



# CONFIRMATION

OLD ST. PATRICK PARISH  
OFFICE OF RELIGIOUS EDUCATION  
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## **Saint's Life Research Paper**

You will be choosing a saint for your Confirmation patron. As it did in Biblical times, this new name has great significance for your life because it is a signal that you must begin to live life anew. After Confirmation your life should be a life transformed by the Spirit and love of God. In this life changing pursuit you will have the constant help of your Confirmation patron. Saints weren't born saints, they had to struggle like each one of us to combat temptation, focus on Christ, and spend themselves for the salvation of souls.

The saint paper is not long (a minimum of 2 typed pages – maximum of 3 [3-4 with Works Cited]). The goal isn't to regurgitate the biography of the saint, but rather to engage with the life, virtues, and struggles of your new patron saint. Please take time with this assignment, reflect on the life of your saint, and see how you can become more like your new patron and, through your patron, more like Jesus Christ.

Your paper should include:

- Your reasons for choosing this saint
- What virtues this saint had that you find especially inspiring (How do you plan to live out these virtues?)
- What sins, temptations, and struggles they had to overcome. (How do these relate to your life?)
- What advice would this saint give to you or me on how to become more like Christ?
- Cite at least (3) Catholic sources
- Include a Works Cited page
- Be double-spaced, 1 inch margins, with 12 point Times New Roman font
- Paper is Due Sunday, Nov. 18, 2019