



ALYSSA CONTES

CLASS OF 2018

Alyssa Contes credits her Catholic elementary school education at St. Brendan's Catholic School for her strong spiritual and academic foundation. While at St. Brendan's, she began to truly understand the value of community service.

That love for giving back to her community continued at Cathedral High School on a deeper level. As president of Campus Ministry in her senior year, Alyssa organized retreats for underclassmen and participated in various fundraisers such as clothing drives and food drives for different organizations. One of her most memorable experiences was the opportunity to visit the Ronald McDonald House to interact with the children residing there.

Alyssa participated in three Cathedral varsity sports: basketball, softball, and cross country. She was also a member of the National Honor Society, the Fashionistas Club, the Principal's Society, the Social Media Committee, and Student Ambassadors.

Currently at the College of Mount Saint Vincent, Alyssa is a Seton Scholar, and a member of the Women's Varsity Basketball Team and the Calentura dance team. She continues her ties with Cathedral, volunteering as co-moderator of the Campus Ministry Club. Alyssa is currently a Communications major but is contemplating changing her major to Social Services so that she can continue her commitment to advocacy and service.