

Living Freely and Lightly (Northshore)

Monday, September 18 and 25, 2017

9:30 - 11:30am

Northshore Catholic Center
4465 East Hwy. 190 Service Road, Covington



Jesus' invitation to his disciples recorded in Matthew 11:28-30 can seem too good to be true. Nevertheless, His promise of rest and refreshment is real. We'll explore how to receive His wonderful gifts. Come spend two hours twice being restored!

Presenter: Certified Spiritual Director,
Sr. Jeanne Moore, OP.

Cost: \$35.00 (adjustments can be made)

Register on the web: <http://asc.arch-no.org>,

Email: archspirctr@arch-no.org or call (504) 861-3254

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." Matt: 11:28-30



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