me any hidden truths about any of the important relationships in my life. For example, "I didn't realize it, but . . ."

- I'm angry with \_\_\_\_; • I'm attracted to \_\_\_\_; • I'm getting along better with \_\_\_\_; • I'm not so angry with \_\_\_\_.
- I seem to have forgiven her and not noticed!; • I'm afraid of \_\_\_\_'s outbursts;
- I'm trying to impress \_\_\_\_.

4. If a large and striking revelation occurs to me, one that makes me go, "Wow, I hadn't noticed that before" or "Well, I guess it's time to admit the truth of that," then I remain on that one hidden truth for the rest of the *Examen*. If nothing big shows up when I muse over my relationships, then I move on to my subconscious thoughts, feelings, and attitudes about recent events in my life, about any attachments I'm clinging to, and about my own relationship with myself. For example, "I didn't realize it, but . . ."

- I'm sad about \_\_\_\_ moving away; • I'm not as anxious about that daunting task at the office; • I'm worried about our finances; • I'm spending more and more time on useless web browsing; • I'm clinging too tightly to owning \_\_\_\_, when perhaps God or my life circumstances call me to let it go; • I'm getting older and am not admitting it to myself; • I'm not as bad at \_\_\_\_ as I think I am;
- Despite my pessimism, things are turning out OK.

5. When I have settled on the most important inner truth, I let go of all of the others and simply have a conversation with God about this one reality in my life. I summarize it in one simple statement such as one of the examples above, and I make that statement over and over again to God, letting its reality and existence sink in and not hide again.

6. I note what emotions I am feeling as I make this statement to God. What is the strongest emotion that I feel as I name this truth to God? I now add this to my statement. For example *(continued)*

### FROM THE PASTOR'S DESK . . .

*(Continued)*

"Lord, I feel \_\_\_\_ as I admit that \_\_\_\_." I let myself steep in that emotion for a while and I keep presenting to God both the truth and its accompanying emotion.

7. I get really quiet now and try to detect if God is trying to say or do something about this reality. How does God feel about this truth? How does God feel about how I feel? If I feel called to do so, I listen for God's message to me or I await his touch on my heart. I ask God, "What is it you would have me do about this? How should this truth affect who I am?" I listen for what might be an answer from God.

8. If I feel called to do so, I make a commitment to God about this. I ask God for help to be faithful to my commitment.

9. I end in my "usual way."\*

\* By "usual way," I mean that I recommend you slowly developing a unique and personal ritual for beginning and ending your *Examen*. Some people begin the *Examen* with a recitation of a formulaic prayer such as the *Our Father*, with the singing of a simple song such as "Amazing Grace," or with the repetition of a favorite line from Scripture. Others bow to their prayer spot as a way of declaring this a sacred space. Catholics usually begin with the sign of the cross. Many find it helpful to begin by taking some slow, deep breaths. All of these examples could also be rituals for ending one's *Examen*. The idea is to have a simple, short, prayerful way to enter this experience and a similarly helpful way to close it and get back to the day's tasks.

This *Examen* is excerpted from **Reimagining the Ignatian Examen: Fresh Ways to Pray from Your Day** by Mark E. Thibodeaux, SJ.

*Charles Zlock Jr*

### ATTENTION YOUNG ADULTS!

Are you a young adult in your 20s or 30s? If so, join the Catholic Young Adults of Chester County (CYACC) for a night of mini golfing this Wednesday, September 21, 2016 at 7:30 PM at West Chester Tee It Up Golf. Check us out on Facebook or email us at [cyacc1@gmail.com](mailto:cyacc1@gmail.com).



**ABBIEFEST**  
FAITH • MUSIC • FAMILY

*Please Join Us!*

**Saturday, September 24, 2016**

**The 3<sup>rd</sup> Annual AbbeyFest:**

*Faith, Music and Family*

This all-day music festival will be held on the grounds of Daylesford Abbey in Paoli from 11:00 am-9:00 pm. Come and join us at this faith-filled event that features Music bands/Christian artists, Speakers, Mass, Confessions and Eucharistic Adoration.

**More Information and Tickets on sale now at:**  
[www.theabbeyfest.com](http://www.theabbeyfest.com).

## NEWS AND ANNOUNCEMENTS

### ATTENTION ALL GOLFERS of the PARISH COMMUNITY



We are just a few weeks away from our **32nd annual St. Monica's Golf event**. We are scheduled for **Monday, October 10th** at Downingtown Country Club - Scramble format. Check in & lunch at 11:30am. 12:30pm shotgun start followed by dinner at 30 Main in Berwyn. Price is \$150 per golfer. Golfers... bring your spouse for dinner for just \$30. We also invite individuals, families or companies to participate in several levels of sponsorships available.

To obtain more info and register, contact any of our committee members: Mark DiLucca 484-368-2057 [mjddorset@gmail.com](mailto:mjddorset@gmail.com), Oscar Mestre 610-220-8898 [omestre@1creative.com](mailto:omestre@1creative.com), Frank Filippelli 610-613-0543 [frankfilippelli29@gmail.com](mailto:frankfilippelli29@gmail.com). **Registration is available online at [www.saintmonicachurch.org](http://www.saintmonicachurch.org).**

### SAINT MONICA'S MERRY WIDOWS

The September meeting for the Saint Monica's Merry Widows will be held on **Tuesday, September 20 in the Hagenbach Room at 5:00 pm**. All widows of Saint Monica's are invited to the dinner meeting. We will need a count for the dinner, so would appreciate anyone new who will be joining us to give us a call by Monday, September 19 to let us know you will be attending. Please call: Peg Alzamora, 610-647-1129; Maureen Mulhall, 610-644-7794; or Anne Marie Gallagher, 610-644-1375. We look forward to seeing everyone!

### WOMEN OF THE PARISH

**Walking with Purpose (WWP)** will return beginning Thursday, October 6th, 7:00-8:30 pm and will be held in the cafeteria. **WWP** is a program designed to enable women to grow in a relationship with Christ through small group discussion and Scripture study. Are you looking for a more meaningful relationship with Christ and others? Are you wondering what faith has to do with everyday life? We will be offering 2 courses this fall:

**Discovering Our Dignity** and **Opening Your Heart**.

For those returning to the program, **WWP** suggests **Discovering Our Dignity**. In this course we will hear "modern-day advice from women of the Bible. We learn that women of the Old and New Testament were sometimes as flawed and broken as we can be. Yet the power of God worked in their lives."

For those new to the program, you can sign-up

for **Discovering our Dignity** or **Opening Your Heart**. **Opening Your Heart** is the initial **WWP** course designed for those new to Scripture study. Please join us! Our Guest Speaker, Christine Wittman (licensed therapist), will address the topic of grief in a loving and healing way. **For more information please contact: Bridget at [bridgetc316@gmail.com](mailto:bridgetc316@gmail.com) or Michele at [man6fam@comcast.net](mailto:man6fam@comcast.net). Please RSVP to Diane Claffey at [dianeacclaffey@verizon.net](mailto:dianeacclaffey@verizon.net).**

### OUTREACH



**The Hungry Need You** to help them by contributing canned goods or donations for the monthly Food Cupboard Drive for Saint Gabriel's parish in South Philadelphia. The drive will be held after all masses next weekend and through 8:00 am on Tuesday, September 27. All non-perishable items are welcome. Checks payable to Saint Gabriel's Food Cupboard are appreciated and can be placed in the designated box. The Food Cupboard is very grateful for Saint Monica's support during the summer months (77 bags of food, \$2426 in donations).

### Come Join the Fun:

#### SAINT MONICA'S CYO BASKETBALL



Basketball season is just around the corner. Saint Monica's CYO program offers clinics and leagues for grades 1<sup>st</sup> through 12<sup>th</sup>. Grades 1-4 are open to ALL students (ask a neighborhood friend to join your son or daughter). Grades 5-12 are open to any registered members of Saint Monica Parish, Saint Isaacs Jogues, Our Lady of Assumption, or attend a local catholic school. Registration is open through October 31, 2016 at [www.wagdogs.com](http://www.wagdogs.com). Questions? Please contact Jim Fox at [jfox22@hotmail.com](mailto:jfox22@hotmail.com).

### WEEK-AT-A-GLANCE for September 18

DAY	TIME	EVENT	LOCATION
Monday	9:00am-4:30pm	Adoration	Church
Tuesday	5:00-7:30pm	Merry Widows	Hagenbach Rm.
Wednesday	6:00-8:00 pm	Teen Bible Study	Youth Room
Thursday	7:00-9:00pm	<b>Walking With Purpose</b>	Cafeteria
Friday	9:15-10:45 am	Legion of Mary	Rectory
Saturday	4:00-4:45 pm	Confession	Church

# THE CHURCH of SAINT MONICA

WWW.SAINTMONICACHURCH.ORG

## SOCIAL MEDIA



**Facebook**  
The Church of Saint Monica, Berwyn



**Twitter**  
@StMonicaBerwyn



**Instagram**  
@StMonicaBerwyn

## FATHER ZLOCK



**Website**  
Frzlock.com



**Facebook**  
Fr. Charlie Zlock



**Twitter**  
@FrZlock

## FAMILY & YOUTH MINISTRY

Edge: Middle School Youth Group  
Lifteen: High School Youth Group



**Facebook**  
CSMEdge  
CSMLifteen



**Twitter**  
@CSMEdge  
@CSMLifteen



**Instagram**  
@CSMEdge  
@CSMLifteen

## BULLETIN SUBMISSIONS

The Saint Monica Parish Bulletin is published weekly and is available both on the parish website and distributed to the assembly after Sunday Worship.

Submissions are due each Monday by noon and should be e-mailed to [parishbulletin@saintmonicachurch.org](mailto:parishbulletin@saintmonicachurch.org) with formatting left to a minimum.

Please include a contact name and phone number with your submission. In the case where announcements must be submitted handwritten, please make sure the text is legible.

## BULLETIN INSERTS

All inserts must be submitted to the Rectory Office for approval a minimum of **two weeks** before you would like it to appear.

## MASS INTENTIONS for September 18 — September 25

MASS TIME	INTENTION	PRESIDER	MUSIC MINISTRY	NOTES
5:00 pm	+ David Trasatti	Fr. Aviccolli	Cantor	
7:30 am	People of the Parish	Fr. Zlock	Quiet	
9:30 am	+ Kitty Borzillo Dowds	Fr. Zlock	Cantor	
11:30 am	Intentions of Aagee Lane	Fr. Fitzgerald	Cantor	
Monday, 19th	+ Mary Gibson	Fr. Zlock		
Tuesday, 20th	+ Julia Quici	Fr. Zlock		
Wednesday, 21st	Communion Service			
Thursday, 22nd	+ Helen Carr	Fr. Jordan		
Friday, 23rd	+ Mary Alice Boyd	Fr. Zlock		
Saturday, 24th	+ George Shea	Fr. Zlock		
5:00 pm	+ Bill Ward	Fr. Fitzgerald	Cantor	<i>Special Collection: Relief Funds for Victims of Louisiana Flooding</i>
7:30 am	+ Marie Gallagher	Fr. Serano	Quiet	
9:30 am	+ Richard Bluth	Fr. Zlock	Choir	
11:30 am	People of the Parish	Fr. Zlock	Cantor	

## THE SICK AND THOSE IN NEED OF PRAYER

Sonia Altirman, Jack Barausky, Drew Brazer, Michael Byrne, Mary Byrnes, Bill Canfield, John Canfield, Lina Cappelli, Terri Carson, Lilly Ciocca, James DiAntonio, William Dahlman, Rita Dunn, Joseph Erwin, Yolanda Fazzini, Kelly Glacken, Mary Hartley, Karen Hastings, David Hill, Jenna, Maya and Eva Izzi, Eleonora Jauslin, Faith Johnson, Libby Judge, Anne Maas, Jackson MacTaggart, Dan Maguire, Mark Maholick, Tallon Family, Eugene Matta, Louise Merlino, Melanie Mizenko, Dr. Mark Nardone, John and Lilly Neff, Bruce Niccolo, Sr., Courtney Frances Patterson, Josephine Pogorzelski, Rita Reilly, John Robinson, Mary Rose, Cathy Russell, Gary Smith, Helen Triolo, Bob and Mildred Walsh

## THOSE WHO HAVE GONE BEFORE US

*Eternal rest grant unto them, O Lord and may Your perpetual light shine upon them.*

*May their souls and all the souls of the faithful departed through the mercy of God rest in peace. Amen.*

## H.O.P.E. — HELPING OTHER PEOPLE IN EMERGENCIES

Leader for this week: Joanne Rogers at 610-889-0963

## PARISH LEADERSHIP

### PASTORAL COUNCIL

Sandra Concannon  
Maureen Friedrich  
Levi Keene  
Tobias Hoppe, *chair*  
Martha McGurk  
Dr. Anthony Roeder  
Brendan Powell, Jr.

### FINANCE COUNCIL

Gerald O'Brien  
Giulio Perillo  
Matt Tomasicchio, *chair*  
Michael Vadner  
Lawrence Wieser

## PARISH PASTORAL STAFF

**Reverend Charles Zlock**, M.Div., M.A., M.B.I.S., *Pastor*  
**Reverend Allan Fitzgerald**, O.S.A., Ph.D., *Pastoral Assistance*  
**The Norbertines of Daylesford Abbey**, *Pastoral Assistance*  
**Mary C. Pizzano**, *Director of Religious Education*  
**Frank K.J. Orman**, *Director of Worship & Music*  
**Jason Carter**, *Director of Family & Youth Ministry*  
**Theresa Carey**, *Business Manager*  
**Catherine H. Levine**, *Parish Administrative Assistant*  
**Diane Kirsch Pealer**, *Religious Education Assistant*  
**Elizabeth P. Tenaglio**, *Cemetery Administration*  
**Frank Pantano**, *Facilities Manager*