

DC Trip Packing list

Daily outfits will be determined as the trip gets closer. A sample is khaki pants, red polo, 8th grade sweatshirt, and DC jacket. Chaperons are to also dress in this manner. Suitcase is shipped and **MUST** be under 50 pounds, no exceptions! Your backpack is your carry-on.

Backpacks and luggage tags are provided by LEAD USA about 1 week prior to trip

You must pack the following:

- Polo shirts of maroon, light blue, red, navy, and white
- Khaki pants, Blue Jeans (no holes, rips or tears), black pants (not jean material)
- SBS 8th grade sweatshirt and specially designed DC jacket.
- Two pairs of good walking (tennis) shoes (Break them in prior to the trip)
- 8 pairs of good quality socks (to avoid blisters)
- Undergarments
- Pajamas
- Fanny pack for important information that won't fit in your pockets. Backpacks are for bus only since they can't go into most places.
- School ID card (issued at picture time – **Mandatory** for Pentagon, White House, and United Nations. Teachers have and will bring on departure day)
- Souvenir money (not to exceed \$100) The best souvenirs are pictures of the places with your friends in them.
- Camera (extra batteries) and film, cords for recharging. (Camera etiquette will be taught and enforced). **PHONES MAY NOT BE USED AS A CAMERA!**
- Journal notebook and pen (notebook will be provided by teachers but student is responsible for daily recording).
- Toiletries: to include toothbrush, toothpaste, hairbrush, deodorant, personal grooming items. (included if applicable, feminine products) (REMEMBER FOR FLYING all liquids must fit into one sandwich size Ziploc bag. There are no exceptions!) The hotels that we are staying at will provide shampoo and conditioner, lotion, soap, and hairdryer.
- Prescription medicines: (Epipens need to be in their original prescription box and there is a special TSA form that is needed – go to their website and print)
- Pack any over the counter medicines, teachers will have some but you may bring your own
- Refillable water bottle
- Clear plastic rain poncho (no umbrellas allowed)
- Earphones for airline entertainment system, if there is one (optional)

Optional (for warmth):

- Thermal underwear
- White turtleneck
- Scarf, mittens, beanie hat (hats may only be worn outside as needed for warmth)

NO ELECTRONICS EXCEPT A CELL PHONE WILL BE ALLOWED. NO DVD PLAYERS, IPODS, MP3 PLAYERS, ETC ARE NEEDED FOR THIS EDUCATIONAL TRIP. CELL PHONES WILL ONLY BE ALLOWED IN THE EVENING TO CALL HOME. CELL PHONES WILL BE COLLECTED OVERNIGHT.