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- (1) mail: U.S. Department of Agriculture
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 - (2) fax: (202) 690-7442; or
 - (3) email: program.intake@usda.gov.
- This institution is an equal opportunity provider

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches (Mayo/Mustard)

A side salad (1/2 cup) of leafy dark green vegetable is offered daily.

1/2 cup Fresh Fruit options will be offered daily

Select a fruit AND/OR vegetable with your sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Alternative Meal: Hot Ham/Cheese on a Bagel Alternative meals are served with main meal "sides."</p>	<p><i>Happy New Year</i> ¹</p>	<p>² Grilled Cheese Sandwich Steamed Carrots, 1/2 cup Potato Smile Fries, 1/2 cup Assorted Fruit, 1/2 cup Milk</p>	<p>³ Turkey or Turkey Ham & Cheese on a Roll w/Lettuce, Tomato & Pickle Chips Sweet Potato Fries, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>⁴ Homemade Baked Ziti & Cheese Steamed Green Beans, 1/2 cup Fruit Cup, 1/2 cup Milk</p>
<p>⁷ Kickin Chicken Smackers with a Baked Bread Stick Vegetarian Beans, 1/2 cup Assorted Fruit, 1/2 cup Milk</p>	<p>⁸ Cowboy Beef Taco w/ cheese on a Soft Shell Shredded Lettuce Red Kidney Beans, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>⁹ Breaded Chicken Patty on a Bun Smile Fries, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk</p>	<p>¹⁰ Baked Macaroni & Cheese Carrot Coins, 1/2 cup Steamed Broccoli, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>¹¹ NY Sicilian Pizza Celery Sticks/Low Fat Dip, 1/2 cup Fruit Cup, 1/2 cup Milk</p>
<p>¹⁴ Pork Meatball* Sandwich on a Roll Steamed Carrots, 1/2 cup Assorted Fruit, 1/2 cup 0.75 oz. Goldfish Crackers Milk</p>	<p>¹⁵ Tasty Chicken Taco w/ cheese on Soft Shell Black Bean Salad, 1/2 cup Roasted Corn, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>¹⁶ Charbroiled Cheese Burger on Bun Sliced Tomato & Pickle Chips Smile Fries, 1/2 cup Assorted Fruit, 1/2 cup Milk</p>	<p>¹⁷ Crispy Mozzarella Sticks Rotini Pasta Marinara Sauce Steamed Zucchini, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>¹⁸ Hearty Three Bean Chili with Brown Rice Cookie Treat Carrot Sticks & Dip, 1/2 cup Fruit Cup, 1/2 cup</p>
	<p>²² Oven Roasted Chicken Pieces Brown Rice Red Kidney Beans, 1/2 cup Carrot Coins, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>²³ Mama's Beef Meatballs with Rotini Pasta Bread Stick & Marinara Sauce Steamed Green Beans, 1/2 cup Assorted Fruit, 1/2 cup</p>	<p>²⁴ Brunch for Lunch Stuffed Cheese Omelet in a Tortilla Shell Potato Smiles, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>²⁵ French Bread Pizza Steamed Broccoli, 1/2 cup Crunchy Carrot Sticks, 1/2 cup Fruit Cup, 1/2 cup Milk</p>
<p>²⁸ Grilled Cheese Sandwich Steamed Carrots, 1/2 cup Seasoned French Fries, 1/2 cup Assorted Fruit, 1/2 cup Milk</p>	<p>²⁹ Cowboy Beef Nachos Shredded Lettuce Red Kidney Beans, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	<p>³⁰ Breaded Chicken Pieces Brown Rice Steamed Broccoli, 1/2 cup Assorted Fruit, 1/2 cup Milk</p>	<p>³¹ Turkey or Turkey Ham & Cheese on a Roll w/Lettuce, Tomato & Pickle Chips Sweet Potato Fries, 1/2 cup Fresh Fruit, 1/2 cup Choice of Milk</p>	