

**Office Information**

Rev. Jessimar Cavan-Tapia, Pastor  
Pastor’s email: [olmc400pastor@gmail.com](mailto:olmc400pastor@gmail.com)  
Direct line (613) 744-1518

Rev. Mr. Norm Levesque, Deacon  
Robella Folliet, Bookkeeper  
Louise Levesque, Office Manager

**Office Hours**

Tuesday to Thursday – by appointment only  
Friday – 9:30 am to 12:00 pm  
Weekends – before and after all Masses

††††††††††††††††††††††††††††††



**We pray for God’s healing for:**

- Lina Peters; Pauline Doyle;
- Deacon Norm; Janet Collins;
- Mark Ashforth; Steven Beeman;
- Marie Joannette Tapia-Ypil;
- Tess Lam; Ike Ukwu;
- Deane Gorsline; Annette Wings;
- Alicia and Frank Gutsch;
- Robert Forget; Marc Goneau
- Aurelio Balaba; Sylvia Carter

††††††††††††††††††††††††††††††

**Responsorial Psalm**

*Lord, send forth your Spirit,  
and renew the face of the earth.*

**Prayer to Saint Michael  
the Archangel**

St. Michael the Archangel,  
defend us in battle.  
Be our safeguard  
against the wickedness  
and snares of the devil.  
May God rebuke him,  
we humbly pray; and do you,  
O Prince of the heavenly host,  
by the power of God cast into hell  
Satan and all the evil spirits  
who wander through the world  
seeking the ruin of souls.  
Amen.

***Pentecost Sunday***  
**June 8 and 9, 2019**



***Intention and Schedule***

† Denotes Repose of the soul

**Saturday, June 8**

4:30 pm † Robert Racine  
by Claudette and Rollie Lapointe  
† Eric Lam by Father Jessi & friends  
Intentions of Natalie Grenier by Ina Rodger  
Continued good health for Deacon Norm  
by Ina Rodger

**Sunday, June 9**

9:00 am † Patricia MacDonald by her Estate  
† Romana Reupta by Lilia  
Birthday Blessings for Mila Altuna  
by Lilia

11:00 am † Cvjetka and Andre Fistone  
by Cynthia Serrao  
† Christine Davenport  
by Rachel Davenport  
Thanksgiving for Fr. Jessi’s  
19<sup>th</sup> Anniversary of Ordination  
Thanksgiving to St. Jude  
by Chika Okoye

**Tuesday, June 11**

10:15 am Year-end Mass at St. Brigid School  
Springfield Ave.  
No 12 noon Mass

**Wednesday, June 12**

11:00 am Year-end Mass at Our Lady of Mount  
Carmel School  
corner of Gardenvale & Cummings Ave.  
No 12 noon Mass

**Thursday, June 13**

No 9:00 am Mass  
All day gathering of priests  
with Archbishop Prendergast

**Friday, June 14**

9:00 am Mass Intention available

## Gathering of Priests

On Thursday, June 13<sup>th</sup>, Archbishop Prendergast has invited all the priests to join him in a special day of prayer and reflection in honour of the World Day of the Sanctification of Priests. Please pray for the priests of the Archdiocese and especially for Fr. Jessi on that day.

## Monthly Parish Social Weekend

Our next Social Weekend will be on Saturday, June 22 and Sunday, June 23. Following all Masses there will be refreshments served in the parish hall. We ask that you kindly provide a dessert to share.

This will be our final Social Weekend until September. Please make every effort to participate. Thank you for your kind support.

## Parish Feast Day BBQ: Sunday, July 14, 2019

This year, we will celebrate our Feast Day Mass with our back-lawn BBQ after Mass **on Sunday, July 14, 2019 at 10:00 am**. Festivities will take place on the lawn behind the church. FREE hamburgers as well as other delicious food. Kindly mark your calendar and plan on attending this special parish celebration. Thank you.

### Summer Weekend Schedule for Mass

July and August weekend Mass  
Starting July 6 and 7 weekend  
(including Sunday, September 1<sup>st</sup>)

**4:30 pm Saturday Mass**  
&  
**10:00 am Sunday Mass**

### Summer Week Day Schedule for Mass

July and August weekday Mass  
Starting the week of July 1<sup>st</sup>

**No noon Mass on Tuesday and Wednesday**  
**Mass only on Thursday and Friday at 9:00 am**

*Kindly mark your calendar.*

## Liturgical Calendar at a Glance

June 16 ---- Most Holy Trinity  
June 23 ---- Most Holy Body and Blood  
                  of Christ: Corpus Christi  
June 30 ----- Ordinary Time resumes

## Fruits of the Holy Spirit

On Pentecost Sunday, the Church remembers the coming of the Holy Spirit to Jesus' disciples on the first Pentecost, giving them courage and empowering them to share the Good News with others. On this day, the gift of the Spirit allowed the disciples to communicate even with those who spoke different languages. The event of Pentecost changed the world and gave rise to today's Church.

When we are filled with the Holy Spirit, we show the fruits of the Holy Spirit in our lives tells us that these fruits are *love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control*.

When we are filled with the Holy Spirit, we will show these fruits in our lives.

## Prayer for Pentecost

Father in heaven,  
fifty days have celebrated the fullness  
of the mystery of your revealed love.  
Bless your people gathered in prayer,  
open to receive the Spirit's flame.  
May it come to rest in our hearts and  
disperse the divisions of word and tongue.  
With one voice and one song  
may we praise your name  
in joy and thanksgiving.  
Amen.

And all of them  
were filled  
with the  
Holy Spirit

*Acts 2:4*

