Office Information
Rev. Jessimar Cavan-Tapia, Pastor
Pastor's email: *olmc400pastor@gmail.com*
Direct line (613) 744.1518

Rev. Mr. Norm Levesque, Deacon
Robella Folliet, Bookkeeper
Louise Levesque, Office Manager

Office Hours
Tuesday & Wednesday – 11:00 am to 1:00 pm
Thursday & Friday – 9:30 am to 12:00 pm
Weekends – following all Masses

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We pray for God's healing:

Lina Peters; Pauline Doyle;
Lazaro Sierra; Lyndon Gonzales
Marie Joanette Tapia-Ypil;
Chellmae Larochelle Dayondon;
Mark Ashforth; Deacon Norm;
Ike Ukwu; John Ferriss; Eric Lam.

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Responsorial Psalm
Blessed are those, blessed are those,
who live in your house, O Lord.

Prayer to Saint Michael the Archangel

St. Michael the Archangel,
defend us in battle.
Be our safeguard
against the wickedness
and snares of the devil.
May God rebuke him, we humbly pray;
and do you, O Prince
of the heavenly host,
by the power of God cast into hell
Satan and all the evil spirits
who wander through the world
seeking the ruin of souls.
Amen.

Holy Family of Jesus, Mary and Joseph

December 29 and 30, 2018

Intention and Schedule

✞ Denotes Repose of the soul

Saturday, December 29
4:30 pm For all parishioners

Sunday, December 30
9:00 am For all parishioners

11:00 am ✞ John and Hope Kapcala
by Barry Kapcala
✞ Clint Ashley by Maude Ashley

1:30 pm Nigerian Mass

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Feast of the Holy Family

This Feast celebrates the family unit and the family of Jesus: Jesus, Mary, and Joseph. It falls on the Sunday between Christmas and New Year's Day

All families should pray to the Holy Family for blessings and should strive to live a holy life. Following is a **Prayer to The Holy Family of Nazareth**.

Jesus, Mary and Joseph, in contemplating your example of love, we wish to follow your way of holiness.

Holy Family of Nazareth, make us every mindful of each family's call to holiness and beauty.

Jesus, Mary and Joseph, give us the desire to make our family more like yours. Help us realize that family matters and our mission is love.

We ask this through Christ, our Lord.

Amen.

Solemnity of Mary, the Mother of God

December 31, 2018 and January 1, 2019

Intention and Schedule

✞ Denotes Repose of the soul

Monday, December 31
4:30 pm For all parishioners

Tuesday, January 1
11:00 am ✞ Rev. Leslie Laszlo by
Deacon Norm and Louise
✞ Joseph Samson by Ana

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Responsorial Psalm

May God be gracious to us
and bless us.

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Reminder

There will be no weekday Masses the week of Wednesday, January 2nd to Friday, January 4th and no 9:00 am First Saturday Mass, January 5th.

The office will be closed. For immediate assistance, kindly call 613-744-1518 and leave a message. We will return your call as soon as possible. You may also email us at ***olmc400micro@gmail.com*** since messages will be monitored.

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Reflection

The great thing about walking with God in life is that there is always the opportunity to start anew – God always offers us a new day and a new dawn, no matter what has gone before.

The following are two prayers for the new year.

New Year's Prayer

Lord, you make all things new
and bring hope alive in our hearts
and cause our Spirits to be born again.

Thank you for this new year
for all the potential it holds.
Come and ignite in us a mighty flame
so that in our time, many will see
the wonders of God
and live forever to praise you.
Amen.

A Family New Year's Prayer

Loving God, we thank you for a new year. May everyone in our family be willing to begin anew with a clean slate. We know that you are always ready to forgive us. Help us to be willing to forgive ourselves and to forgive one another.

As we begin a new year, remind us of our truest values and our deepest desires. Help us to live in the goodness that comes from doing what you want us to do. Help us to put aside anxiety about the future and the past, so that we might live in peace with you now, one day at a time. Amen.